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Minority Over-Representation in the Criminal Justice
System—The Impact on African American Women, Families and
Their Communities and Important Emerging Interventions

Brenda V. Smith

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JULY 17-19, 2012

Marriott Marquis and Marina, San Diego, CA

5th National CONFERence on Behavioral Health for Women and Girls

Health, Empowerment, Resilience and Recovery

(It's all about HERR!)



Behavioral Health is Essential To Health • Prevention Works • Treatment is Effective • People Recover





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WELCOME

Welcome to the 5th National CONFERence on Behavioral Health for Women and Girls: Health, Empowerment, Resilience and Recovery (It's all about HERR!)

This is SAMHSA's first national conference dedicated to comprehensive women's behavioral health including prevention, addictions treatment and mental health. The CONFERence builds on the success of the four prior national conferences on women, addiction and recovery; the intent of the co-sponsors is to create a CONFERence filled with informed dialogue and stimulating resources that inform, inspire and encourage the best possible prevention, mental health and addictions services for women and girls.

As you peruse the program, you will see that your conference organizers have selected content and presenters that address the uniqueness of women across the lifespan with collaborative, integrated approaches to promoting recovery and health. From facilitated discussions and hands-on demonstrations to plenaries and traditional workshops, there will be a variety of energizing ways to learn, converse, contribute, and plan.. Conference session falls into one or more of the following learning clusters:

- Prevention Interventions
- Trauma and Violence
- Recovery Supports
- Peer-Leadership
- Primary Health Integration

- Children and Families
- Justice Involved Women
- Adolescent Girls
- Military Women and Families
- Workforce/Workplace

As suggested by the CONFERence theme, "It's All About HERR—Health, Empowerment, Resilience and Recovery" sessions are:

- Implementation Focused: Effective practices and policies to improve outcomes for women and girls.
- Building Alignment and Unity: Creating a better shared understanding across prevention, mental health and addictions treatment and recovery fields.
- Creating a Learning Community Focused on Women and Girls: Exchanging research and practice
 information on what works. The CONFERence embodies gender-responsive, recovery-oriented,
 culturally-competent, trauma-informed principles and practices and celebrates diversity.

One of the goals of this CONFERence is to create synergy and build mutual understanding among people working in different communities, service sectors and with different populations. We encourage you to talk with each other about the ideas and information you acquire, set goals together for how you want to use what you learn, and exchange contact information so you can continue to build relationships with your colleagues across the country after the conference ends. By supporting one another, we become better equipped to adapt to changes in our environment.

We are pleased that you have joined us in this opportunity to focus on women and girls: percolate new ideas and walk away with tools, resources, something to talk about and something to do...*It's all about HERR!*

SPONSORS & CONTRIBUTORS

SPONSORS

Substance Abuse and Mental Health Services Administration (SAMHSA) http://www.samhsa.gov



The Substance Abuse and Mental Health Services Administration's (SAMHSA) mission is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA, in collaboration with other federal agencies, states, tribes, local organizations, and individuals

including consumers and the recovery community, has demonstrated again and again in research and practice—prevention works, treatment is effective, and people recover from mental and substance use disorders. Behavioral health is an essential component of health service systems and community-wide strategies that work to improve health status and lower costs for families, businesses, and governments.

Mental Health Systems, Inc. http://www.mhsinc.org/



Mental Health Systems Inc. (MHS) is a not-for-profit organization founded in 1978 to provide innovative and cost-effective mental health and drug and alcohol recovery services. These services include a broad range of prevention,

early intervention, integrated treatment, diversion and vocational programs. Currently, MHS has more than 700 employees and operates over 90 community-based programs throughout California and Utah. All MHS services are provided in a client-focused, compassionate manner that underscores MHS' founding values: Integrity, Excellence, Hope, Action, Innovation, and Dignity. MHS also provides opportunities for quality education for people working in the behavioral health field.

PARTNERS

SAMHSA and Mental Health Systems, Inc. have several national partners engaged in the design of the 5th National CONFERence on Behavioral Health for Women and Girls: Health, Empowerment, Resilience, and Recovery.

Community Anti-Drug Coalitions of America http://www.cadca.org/



Since 1992, Community Anti-Drug Coalitions of America (CADCA) has been training local grassroots groups, known as community anti-drug coalitions, in effective community problem-solving strategies, teaching them how to assess their

local substance abuse-related problems and develop a comprehensive plan to address them. Today, CADCA represents the interests of more than 5,000 community anti-drug coalitions in the country.

Mental Health America http://www.nmha.org/



Mental Health America is dedicated to helping ALL people live mentally healthier lives. With more than 320 affiliates nationwide, Mental Health America represents a growing movement of Americans who promote mental wellness for the health and well-being of the nation—every day and in times of crisis.

National Council for Community Behavioral Healthcare

http://www.thenationalcouncil.org



The National Council brings together America's behavioral health organizations, with 1,900 member organizations serving more than 6 million adults and children with mental illnesses and addiction

disorders. The National Council advocates for policies that ensure that people can access comprehensive healthcare services, and offers state-of-the-science education and practice improvement resources so that services are efficient and effective.

State Associations of Addiction Services (SAAS)

http://www.saasnet.org



Founded in 1987, SAAS is a national organization of state service provider associations specifically focused on addiction, with a direct link to thousands of prevention, treatment, and recovery programs, which are the core of the publicly supported addiction services system. SAAS serves as an information broker and advocate, linking state associations with national developments.

Women's Services Network (WSN), National Association of State Alcohol/Drug Abuse Directors (NASADAD) and the National Treatment Network (NTN)

http://www.nasadad.org



The WSN functions as a specialty network under the auspices of the NTN, and in collaboration with the National Prevention Network (NPN) of NASADAD. The WSN works to expand and improve publicly funded prevention and treatment systems and services and to facilitate collaboration with other agencies serving women and their families.

Additionally, several SAMHSA resources support the conference including:

Addiction Technology Transfer Center Network (http://www.attcnetwork.org/)

FASD Center for Excellence (http://www.fasdcenter.samhsa.gov/)

Collaborative for the Application of Prevention Technologies (CAPT) (http://captus.samhsa.gov/)

National Center for Trauma Informed Care (http://www.samhsa.gov/nctic/)

Native American Center for Excellence (http://nace.samhsa.gov/)

GOLD CONTRIBUTORS

Gold Contributors have helped provide a positive environment for the CONFERence.

Alliance Healthcare Foundation (http://www.alliancehealthcarefoundation.org/)

Community Care (http://www.ccbh.com/)

Kaiser Permanente (http://www.kaiserpermanente.org)

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ACKNOWLEDGEMENTS

Thank you to all of the individuals and organizations who have contributed to the development and implementation of the HERR CONFERence!

Planning began with the SAMHSA Women's Coordinating Committee members:

Nevine Gahed Sara Afayee Jennifer Oppenheim Sharon Amatetti Claudia Richards Tara Griep Ruth Hurtado Susan Salasin Mary Blake Jon Dunbar Margaret Mattson Onaje Salim

Beverlie Fallik Mary McCann Linda White-Young.

A special thank you to Kana Enomoto, SAMHSA Principal Deputy Administrator and SAMHSA Associate Administrator for Women's Services, for her support. Without her this CONFERence would not have been possible.

Sharon Amatetti served as the SAMHSA Contracting Officer Representative for the conference.

Thank you to everyone who gave input into the CONFERence design. The CONFERence planners wish to extend a special thank you following Planning Committee participants for their insights, support, and feedback throughout the CONFERence development:

Kareemah Abdullah Sandra Goodwin John Rio

Angela Halvorson Maria Morris Groves Madalynn Rucker Erica Ahmed Stephanie Hawkins Carolyn Rudd

Anderson Starleen Scott Robbins Hortensia Amaro Patricia Henderson

Rene Andersen Renee Seivert Denise Holden Fran Basche Erin Scally Linda Kaplan Andy Blanch Cheryl Sharp Laurie Krom Kim Bond Zili Sloboda Sandra Lawson Maureen Buell Iris Smith

Kate McGraw Vivian Brown Stephanie Weaver

Niki Miller Cathy Cave Deb Werner Colleen Marshall Stephanie Covington Sarah Wurzburg Margie Murphy Adella de la Torre Becky Vaughn Jennifer Oppenheim Alexa Eggleston Nancy Young

Laura Prescott Beth Fraster Joan Zweben LTC. (Retired) Cynthia

Rasmussen Callie Gass Kathy Reynolds Joan Gillece

Norma Finkelstein

SAMHSA would especially like to thank our local host and co-sponsor, Mental Health Systems, Inc. including Kim Bond, Renee Sievert, Colleen Marshall, Erin Scally, Kristen Murphy and Ana Briones-Espinoza, as well as our contractor, Advocates for Human Potential, including Deborah Werner, Margie Murphy, Deann Jepson and Debra Boisvert for their diligence, commitment and attention to details in creating this CONFERence.

CONFERENCE LOGISTICS

Registration & Information Desk

The Registration Desk and Information Desk are located in the Foyer of Marriott Hall. Hours will be:

Monday 3:00 p.m. - 6:00 p.m.

Wednesday 7:30 a.m. - 6:00 p.m.

Tuesday 7:30 a.m. - 6:00 p.m.

Thursday 7:30 a.m. - 12:30 p.m.

Admission to Sessions

Your name badge provides admission to all CONFERence sessions, meals, and breaks. Please wear it at all times.

Breakout Sessions

The CONFERence has been designed with sessions in 11 learning clusters. To see what sessions are included in a learning cluster, please use the index beginning on page 92. All sessions are first-come, first-serve. If there are no more seats available, please select another session to attend.

A variety of types of sessions are available. Some sessions are short (Invigorators), some focus on discussion (facilitated discussions and chats), and others provide more in-depth presentations (mini-plenaries and workshops).

Plenaries offer a broad view of the issues to provoke dialogue, inspiration, and thought.

Mini-Plenaries provide relevant, high-level content on specific topics from recognized experts.

Introductory Sessions provide background information and basic understanding of a topic.

Expert Chats enable a small group of attendees to discuss and problem solve with recognized experts in a casual environment.

Workshops include a presentation on a particular topic, practice, or case study, followed by audience interaction such as discussion or question/answer.

Facilitated Discussions encourage dialogue and exploration of a specific topic. A brief presentation is followed by a structured discussion format.

Invigorators are short sessions (40 minutes) that concentrate on one specific concept or practice and invigorate participants to learn more about the topic.

Handouts

This is a green CONFERence. Your CONFERence planners and presenters have created a DVD for all attendees that contains material from conference sessions—plus bonus background material from some presenters and some selected SAMHSA publications. Although not every presenter submitted content for the DVD, all those who did are featured on the disk. Presentations will also be available on the Treatment Improvement Exchange (TIE) Special Topic Web site, Treating Women, Children & Families (http://womenandchildren.treatment.org/). Thank you for joining us in saving paper, protecting resources, and promoting sustainability by sharing materials electronically.

Evaluations

Your conference registration package has a copy of your daily master evaluation form. Please provide evaluation information for each session you attend (complete it before you leave the session if possible.) Please complete an evaluation form and turn it in at the Registration Desk **at the end of each day.** We depend on your feedback to make improvements as well as to demonstrate the value of the CONFERence. Individuals completing evaluations on time are entered into a drawing for small prizes. Drawings will be held during each plenary session. Complete the final evaluation page and return it before you leave the CONFERence.

Important note—if you are receiving for CE Credit you must submit your evaluation online. (See CEU information on page 8.)

Meals & Breaks

Continental breakfast will be served on Tuesday, Wednesday and Thursday from 7 to 8:30 a.m. in the Exhibit Hall. Drinks and snacks will be available during conference breaks. We will have lunch together on Monday and Tuesday in the CONFERence Plenary Room—Marriott Hall.

CONTINUING EDUCATION UNITS (CEUS)

Course Title: 5th National Conference on Behavioral Health for Women & Girls: Health, Empowerment, Resilience and Recovery

The 5th National CONFERence on Behavioral Health for Women and Girls provides the most recent research and knowledge on effective programs and policies for addressing the mental health and substance use, prevention, treatment, and recovery for women and girls. The CONFERence environment combines expert presentations with skill building sessions and facilitated discussions to maximize learning and prepare attendees to implement effective approaches, working with women and girls with behavioral health needs.

Speakers will provide a comprehensive understanding of behavioral health and cutting-edge treatment practices. Sessions are organized in 11 learning clusters including trauma and violence, prevention, justice-involved women, adolescents.

Learning Objectives:

- Participants will be able to identify unique behavioral health considerations for women and girls
- Participants will be able to describe evidence-based practices that promote resilience and recovery among women

- Participants will be able to define gender-responsive practices that cross prevention, mental health and addictions treatment and recovery fields
- Participants will exchange research and practice-based experience and effective practices for working with women, including adolescent girls, women in the military and military families, justice-involved women, and women from different cultural groups
- · Participants will be able to define recovery-oriented outcomes for serving women and girls
- If you wish to obtain CE credit, you must sign-in at the CE desk in the Marriott Foyer and sign-out at the
 end of each day.
- At the end of each conference day, you will receive an e-mail with instructions and a link for completing your evaluation. Complete the evaluation, click SUBMIT, and you will be able to print your CE Certificate.

If you have questions, please visit the CE desk in the Foyer, or after the conference you may contact Lorena Duarte at Iduarte@mhsinc.org or 858-573-2600.

Special thanks to our partners providing continuing education credit:

Mental Health Systems is providing CE for nurses, psychologists, clinicians and counselors.

ATTC National Office is providing CE for National Social Workers and National Certified Counselors

Morehouse School of Medicine is providing CME for Physicians

Approved Continuing Education Credit



Nurses, Psychologists, Clinicians, Social Workers, Counselors

NURSES: Mental Health Systems is approved by the California Board of Registered Nursing (Provider #CEP 15343) for up to 16 contact hours per day

LCSWs/MFTs: Course meets the qualification for up to 16 hours per day of continuing education credits as required by the California Board of Behavioral Sciences (Provider #PCE 2280)

CAADE: California Association for AOD Educators (Provider #CP40-920-C-0314)

CAADAC: California Association of Alcoholism and Drug Abuse Counselors (Provider # 1S-01-478-1113)

CAARR: California Association of Addiction Recovery Resources (Provider #5046)

RAS: Breining Institute Registered Addictions Specialist (Provider #CEP0803031013-WRM-HS-CW)

PSYCHOLOGISTS: Mental Health Systems is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists (Provider # 1719)

Mental Health Systems maintains responsibility for this program and its content.

National Social Workers & Counselors

NATIONAL Social Workers: This program is approved by the National Association of Social Workers (Approval #886475666-1132) for up to 16 hours Social work continuing education contact hours



National Board for Certified Counselors: Courses approved for 16 contact hours by the National Board for Certified Counselors from the ATTC National Office (Provider #6481)

Physicians

This Live activity, 5th National CONFERence on Behavioral Health for Women and Girls, with a beginning date of July 17, 2012, has been reviewed and is acceptable for up to 15 Elective credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AMA/AAFP Equivalency:

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

SPECIAL FEATURES

Exhibit Hall

The Exhibit Hall is in Marriott Hall directly next door to our main CONFERence meeting room and across from the registration desk. The Exhibit Hall is open during the CONFERence hours. Represented in the exhibit hall this year are a number of Federal agencies, health care, businesses, and not-for-profit organizations that address issues of substance abuse, mental health, women, children, and families. Also included in the hall are vendors offering items participants may want to peruse and purchase as souvenirs or gifts.

Breakfast, morning and afternoon refreshments will be available in the Exhibit Hall. Please take advantage of scheduled breaks and other conference downtime to visit exhibits and vendors

See page 86 for a listing of Exhibitors.

Bookstore & Book Signings

We are pleased to have Mentor Books (http://www.mentorbooks.com/) as our conference bookstore. The bookstore is located in the Marriott Hall Foyer. The bookstore hours are:

Monday 3:00 p.m. – 6:00 p.m. Tuesday 7:30 a.m. – 6:00 p.m. Wednesday 7:30 a.m. – 6:00 p.m. Thursday 7:30 a.m. – 12:30 p.m.

Several CONFERence speakers will be signing books during the breaks and quiet times. A schedule of book-signings will be posted at the bookstore.

San Diego Host Booth

Traveling alone and hoping to go to dinner with some other people from the CONFERence? Looking for a local 12 step meeting? Want to find a 2 hour San Diego tour or just curious about the community? Please visit the Mental Health Systems, Inc. San Diego Host booth for CONFERee concierge services.

The San Diego Host Booth is located in the Foyer of Marriott Hall.

Special Evening Events

Each evening there is at least one special event planned for CONFERence participants. These sessions offer relaxation, personal growth and insight into recovery tools which can be applied at home. They also offer opportunities to meet with other CONFERees.

Monday, July 16, 2012 7:00-8:15 pm

Movie Preview and Discussion

Torrey Pines 1 and 2

Join with others to preview excerpts and discuss two up-coming documentaries:

On Life's Terms: Mothers in Recovery

Sheila Ganz, Director, Pandora's Box Productions

On Life's Terms: Mothers in Recovery is a feature documentary-in-progress about five mothers who struggle to transform a life of substance use, domestic violence, prostitution and incarceration through learning recovery and parenting skills in gender specific residential treatment in San Rafael, California. Visit: www.onlifesterms.org for more information.

It's More Expensive to Do Nothing

Polly L. Smith, Associate Publisher, Director of Art and Marketing and Susan Lankford (invited)

Conceived by Susan Lankford of Humane Exposures and directed by award-winning director Alan Swyer, It's More Expensive to Do Nothing features interviews with more than 25 experts in the fields of law enforcement, law, politics, life training, addiction treatment, and childhood development. Nonviolent offenders who have turned their lives around after successfully completing remediation and literacy programs are featured as well. Visit www.its-more-expensive.com for more information. Susan's books and DVDs are available at the CONFERence Bookstore.

Tuesday, July 17, 2012 7:00-8:30 pm

Listening to Your Soul Speak: Exploring Inner Consciousness with SoulCollage®

Laura Prescott, B.A. and Karey Pohn, Ph.D., J.D.

Rancho Santa Fe 2

SoulCollage[®] is a process for discovering your inner wisdom using images. It was originated by Seena Frost to assist people in accessing intuition, addressing personal questions and life transitions. Participants focus on themes and cut out pictures from magazines, catalogues, postcards, photos, and calendars. Then they adhere them to pre-cut boards. This process is relaxing and a lot of fun. It helps bypass the daily mind-chatter to explore stories and messages the soul may be trying to express. This is an experiential workshop designed to support CONFERence participants in using their intuition and sense of play. Come and join us for a fun, creative, and surprising experience, as participants unwind from the important work of their daily lives.

Facilitators will spend a short time introducing the concept and outlining the process of SoulCollage[®], followed by participants making personal mandalas. Finally, for those who choose, people are encouraged to share their discoveries with one another.

Wednesday, July 18, 2012 7:00 - 8:30 pm

Learning to Play with Life! The Wisdom of the Body

Cynthia Winton-Henry

Presidio

In this "come as you are" workshop, InterPlay Co-Founder, Cynthia Winton-Henry, teaches a unique blend of creativity and mindfulness being used by practitioners, peers, and professionals to reignite wellness in the community. Key ideas and practices show women and girls ways to dip into the wisdom of the body using five aspects of whole body health: movement, voice, story, stillness, and connection.

Participants will learn how:

- Playing accelerates healthy attachments and acts as a health contagion;
- Affirming others with easy focus makes self-care and caring more fun;
- Playing with life may work faster than problem-solving;
- Resisting spontaneity is an honorable form of body wisdom; and
- Playing just for 30 seconds can give a person a new cup from which to drink.

Mutual Support Meetings

12 Step Meetings

Monday, Tuesday and Wednesday evenings 8:30-9:30 pm

Rancho Santa Fe 3

These meetings are open to everyone involved in (or interested in) a twelve step programs (Alcoholics Anonymous, Narcotics Anonymous, Al-Anon).

Listings of local 12-step meetings are also available at the conference Registration and Information Desk.

Women for Sobriety—Open House

Tuesday, July 17, 2012 7:00-8:30 pm

Rancho Santa Fe 1

Laura Makey, WFS Certified Moderator and Chat Leader, Women For Sobriety, Inc.

Women for Sobriety (WFS) is an organization whose purpose is to help all women find their individual path to recovery through discovery of self, gained by sharing experiences, hopes, and encouragement with other women in similar circumstances. WFS is an abstinence-based, self-help program for women facing issues of alcohol or drug addiction. The "New Life" Program acknowledges the very special needs women have in recovery—the need to nurture feelings of self-value and self-worth and the desire to discard feelings of guilt, shame, and humiliation. The Women for Sobriety "New Life" Program promotes behavioral changes by: positive reinforcement (approval and encouragement), cognitive strategies (positive thinking), letting the body help (relaxation techniques, meditation, diet and physical exercise) and dynamic group involvement

AGENDA

Tuesday, July 17, 2012

1 docady, bary 17, 2012			
7:30 – 8:30	Continental Breakfast and Registration (Marriott Hall Foyer and Exhibit Hall)		
8:30 - 10:15	CONFERence Opening Plenary (Marriott Hall)		
	Welcome, Sharon Amatetti, M.P.H., Women's Issue Coordinator, SAMHSA		
	Musical Opening: America the Beautiful sung by Patrice Baker, San Ysidro Health Center & Transformed Life Center		
	Looking at the Future of Women's Services, Kana Enomoto, M.A., Principal Deputy Administrator, SAMHSA		
	Gender Matters: Creating Services for Women and Girls, Stephanie Covington, Ph.D., LCSW		
	Discussants: Erica Ahmed, M.A., M.S., CHES, Laura Prescott, B.A. and Martha (Marty) Duncan Bond, M.A.		
10:15 – 10:45	Break: Visit Exhibit Hall, network with colleagues, and CONFER!		
10:45 - noon	Breakout Session A 75-Minute workshops, discussions, and mini-plenary sessions See page 14 for more information.		
12:00 – 12:45	Lunch (Marriott Hall)		
12:45 – 1:45	Awards and Keynote (Marriott Hall) Special Recognition The Power of Women, Patrice Gaines		
1:45 – 2:00	Break: Visit Exhibit Hall, network with colleagues, and CONFER!		
2:00 - 3:30	Breakout Session B		
2.00 - 3.30	90-minute workshops, discussions and mini-plenaries See page 17 for more information.		
3:30 - 3:45	Break: Visit Exhibit Hall, network with colleagues, and CONFER!		
3:45 - 5:00	Breakout Session C 75-minute workshops, discussions and mini-plenary sessions See page 21 for more information.		
5:00	Day 1 Closes		
7:00 – 8:30	Special Event (Rancho Santa Fe 2) Listening to Your Soul Speak: Exploring Inner Consciousness with SoulCollage® Laura Prescott, B.A., B.A. and Karey Pohn, Ph.D., J.D. See page 10 for more information		
7:00 – 8:30	Special Event (Rancho Santa Fe 1) Women for Sobriety Open House See page 11 for more information		

JULY 17TH PLENARY SESSIONS

Opening Plenary



Sharon Amatetti, M.P.H. Women's Issue Coordinator, SAMHSA

Welcome

Sharon Amatetti, M.P.H. has been involved in women's issues at SAMHSA since SAMHSA was first established in 1992. Ms. Amatetti will kick-off the CONFERence and share her vision for the event.



Kana Enomoto, M.A., Principal Deputy Administrator, SAMHSA

Looking at the Future of Women's Services

As the Principal Deputy Administrator for SAMHSA, Kana Enomoto is directly involved in SAMHSA's efforts to shape the future of behavioral health care. This session will provide a view of the current landscape and SAMHSA's work to create opportunities for health, empowerment, resilience, and recovery for women and girls.



Stephanie Covington, Ph.D., LCSW

Gender Matters: Creating Services for Women and Girls

Stephanie Covington is a pioneer and leader committed to improving services and systems for women and girls. In addition to writing, speaking and developing gender-responsive and trauma-informed curriculum and resources, Dr. Covington is dedicated to developing leaders, improving systems for women and girls. Among her most recent accomplishments, Dr. Covington is the featured consultant and therapist on the Oprah Winfrey Network docu-reality show *Breaking Down the Bars*.

Kana Enomoto and Stephanie Covington's presentations will be followed by comments from three discussants working in women's behavioral health.

Discussants

Erica Ahmed, M.A., M.S., CHES, Director of Public Education, Mental Health America

Laura Prescott, B.A., Founder and President, Sister Witness International, Inc.

Martha (Marty) Duncan Bond, M.A. Senior Public Health Advisor, Office of Women's Health, U.S. Department of Health and Human Services

Luncheon Keynote: Patrice Gaines



The Power of Women

Orator, author, speaker and writing coach, Patrice Gaines, will share her experiences and wisdom reflecting on women's resiliency and power.

BREAKOUT SESSION A

75-Minute Workshops, discussions, and mini-plenary sessions

Tuesday July 17, 2012, 10:45-noon

Speakers	Торіс	Session Type	Room
Hortensia Amaro, Ph.D. and Vivian Brown, Ph.D.	Integrating Evidence-Based Practices and Real Life Experiences in Women's Treatment	Mini-Plenary	San Diego B
Kate McGraw, Ph.D. and Angela Halvorson	Military Culture for the Non-Military Therapist	Mini-Plenary	San Diego A
Vince Felitti, M.D.	Chat with Vince Felitti, M.D.	Facilitated Discussion	Presidio
Stephanie Hawkins Anderson, Ph.D.	Adolescent Girls 101: Development and Behavior	Introductory	NY/Orlando
Tamara Johnson	"We've Been Down This Road Before"—The Value of Peer Support in Young Women's Lives on the Road to Resiliency	Workshop	Rancho Santa Fe 3
Nancy Young, Ph.D. and Julia Maestas, M.S.	Improving Family Outcomes Using Treatment Engagement Strategies	Workshop	Atlanta/Chicago
Brenda Smith, J.D.	Minority Over-Representation in the Criminal Justice System—The Impact on African American Women, Families and Their Communities and Important Emerging Interventions	Workshop	San Diego C
Alice Skenandore and A.J. Ernst, Ph.D.	The Challenges and Solutions of Evidence-Based Practices in Native Communities: The Story of Discovery Dating	Workshop	Torrey Pines 3
Johanna Ferman, M.D.	Making or Breaking Integration: Unspoken Challenges, Untold Potential	Workshop	Rancho Santa Fe 1
Cheryl Sharp, M.S.W., ALWF	Trauma-Informed WRAP®: Supporting Women's Healing	Introductory	Rancho Santa Fe 2
Michelle J. Trotter- Mathison, Ph.D.	Practitioner Resiliency: Burnout Prevention and Self-Care Strategies for Professionals	Workshop	Torrey Pines 1-2

ABSTRACTS — Breakout Session A

Integrating Evidence-Based Practices and Real Life Experiences in Women's Treatment

Hortensia Amaro, Ph.D. and Vivian B. Brown, Ph.D.—San Diego B

While many states are mandating the use of evidence-based practices (EBPs), little guidance exists for community-based providers on how they can use and adapt these practices that incorporate into the context of women's lives. This presentation will provide an overview of EBPs for women; a guiding framework; approaches for adaptations to fit local populations; examples from trauma and stress reduction mindfulness-based interventions; along with recommendations on how to apply these practices in a gender-responsive, trauma-informed, and real time manner.

Military Culture for the Non-Military Therapist Kate McGraw, Ph.D. and Angela Halvorson San Diego A

Military culture has an impact on the psychological health of women who serve in the military. Therefore, in order for a civilian provider to skillfully provide effective psychological health services to this population, he or she needs to understand important cultural factors. This session will focus on salient factors related to military culture that impact military women, as well as the known and theorized impact these factors have upon their psychological health.

Chat with Vince Felitti, M.D.

Vince Felitti, M.D.—Presidio

This session is an open forum discussion with Vince Felitti, M.D., the originator and Co-Principal Investigator of the Adverse Childhood Experiences (ACE) Study, an ongoing collaborative research study between the Kaiser Permanente Medical Care Program and the Centers for Disease Control (CDC). Come prepared with your questions for Dr. Felitti. Also, participants may engage in a dialog on encouraging physicians to utilize the ACE questionnaire.

Adolescent Girls 101: Development and Behavior

Stephanie Hawkins Anderson, Ph.D., M.S. NY/Orlando

This introductory session will present a broad overview of female adolescent development, describing the risk and protective factors that may

be more influential in developing girls. Cognitive development during adolescence will also be presented, with a particular focus on executive cognitive functioning (ECF). ECF plays a major role in regulating every day behaviors. It is associated with impulsivity, poor decision making, and indifference to social cues. This presentation will include a focus on how ECF deficits can compromise the outcomes of prevention and intervention programs for adolescents. Anticipated differences when working with girls versus boys, as well as girls versus women, will be discussed, along with an introduction to trauma and girls' development.

"We've Been Down This Road Before"—The Value of Peer Support in Young Women's Lives on the Road to Resiliency

Tamara L. Johnson—Rancho Santa Fe 3

The road to recovery is full of obstacles and setbacks. Everyone needs someone to accompany them on their journey who has been there before, can offer support when faced with challenges, and help build resiliency in their lives. This is why peer support was created. In this session participants will learn about the value of peers in the lives of young women transitioning into adulthood, as well as how to engage young consumers in peer services and their recovery. The presenter, Tamara Johnson, Program Director of Youth 'N Action, a statewide youth advocacy organization, will also share her own recovery journey and peer support experience as an adolescent through adulthood. She will discuss her knowledge of engaging youth in recovery and advocacy work through her role as a certified peer support specialist and program director.

Improving Family Outcomes Using Treatment Engagement Strategies

Nancy K. Young, Ph.D. and Julianita (Julia) Maestas, M.S.—Atlanta/Chicago

This session will review models and outcomes of parent engagement when working collaboratively with child welfare agencies and family courts. Models of substance abuse specialists and recovery coaches from several jurisdictions will be illustrated. Lessons from the Mentor Parent and Recovery Support Program of the Santa Clara County Dependency Drug Treatment and Family Wellness Courts will also be provided. The session

will emphasize the importance of timely access, effective engagement, and family support through aftercare, including policy and practice implications. Participants will learn about effective models, lessons learned, and training requirements.

Minority Over-Representation in the Criminal Justice System—The Impact on African American Women, Families, and Their Communities and Important Emerging Interventions

Brenda V. Smith, J.D.—San Diego C
Both minority men and women are overrepresented in the criminal justice system. This
involvement is consequential for individual women,
their families, and communities. This session will
provide data on over-representation and detail its
impact in four areas: (1) imprisonment, (2) family
stability, (3) health, and (4) economic wellbeing.
The session will also discuss important policy and
program work which is occurring to address the
sequella of minority over-representation.

The Challenges and Solutions of Evidence-Based Practices in Native Communities: The Story of Discovery Dating

A.J. Ernst, Ph.D. and Alice Skenandore Torrey Pines 3

Alice Skenandore and A.J. Ernst, Ph.D., will highlight Discovery Dating as a demonstration of the challenges and solutions to establishing evidence-based practices in Native communities. Discovery Dating is a tribal culturally-based practice that is continuing to build evidence as a proven practice through multiple site applications and longitudinal data collection. It is curriculumbased and intended to meet requirements for SAMHSA's National Registry of Evidence-Based Programs and Practices (NREPP) submission. Discovery Dating grew from a grassroots women's circle in response to a community need for healthy relationships 10 years ago, and has been utilized with women's groups, youth in classrooms, and after school clubs. Discovery Dating is on a journey towards evidence-based recognition, marked by one of the studies published in February's Journal of Family Social Work issue.

Making or Breaking Integration: Unspoken Challenges, Untold Potential

Johanna Ferman, M.D.—Rancho Santa Fe 1
Integration is central to making health reform real.
It will be won or lost at the ground level—At the

front end of a rapidly changing health system. Yet, to navigate the high seas or build the plane while flying, which is often said, requires we stop, look, listen, and prioritize our energies. A structure for approaching implementation of this critical policy framework, together with an in-depth look at several less discussed barriers, will be coupled with a "how-to" in overcoming the hurdles using examples drawn from experience. There will be considerable opportunity for questions and dialogue. The expectation is that workshop members will have some familiarity with primary and behavioral health care integration (PBHCI).

Trauma-Informed WRAP®: Supporting Women's Healing

Cheryl S. Sharp, M.S.W., ALWF Rancho Santa Fe 2

Many people have used Wellness Recovery Action Planning® (WRAP®) for many reasons. Some have used it to deal with mental health challenges, addiction issues, weight loss, or grief and loss. It is perfectly suited for those who are recovering from histories of trauma. This simple, safe, and easy-to-use tool is designed to support individuals, as they cope with triggering or challenging thoughts, feelings, and behaviors. Learning how to respond proactively to struggles is empowering and helps take back an individual's life. Traumatic mastery becomes accessible, helping to use internal wisdom and the wisdom of others to move toward desired lives.

Practitioner Resiliency: Burnout Prevention and Self-Care Strategies for Professionals

Michelle Trotter-Mathison, Ph.D. Torrey Pines 1-2

Behavioral health professionals work in highly demanding fields. They can suffer from burnout, compassion fatigue, and secondary traumatic stress. This can happen when a professional gives more attention to his or her clients' wellbeing, rather than his or her own. In this session the joys and hazards of the work of behavioral health professionals will be explored; the concept of burnout defined; the literature related to burnout and self-care examined; and ways to maintain practitioner vitality, both professionally and personally, discussed. (Book Signing after workshop.)

BREAKOUT SESSION B

Tuesday July 17, 2012, 2:00-3:30 pm

Speakers	Торіс	Session Type	Room
Charles E. Wilson, M.S.W. and Lisa Conradi, Psy.D.	Creating a Trauma-Informed Child Welfare System for Woman and Girls	Mini-Plenary	San Diego A
Barbara E. Bloom, Ph.D. & Stephanie Covington, Ph.D., LCSW, Daphne Hookano	Invisible Resiliency: Justice-involved Women	Mini-Plenary	San Diego B
Denise Holden, M.H.S. and Cheryl Sharp, M.S.W., ALWF	Unifying Women's Voices: Empowering Diversity Through Recovery Experiences	Facilitated Discussion	Presidio
Tonier Cain	Trauma and Recovery	Introductory	Torrey Pines 1-2
Kathy Reynolds, M.S.W., ACSW	Preparing for Health Care Reform: Health Homes, Accountable Care Organizations and You	Introductory	San Diego C
Patricia Chamberlain, Ph.D. and Leslie D. Leve, Ph.D.	Girls with Delinquency: Risks, Resilience, and Intervention	Workshop	Rancho Santa Fe 1
Judith Martin, M.D.	Medication-Assisted Treatment: Methadone and Buprenorphine Maintenance for Women	Workshop	Atlanta/Chicago
Sandra Goodwin, Ph.D., M.S.W. and Todd Sosna, Ph.D.	Implementing and Sustaining Evidence- Based Practices	Workshop	Torrey Pines 3
Norma Finkelstein Ph.D., LCSW and Jill Hensley, M.A.	Screening and Intervention Projects for Women of Childbearing Age: Prevention of FASD and Other Adverse Birth Outcomes	Workshop	NY/Orlando
Kim Brown, CPM (KS), Jackie Doodley (OH), Linda McCorkle, B.S. (TN), and Bernestine Jeffers (WI)	Recovery Support Services for Women Across the States	Discussion	Rancho Santa Fe 2
Kimberly Bond, LMFT. and Colleen Marshall, LMFT.	Knowledge to Action: Implementing Services for Women and Girls	Workshop	Rancho Santa Fe 3

ABSTRACTS — Breakout Session B

Creating a Trauma-Informed Child Welfare System for Woman and Girls

Charles Wilson, M.S.W. and Lisa Conradi, Psy.D.—San Diego A

The concept of making child welfare systems more trauma-informed is relatively new but quickly gathering momentum across both state and county child welfare systems. Despite the interest of some early adopters, many child welfare systems are still trying to identify specific strategies they can use to create a trauma-informed child welfare system. This presentation will describe how child welfare systems can utilize the "Essential Elements of a Trauma-Informed Child Welfare System" to provide trauma-informed care and specifically meet the needs of women and girls involved in the child welfare system. The presentation will then focus on how to operationalize these larger overarching concepts into concrete policy and practice changes through the process of education, screening, assessment, and referral to trauma-focused mental health providers.

Invisible Resiliency: Justice-Involved Women

Barbara E. Bloom, Ph.D. and Stephanie Covington, Ph.D., LCSW with Daphne Hookano—San Diego B

With the increasing number of women in the criminal justice system, there is a growing interest and concern for this group of women who have historically been invisible in our society. Justiceinvolved women face a range of obstacles, but many have strengths that are often unnoticed. This session will provide an overview of the characteristics of women in the criminal justice system, with an emphasis on substance abuse, mental health, and trauma histories. Participants will discuss women's needs and ways in which to build on their resilience, such as genderresponsive, trauma-informed approaches. Factors that are important to the successful reentry of women returning to the community from prison, such as housing, education, employment, reunification with children, and other forms of social support, will also be addressed. Clips from the new documentary, The Grey Area, will be shown to illustrate the challenges and strengths of justiceinvolved women.

Trauma and Recovery

Tonier Cain—Torrey Pines 1-2

Tonier Cain will recount growing up in a community and home where neglect and sexual abuse went unrecognized. Ms. Cain is featured in the documentary Behind Closed Doors: Trauma Survivors and the Psychiatric System. Ms. Cain is the team leader for the National Center for Trauma-Informed Care, which provides consultation, technical assistance, and training to revolutionize the way mental health and human services are organized, delivered, and managed, while furthering the understanding of traumainformed practices through education and outreach. Ms. Cain is the subject in Healing Neen, a documentary based on her life as she moved through multiple systems of care. Her presentation will focus on the curative factors that led her to be the dynamic and accomplished person she is today. By telling her story, Ms. Cain provides a valuable introduction into trauma and traumainformed approaches.

Unifying Women's Voices: Empowering Diversity through Recovery Experiences

Denise Holden, M.H.S. and Cheryl S. Sharp, M.S.W., ALWF— Presidio

This workshop highlights historical and current women's recovery perspectives and provides a forum for discussion on the differences and similarities between drug, alcohol, and mental health recovery movements. Participants weigh in on key concepts, including origins of mental health and addiction recovery advocacy; women's focus within each community/movement; common language; lessons from each movement; and a unified future. This session will be a facilitated discussion led by faculty from both recovery perspectives. An interactive discussion among participants is designed to create a more powerful peer voice and establish a cohesive group, even though there may be differing views. This colearning experience is an opportunity to explore multiple truths and move forward in unity! Power to ♀ Peers!

Preparing for Health Care Reform: Health Homes, Accountable Care Organizations, and You

Kathleen Reynolds, M.S.W., ACSW San Diego C

Health care reform is moving forward with the implementation of health homes and the selection of Medicare Accountable Care Organizations. How will these new models of service delivery affect women? What are the characteristics of health homes? What services do they include? How will Accountable Care Organizations affect public sector services like community mental health, substance abuse, and Federally Qualified Health Centers? How does bidirectional integration of primary care and behavioral health services fit within these reforms? This interactive session will answer those questions and more while providing an overview of the impact of health reform on women.

Girls with Delinquency: Risks, Resilience, and Intervention

Patricia Chamberlain, Ph.D. and Leslie Leve, Ph.D.— Rancho Santa Fe 1

Over the last decade the prevalence of arrest rates among adolescent girls has increased. Females now make up 30 percent of all juvenile arrests, nearly a 50 percent increase from the 1 in 5 rate of the early 1990s. This increase is coupled with documented poor outcomes. Such girls are known to have complex and co-occurring problems, including drug use, early pregnancies, and mental health problems. It is, therefore, of high public health significance to better understand the characteristics and outcomes of female juvenile offenders and to develop and rigorously test intervention approaches for these young women. In this presentation the results from a 10-year research program will be presented on risk and resiliency factors and the influence of these on the design and implementation of effective intervention models.

Medication-Assisted Treatment: Methadone and Buprenorphine Maintenance for Women

Judith Martin, M.D.— Atlanta/Chicago

This session will describe medication-assisted treatments for women with opiate addiction. It addresses questions women often have about treatment: Why do we use methadone? If I'm pregnant, should I take methadone or buprenorphine? Can I breastfeed? How long should I stay in treatment? What are the side effects of methadone and buprenorphine? This session gives evidence-based medical information in language that non-medical participants can understand.

Implementing and Sustaining Evidence-Based Practices

Todd Sosna, Ph.D. and Sandra Naylor Goodwin, Ph.D., M.S.W. Torrey Pines 3

Evidence-based practices hold tremendous promise for improving behavioral health outcomes. However, fully achieving the benefits of evidencebased practices assumes they are implemented and sustained with model adherence, and this has proven to be challenging. The Community Development Team model, developed at the California Institute for Mental Health, is a proven strategy for increasing the successful implementation of evidence-based practices. A brief overview of evidence-based practices will be presented, followed by a discussion of implementation challenges. The results of a recent National Institute of Mental Health (NIMH) funded research study investigating the impact of the Community Development Team model will be shared, along with the model's key components. The workshop will conclude with a discussion of the applicability of this model in other settings.

Screening and Intervention Projects for Women of Childbearing Age: Prevention of FASD and Other Adverse Birth Outcomes

Norma Finkelstein, Ph.D., LCSW and Jill G. Hensley, M.A.— NY/Orlando

Women of child-bearing age are at risk of having an alcohol-exposed pregnancy, particularly if they have other risk factors in their lives, such as violence, trauma, poverty, mental health problems, and substance abuse. Therefore, a range of behavioral health and other health settings should consider screening for alcohol consumption during pregnancy. The development of the Institute for Health and Recovery's integrated screen for alcohol and drug use, emotional health, and domestic violence, along with the use of this screen within primary health care, domestic violence programs, home-visiting services, and behavioral health settings, will be presented. Screening tools and outcomes for three fetal alcohol syndrome disorder (FASD) prevention programs will also be discussed. Together, these presentations will demonstrate a range of screening tools and common risk factors for women at risk who are seen in a variety of behavioral health and other health care settings.

Recovery Support Services for Women Across the States

Kim Brown, CPM, Jackie Doodley, Bernestine Jeffers, and Linda McCorkle, B.S. Rancho Santa Fe 2

With recovery support services playing an increasingly important role in substance abuse treatment, this panel offers a snapshot of some of the developments in recovery support services for women across the states. Join us for a panel of Women's Services Coordinators for substance abuse from four states (Kansas, Ohio, Tennessee, and Wisconsin) who will discuss the array of recovery support services provided to women in their communities. Participants will have a greater understanding of gender-specific, family-centered services, as well as the implementation and payment mechanisms supporting them. Learn what innovative recovery services states are currently providing, including family services, education, vocational services, transportation, support groups, recovery coaching, social supports, and more.

Knowledge to Action: Implementing Services for Women and Girls

Colleen Marshall, LMFT and Kimberly Bond, LMFT—Rancho Santa Fe

Gender makes a difference! There are similarities and differences in the treatment needs of men and women, and agencies can improve treatment outcomes by identifying methods to assess, implement, and maintain gender-appropriate services for women and girls. Discover how a large non-profit agency planned and implemented a gender-responsive service philosophy through evaluation of environment, staff selection and training, program development, site visits, and the creation of a certification process for gender-responsive services.

BREAKOUT SESSION C

Tuesday July 17, 2012, 3:45-5:00 pm

Speakers	Торіс	Session Type	Room
Vince Felitti, M.D.	The Adverse Childhood Experiences (ACE) Study	Mini-Plenary	San Diego A
Cathy Cave, Laura Prescott, and LaVerne Saunders, M.S., RN	Culture, Spirituality, and Community	Mini-Plenary	San Diego B
Patrice Gaines	Chat with Patrice Gaines	Facilitated Discussion	Presidio
Francine Feinberg, Psy.D., LCSW	Being Family-Centered: A Relational Approach to the Treatment of Women	Workshop	Rancho Santa Fe 3
Bonita M. Veysey, Ph.D.	Negotiating Re-Entry: Maximizing Resources and Resiliencies for Positive Change	Workshop	San Diego C
Ruta Mazelis, B.S.	Peer Leadership and Self Injury: Lived Experience Lights the Way	Workshop	Torrey Pines 1-2
Rosa Maria Gil, D.S.W.	A Community-Defined Intervention to Reduce Suicide among Latina Adolescents	Workshop	Atlanta/Chicago
Dace Svikis, Ph.D.	Women's Health and Pregnancy	Workshop	Rancho Santa Fe 1
Jeri Davis, M.B.A.	Marketing Women's Specific Services During Healthcare Reform	Discussion	Torrey Pines 3
Sharon D. Wise, M.H.S.	Healing Ourselves Through Creative Expression	Workshop	Rancho Santa Fe 2
Toni Mosely, M.F.T. and Kim Archuletta, LCSW	Trauma-Informed Clinical Supervision	Workshop	NY/Orlando

ABSTRACTS — Breakout Session C

The Adverse Childhood Experiences (ACE) Study

Vince Felitti, M.D.—San Diego A

Obesity may be the patient's most obvious problem, but it is often the least important issue when compared to a person's unrecognized problems dating back to childhood. In this session, Vincent J. Felitti, M.D. will discuss the findings of the Adverse Childhood Experiences (ACE) Study. The ACE Study compared 10 common categories of adverse life experiences in the childhoods of over 17,000 middle-class Americans and retrospectively matched these to an individual's health status, well-being, and social function. The ACE Study found very high correlations between the number of adverse experiences in childhood and adult problems including addictions, depression and other health problems in adulthood. This study has had profound impact on development of trauma-informed practices and health and social service systems.

Culture, Spirituality and Community

Cathy Cave, Laura Prescott, B.A., and LaVerne Saunders, B.S.N., M.S., RN San Diego B

Culture is a strong determinant in the meaning women make of their experiences, if and how we talk about what has happened and the tools we use to heal. The presenters will draw upon their life experiences, as well as those from survivors across the country and around the world who share insights about culture, spirituality, and community within the context of recovery. Participants will explore themes of women's transformation through their unique connections, journeys that are truly and individually spiritual and for some, strongly rooted in community. These may be communities survivors have joined or communities of safety created through their life's work.

Chat with Patrice Gaines

Patrice Gaines—Presidio

This session is an open forum discussion with keynote speaker, Patrice Gaines. Come prepared with your questions for Ms. Gaines. She will also share more stories and discuss her work mentoring writers.

Being Family-Centered: A Relational Approach to the Treatment of Women

Francine Feinberg, Psy.D., LCSW Rancho Santa Fe 3

Gender is a social construct that is the central organizing principle for every individual and for all cultures. It is a widely recognized cultural context that has a profound effect on the substance use experience and the approaches which have a successful impact on the individual. Familycentered treatment for women is predicated on the distinctive characteristics of the female experience. It developed in response to the need for a cultural context in which to provide substance treatment for women. Based on relational-cultural theory, which involves the impact of trauma and the multi-faceted strengths and challenges of women with substance use disorders, learn how the Family-Centered Treatment® model has emerged to integrate prevention, intervention, and recovery support for the entire family.

Negotiating Re-Entry: Maximizing Resources and Resiliencies for Positive Change

Bonita M. Veysey, Ph.D.—San Diego C

Every year approximately 600,000 individuals return home from a period of incarceration in state prison. When jails are included, the numbers are staggering. Women now represent a substantial number of formerly incarcerated people. Like their male counterparts, women face many hurdles in their re-entry process, such as reestablishing relationships, finding safe homes and jobs, and obtaining access to other resources, such as substance abuse treatment and mental health services. Like other corrections programs, reentry supports are based on a male model, while there is general agreement that women and men differ in important ways affecting the reentry process. This presentation will discuss the characteristics of formerly incarcerated women, how traditional services and supports miss the mark, and the women's descriptions of how they made changes, along with what they want and need to sustain their change.

Peer Leadership and Self-Injury: Lived Experience Lights the Way

Ruta Mazelis, B.S.—Torrey Pines 1-2

The topic of "cutters" has received vast media coverage in the past few years and has become an increasingly popular subject in mental health publications. However, many of the beliefs commonly held about self-injury are incorrect. These misperceptions have kept people from understanding the roots and meaning of self-harm and have impeded the process of healing for those who live with self-injury. This presentation will address how current traditional treatment beliefs and interventions often cause more harm than healing. The presenter will identify reasons people turn to self-injury, how self-harm correlates to trauma, and what supports people best in healing. In addition, the power of peer support and traumainformed care in creating a healing environment will be explored and celebrated.

A Community Defined Intervention to Reduce Suicide among Latina Adolescents

Rosa M. Gil, D.S.W., —Atlanta/Chicago

Latina adolescents have the highest rate of suicidal behavior (thoughts, ideation, and attempts) of all racial/ethnic groups. Research findings have identified a myriad of risk factors affecting Latina adolescents, including acculturation, conflict over gender roles, and struggles to reconcile the influences and expectations from the cultures they are exposed to at school, in their communities, and through the media, in contrast with the more traditional expectations they face at home. This workshop will present the theoretical model of Life is Precious,™ a culturally competent, comprehensive, and community-defined intervention to mitigate risk factors among Latina adolescents exhibiting suicidal behaviors. Program elements of the intervention designed to address risk factors will be discussed, including an academic-community partnership that developed a replicable evidence-based intervention to improve psychosocial functioning and reduce suicidal behavior among at-risk Latina adolescents, building upon an existing community based intervention.

Women's Health and Pregnancy

Dace Svikis, Ph.D.—Rancho Santa Fe 1 This workshop explores ways to support pregnant women with substance use, mental health, and other pregnancy risks (e.g., poverty). Health System Navigation (HSN) and Behavioral Incentives (BI) can reduce barriers while also addressing the multiple needs of this population. The history of HSN and BI models will be reviewed, followed by a summary of the Promoting Healthy Pregnancies (PHP) project in Richmond, VA. PHP was implemented through the CDC-funded REACH US initiative and provided HSN and BI services to at risk African American pregnant women and their infants. The workshop will conclude with discussion of how various program components may be applied in other settings.

Marketing Women's Specific Services During Healthcare Reform

Jeri Davis, M.B.A.—Torrey Pines 3

Marketing at its core asks the question: How will programs for women and girls reinvent themselves to engage customers in prevention, education, treatment, maintenance, and overall improved mental and physical wellbeing? This workshop will cover essential strategies for building women's and girls' behavioral health treatment marketing initiatives in the context of health reform. The workshop will be hands on and focus on practical approaches attendees can take home and use. Participants will be encouraged to share in discussions about effective marketing techniques, challenges, and new opportunities available to promote improved health, empowerment, resiliency, and recovery. Several case examples will be presented to illustrate marketing of gender-specific inpatient and outpatient community-based services.

Healing Ourselves Through Creative Expression

Sharon Denise Wise, M.H.S., CPS Rancho Santa Fe 2

This hands-on session will explore creative ways to use visual and performing art as a healing tool. Participants will create, sing, dance, or write poetry that will be displayed and/or performed by the end of the session, which expresses healing, recovery, health, resilience, and empowerment. At the closing of this session each person will receive a HERR Promise Certificate as a symbol of each person's commitment to women and girls, health, empowerment, resilience, and recovery.

Trauma-Informed Clinical Supervision

Kim Archuletta, LCSW and Toni Maria Mosley, M.S., M.F.T. NY/Orlando

This workshop will focus on preparing clinical supervisors with the knowledge of effective models of clinical supervision. It will focus on assisting supervisors to identify their own models of clinical supervision while working with supervisees who have experienced trauma, which has made an impact on their ability to work with their clients. This workshop with make use of lecture and experiential exercises to assist supervisors with the increased effectiveness as a trauma-informed supervisor.

AGENDA

Wednesday,	July 1	8,	2012
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7:30	Continental Breakfast (Exhibit Hall)
8:30 – 10:00	Plenary: Health, Empowerment, Resilience, and Recovery
	Occur in the Context of Women's Lives (Marriott Hall)
	Kim Bond, M.F.T., LMFT, President/CEO, Mental Health Systems
	Gail Wyatt, Ph.D., Professor, UCLA Department of Psychiatry and
	Biobehavioral Sciences Firoza Chic Dabby-Chinoy, Director, Asian & Pacific Islander Institute on
	Domestic Violence
0:00 – 10:30	Break—Visit Exhibit Hall, network with colleagues, and CONFER!
0:30 – 12:00	Breakout Session D-0 or D-1/D-2
	Choose either 1 90 minute or 2 40 minute Session
	Breakout D-0 90 minute sessions
	Breakout D-1 40 Minute sessions 10:30 – 11:10
	Breakout D-2 40 Minute sessions 11:20 – 12:00
	See page 27 for more information.
2:00 – 12:45	Lunch
12:45 – 2:30	Keynote and Discussion
	Rosalind Wiseman, Navigating the New Realities of Girl World
	Table Discussions, facilitators: Kareemah Abdullah, CPSIV
2:30 - 2:45	Break: Visit Exhibit Hall, network with colleagues, and CONFER!
2:45 - 4:00	Breakout Session E
	75-Minute workshops, discussions, and mini-plenary sessions
	See page 33 for more information.
4:00 – 4:15	Break: Visit Exhibit Hall, network with colleagues, and CONFER!
4:15 – 5:00	Breakout Session F
	45-Invigorators and Discussions
	See page 36 for more information.
	See page 30 for more information.
5:00	Day 2 Closes
5:00 7:00 – 8:30	Day 2 Closes
	Day 2 Closes Special Event (Presidio)
	Day 2 Closes

JULY 18TH PLENARY SESSIONS

Morning Plenary

Health, Empowerment, Resilience, and Recovery Occur in the Context of Women's Lives

Expect to open your mind and heart while expanding your understanding of how behavioral health fits within culture (rather than culture fitting into behavioral health).



Kim Bond, M.F.T., LMFT, President/CEO, Mental Health Systems, Inc.

Kim Bond, the President/CEO of Mental Health Systems, Inc., opens the day. In addition to reflections on the CONFERence, she'll provide insight into the CONFERence theme of Health, Empowerment, Resilience, and Recovery.



Gail Wyatt, Ph.D., Professor, UCLA Department of Psychiatry and Biobehavioral Sciences

The Conflict of Empowerment in the Context of Healing

Dr. Wyatt is a researcher, clinical psychologist, sex therapist, author, and professor with more than 30 years of experience.



Firoza Chic Dabby-Chinoy, Director, Asian & Pacific Islander Institute on Domestic Violence

Firoza Chic Dabby-Chinoy will share stories and reflections on culture, world-view and advocacy for women experiencing violence.

Luncheon Keynote—Rosalind Wiseman



Navigating the New Realities of Girl World

Rosalind Wiseman, an internationally recognized expert on girls and teens, will help us to glimpse into the experiences, world-view and challenges of young women today. Ms. Wiseman is the author of *Queen Bees and Wannabees, Helping Your Daughter Survive Cliques, Gossip and Boyfriends* and *the New Realities of Girl World*. She also works with the "Don't Fret the Sweat" campaign which is about tweens body development, is a spokesperson who has created a curriculum on bullying and speaks on ethical leadership and treating each other with dignity.

Rosalind Wiseman's presentation will be followed by table discussions.

Table Discussions

Facilitator: Kareemah Abdullah

Following the presentation CONFER with each other on how health, empowerment, resilience and recovery fit within the New Realities of Girl World. Facilitated by Kareemah Abdullah.

BREAKOUT SESSION D.0, D.1, & D.2

Wednesday July 18, 2012, 10:30-12:00

Speakers	Topic	Session Type	Room
Kathleen M. O'Leary, M.S.W., Samia Dawud Noursi, Ph.D., Robert C. Freeman, Ph.D.	Women's Health Research at the National Institutes of Health	Panel	San Diego B
Linda Rosenberg, M.S.W. and Becky Vaughn, M.S.Ed.	Women Leading Women's Services: Fitting in the New Healthcare Ecosystem	Mini-Plenary	San Diego C
Rene Andersen, M.Ed., Susan Blacksher, M.S.W., and LaVerne Saunders. M.S., RN	M.S.W., and Effective Involvement of Peers in Services for Women and Girls		San Diego A
Rosalind Wiseman			Presidio
Daniel Perkins, Ph.D. and Mona Johnson, M.A., CPP, CDP	Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families	Workshop	NY/Orlando
Erika Ostlie, M.A, Karen Pershing, M.P.H., and Claudia Richards	The Prescription Drug Epidemic: Reducing and Preventing Misuse and Consequences	Introductory	Atlanta/Chicago

Room	Invigorator Session: D.1 10:30-11:10	10 mi	Invigorator Session D.2 11:20- noon
Torrey Pines 3	Norma Finkelstein, Ph.D.: Listening to Girls' Voices: Engaging Girls in Behavioral Health Treatment	minute break	Beth Hossfeld, LMFT : Girls Circle [®] Trauma Training and Girls Circle [®] Trauma Responsive Curriculum
Rancho Santa Fe 2	Sherri Downing: Understanding the HEARTH Act and Changes in Homeless Systems Serving Women and Families		Iliana Ojeda-Rivera, M.Ed., CADAC: Engaging Latina Women in Treatment
Torrey Pines 1-2	Jeanne L. Obert, M.F.T., M.S.M.: The Matrix Model of Intensive Outpatient Treatment—A New Supplement for Women		Erica Ahmed, M.A., M.S., CHES: Health Promotion, Social Media, and Girls: When Wellness Can't Wait
Rancho Santa Fe 1	Alessandra Liquori O'Neil: Project DAWN's efforts in Italy and the United Nations Interregional Crime and Justice Research Institute		Juliet Dorris-Williams, LISW-S: Find Your Passion, Find Your Purpose
Rancho Santa Fe 3	Michelle (Sheli)Reynolds: Leveraging National Service Opportunities: For Your Organization and the Women You Support		Kimberly Medvin, LCSW: Strategies that Support Female Employees' Ability to Enhance Their Professional Education in the Workplace

ABSTRACTS — Breakout Session D

Women's Health Research at the National Institutes of Health

Kathleen M. O'Leary, M.S.W., Samia Dawud Noursi, Ph.D., and Robert Charles Freeman, Ph.D.—San Diego B The presenters will give an overview of research on women's health conducted within their three Institutes, the National Institutes of Health (NIH), National Institute of Mental Health (NIMH), National Institute on Drug Abuse (NIDA), and National Institute on Alcohol Abuse and Alcoholism (NIAAA). Highlights of recent research on women's mental disorders, drug abuse, and dependence, and alcohol abuse and dependence will be covered. These presentations will include material on the incidence of these disorders, sex differences in their incidence and course, cooccurring disorders, violence against women, HIV risk, and recent intervention research findings. Opportunities for research and the current research foci of each Institute will be briefly presented. The session should prove of interest to clinicians, consumers, members of advocacy groups, and researchers.

Women Leading Women's Services: Fitting in the New Healthcare Ecosystem

Linda Rosenberg, M.S.W. and Becky Vaughn, M.S.Ed.—San Diego C Health care delivery and payment systems are undergoing enormous changes—integration of primary and behavioral health at the practitioner, organization, plan, and policy levels; movement away from grants to insurance and within insurance; from fee for service to bundled payments/ capitations; widespread implementation of Health Information Technology (Health IT); and critical workforce shortages. While challenging, the opportunities are tremendous, offering new funding streams and better access for specialty services and leadership opportunities for women. This session will explore the breadth and pace of change and outline the opportunities and challenges. The material will focus on efforts by State Associations of Addiction Services (SAAS) and the National Council for Community Behavioral Healthcare to align service providers with the new environment in areas of policy, practice improvement, Health IT, public education, and workforce, with special emphasis on women and leadership.

Why It Works and When It Doesn't: Effective Involvement of Peers in Services for Women and Girls

Rene Andersen, LCSW, Sharon Blacksher, M.S.W., MAC LaVerne Saunders, B.S.N., M.S., RN San Diego A

Involving women with the lived experience of recovery is central to sound practice. There are some organizations for which this works and other agencies who struggle to involve women in recovery in significant ways. Successful peer integration involves planning, commitment, and determination—all of which require time, frequently more time than we anticipate. It is not unusual for administrators and/or peers to become discouraged. This session will explore why peer integration works for some and remains a challenge for other organizations. Learn from the experts, the women with lived experience, what can be done to create a welcoming workforce. Also, learn from administrators, to discover what they have achieved to create integrated organizations. This is an opportunity to deepen participants' commitment and efforts to involve women with lived experience of recovery in the workforce. Suggestions regarding what organizations can do to be more welcoming to women in recovery are also encouraged.

Chat with Rosalind Wiseman

Rosalind Wiseman—Presidio

This session is an open forum discussion with keynote speaker, Rosalind Wiseman. Ms. Wiseman is the author of *Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and the New Realities of Girl World.* Come prepared with your questions for Ms. Wiseman. Participants also may engage in a dialog on effective ways to engage youth, schools, and parents in improving communication, reducing bullying, and building responsibility.

Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families

Mona M. Johnson M.A., CPP, CDP and Daniel Perkins, Ph.D., CSAP, CAPT—NY/Orlando

This session will discuss the military culture and impact of deployment on service members and their families. Examples of practical prevention strategies, evidence-based programs, and specific techniques to improve implementation of programs for military families and children will be described, as well as identified service gaps in civilian behavioral health and support services available to military families. The presenters will also share resources for additional information.

Prescription Drug Abuse and Its Impact on Women and Girls

Claudia Richards, Erika Ostlie, M.A., and Karen Pershing, M.P.H.—Atlanta/Chicago

Prescription drug abuse and misuse are serious problems facing our nation. Prescription drugs are now the second most commonly abused drugs behind marijuana. This panel will examine the rapidly growing problem of prescription drug abuse and its impact on women and girls. Representatives from the Center for Substance Abuse Prevention (CSAP), community prevention coalitions, and the policy world will present the latest data, trends, and policy activity on the issue. Members will also offer suggestions on how all disciplines involved, such as substance abuse treatment and prevention, mental health, medicine (doctor and/or dentist), and law enforcement, can work together to provide proper training, education, detection, and treatment for women and girls who abuse or misuse prescription drugs.

ABSTRACTS for Breakout Session D1

Listening to Girls' Voices: Engaging Girls in Behavioral Health Treatment

Norma Finkelstein, Ph.D., LCSW

Torrey Pines 3

Adolescent and transition-age girls have been left out of much of the substance use research and literature. Challenges in engaging girls in treatment range from lack of referrals, issues in recruitment, and retaining girls in treatment, as well as the difficulty in engaging and retaining parental interest and support. This workshop will examine challenges and barriers to girls' involvement; the Massachusetts experience in developing a continuum of care for girls; and recommendations for models of care, which appear to appeal more to girls and their parents. Results of focus groups with girls from the Institute for Health and Recovery's Our Daughters Project will be presented, as well as suggested models of care from adolescent treatment providers.

Understanding the HEARTH Act and Changes in Homeless Service Systems Serving Women and Families

Sherri Downing—Rancho Santa Fe 2

The Homeless Emergency Assistance and Rapid Transition to Housing Act of 2009 (HEARTH Act) has far-reaching implications for homelessness service systems, particularly those serving women and families. Under HEARTH, the new definition of "homeless" is much broader, and includes people who could be considered homeless under other federal definitions. The HEARTH Act also provides communities with additional tools for preventing and ending homelessness and increases the priority on services for homeless families with children, including those fleeing domestic violence. In addition to emergency shelters, the HEARTH Act provides communities with the ability to implement homelessness prevention and rapid rehousing through such activities as short and medium-term rental assistance, landlord mediation, housing search assistance, and helping link people to employment and other services.

The Matrix Model of Intensive Outpatient Treatment—A New Supplement for Women

Jeanne L. Obert, M.S.M., LMFT

Torrey Pines 1-2

The Matrix Intensive Outpatient Treatment Manual has been widely disseminated and is utilized in many treatment programs—particularly in those serving populations abusing stimulants, cocaine, and methamphetamine. These drugs are particularly attractive to women and girls for a number of reasons, and this has resulted in large numbers of women in treatment for stimulants. Matrix has been working with these women for years and recently embarked on a project with the Center for Substance Abuse Treatment (CSAT) to publish a supplement specifically designed to address the unique issues women in treatment for stimulant abuse tend to experience. This session will be the first introduction of this new and exciting publication that is just being released.

Project DAWN: an International Gender Perspective in Addiction Prevention and Care

Alessandra Liquori O'Neil—Rancho Santa Fe 1
Project DAWN (Drugs, Alcohol Women Network)
focuses on the issue of gender differences in drug
addiction and advocates, through networking and
the exchange of best practices, for a novel
gender-based approach among drug addiction
professional in the prevention, treatment and
rehabilitation programs delivered in public and
private services. The Project network is composed
of international experts coming from more than 20
countries worldwide. Specific guidelines and tools

for professionals such as e-learning platforms are being developed with the assistance of the network experts, the UNODC and other UN programs. DAWN is conducted by the United Nations Interregional Crime and Justice Research Institute —UNICRI in collaboration with the Department for Antidrug Policy of the Italian Presidency of the Council of Ministers.

Leveraging National Service Opportunities: For Organizations and the Women You Support

Michelle (Sheli) Reynolds, Ph.D.

Rancho Santa Fe 3

The Corporation of National Services (CNS) funds opportunities for both organizations and individuals to enhance their capacity and increase engagement within communities. Through CNS programs, such as AmeriCorps and AmeriCorps VISTA, women can gain valuable employment skills while building self-confidence, networking with other professionals, and giving back to their communities. This session will provide an overview of the benefits women can receive by becoming a member, such as monthly stipends that do not affect government benefits; an educational stipend at the end of service: and some childcare reimbursement and health benefits. This session will also highlight the benefits to organizations for becoming a CNS sponsor site. Organizations awarded these grants benefit by having additional WOMAN-power for achieving their mission and vision.

Abstracts for Breakout Session D2

Girls Circle[®] Trauma Training and Girls Circle[®] Trauma Responsive Curriculum

Beth Hossfeld, LMFT—Torrey Pines 3

This workshop introduces conference attendees to the new, comprehensive program, Girls Circle® Trauma training, for service providers and companion program, Girls Circle® Trauma Responsive curriculum, for adolescent girls. The workshop provides conference attendees with an overview of the gender-specific approaches to creating trauma-informed environments, practices, and programming, as well as an overview of the Girls Circle® Trauma Responsive curriculum themes, activities, and incorporated features for emotional safety. This presentation will include a lecture, demonstration, an experiential component, and discussion to address this essential staff training and accompanying strengths-based Girls Circle® program, which is specifically developed for traumatized girls. The presentation will also address the benefits of this program, organizational readiness, and implementation criteria.

Engaging Latina Women in Treatment Iliana Ojeda-Rivera, M.Ed., CADAC

Rancho Santa Fe 2

Entre Familia, a program of the Boston Public Health Commission, is a residential substance abuse treatment program for Latina women and their children. The program was founded in 1996 in Boston, Massachusetts by Dr. Hortensia Amaro to fill a gap in available services for Latina women and their children. The program's model was developed to recognize and reflect the idea that Latina women have culturally-based values, beliefs, and norms that support treatment and recovery, while some pose barriers. By identifying and addressing these potential supports and barriers, the program has been able to engage Latina women to create a safe, respectful environment promoting long-term recovery and healing for the women and their families.

Health Promotion, Social Media and Girls: When Wellness Can't Wait

Erica Ahmed, M.A., M.S., CHES

Torrey Pines 1-2

Mental Health America, the nation's oldest mental health advocacy non-profit organization, saw the need to develop a tool that would help individuals create a "space of wellness" for them. Mental health should be everyone's concern, not just those struggling with mental health conditions. Live Your Life Well is a compilation of 10 evidencebased tools designed to help individuals manage stress, as well as promote mental health and resiliency. Originally developed for adults, it has since been adapted by many of Mental Health America's affiliates, as well as other organizations, to meet the needs of the populations they serve, such as adolescent girls. Adolescent girls have unique needs and increased risk factors relative to depression, self-esteem, body image/objectification, eating disorders, and trauma. With the advent of new and emerging technologies over the last decade, the mode of outreach and communication to this population has drastically changed. This presentation will provide an overview of the role of social media, as well as why mental health promotion and wellness activities are no longer optional but required to ensure this current generation of adolescent girls become whole, healthy women.

Find your Passion, Find Your Purpose Juliet C. Dorris-Williams, LISW-S

Rancho Santa Fe 1

No matter our life circumstances, we all have destiny and purpose. Aligning our lives with our passion is the key. There are tried and true elements for unlocking our passion and our purpose. There are also obstacles built into the process. The biggest obstacle is FEAR. How do we find the passion? Easy! How do we find the purpose? It's not quite as easy, but not a mystery. How do we move past the fear, self-talk, negative messages, our experiences, along with our failures, our "conditions and disorders, and" our ______ (fill in the blank)? Easy! Not really but probably easier than you think. Let's talk about it.

Strategies Supporting Female Employees' Ability to Enhance Their Professional Education in the Workplace

Kimberly Medvin, LCSW, Danielle Lowe, and Charmaine Utz—Rancho Santa Fe 3 This invigorating group will present specific strategies SHIELDS for Families, Inc. is using to advance employee competencies and enhance their professional education. Participants will gain greater familiarity with workplace policies that foster collaborative efforts between community mental health agencies and university training programs. SHIELDS' staff, Danielle Lowe (Program Manager) and Charmaine Utz (Program Coordinator), will briefly provide discussion on how these opportunities have assisted them towards their educational pursuits and without such opportunities they would have been unable to pursue their Master's degrees.

BREAKOUT SESSION E

Wednesday July 18, 2012, 2:45-4:00

Speakers	Topic	Session Type	Room
Carole Warshaw, M.D., and Patricia J. Bland, M.A., CDP	Domestic Violence, Trauma, Substance Abuse and Mental Health: Responding to Ongoing Safety Needs in the Context of Behavioral Health Treatment	Mini-Plenary	San Diego B
Maureen Buell M.S.A. and Alexa Eggleston, J.D.	What Works for Women? Understanding Risk, Need, and Resiliency	Introductory	San Diego A
Sandra Bloom, M.D.	Chat with Sandy Bloom, M.D.	Facilitated Discussion	Presidio
Sharyl Whitehawk	Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change	Workshop	Torrey Pines 1-2
Kelly Reinhardt, PMP	Recruiting Young Women to Behavioral Healthcare—Listen Before You Talk	Workshop	Rancho Santa Fe 3
Joan Zweben, Ph.D. and Leslie Preston, LCSW			Rancho Santa Fe 2
Kimberly Craig and Ellie Skelton, M.A., CPRP	Sober and Supportive Housing for Women and Families	Facilitated Discussion	Rancho Santa Fe 1
Leslie Anderson, Ph.D.	Eating Disorders, Substance Abuse, and Self-Harm/Suicidality in Adolescent Girls	Workshop	NY/Orlando
Tia Christopher	Military Sexual Trauma: A Survivor-Informed Approach to Care	ivor-Informed Workshop	
Jody Brook, Ph.D., M.S.W., LCSW			Atlanta/Chicago
Gail E. Wyatt, Ph.D.	Teaching Innovative Skills for HIV Prevention	Workshop	San Diego C

ABSTRACT — Breakout Session E

Domestic Violence, Trauma, Substance Abuse and Mental Health: Responding to Ongoing Safety Needs in the Context of Behavioral Health Treatment

Carole Warshaw, M.D. and Patricia J. Bland, M.A., CDP—San Diego B

In recent years evidence-based treatment models have emerged for survivors of gender-based trauma, and awareness of the need for traumainformed services has grown. Yet, these interventions primarily focus on trauma that has occurred in the past. Survivors of ongoing domestic violence face unique challenges, particularly when trauma is unremitting and symptoms may be a response to ongoing danger and coercive control. Understanding how these issues intersect in the lives of women and children exposed to domestic violence is essential to creating services addressing safety and recovery needs. This plenary will provide a framework for understanding trauma, mental health, and substance abuse in the context of ongoing domestic violence, as well as practical strategies for supporting physical and emotional safety in the context of behavioral health treatment.

What Works for Women? Understanding Risk, Need, and Resiliency

Maureen Buell, M.S.A. and Alexa Eggleston, J.D.—San Diego A

Behavioral health and substance abuse issues are prominent with criminal justice involved men and women, which contributes to their limited success under correctional supervision, longer periods of incarceration, high rates of revocation, and/or new offenses. Policies, programs, and practices developed largely utilizing male offenders or with a disproportionate representation of women are assumed to work equally well for men and women. Often this premise does apply. However, just as with medicine, research demonstrates areas that are unique to, occur with more frequency, or impact women differently than men. This session will summarize the research on female pathways to justice involvement—trauma, while emphasizing how gender-specific research and practices when applied with women can contribute to reductions in recidivism and other intermediate outcomes, such as reduction of behavioral health symptoms. motivation to change, and healthier relationships with children, family, intimates, and friends.

Chat with Sandy Bloom, M.D.

Sandy Bloom, M.D.—Presidio

This session is an open forum discussion with keynote presenter and creator of the Sanctuary Model, Dr. Sandy Bloom. Come prepared with your questions for Dr. Bloom. The focus of the discussion will be on leadership of trauma-informed organizations and systems.

Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change

Sharyl WhiteHawk—Torrey Pines 1-2

This session will give the audience information on Women in Wellbriety, a grassroots movement that is spreading across the U.S. and Canada, which is helping women who are working at living in Wellbriety (sobriety and wellness in mind, body, heart, and spirit). Women in Wellbriety is giving women a space to connect for support, growth, and healing for themselves and ultimately, their families, communities, and nations. It was created specifically for Native American women but has grown to embrace women from all races and ethnicities.

Recruiting Young Women to Behavioral Health Care—Listen Before You Talk

Kelly Reinhardt, PMP—Rancho Santa Fe 3

This session is designed to provoke thought, as well as provide information and strategies for outreach and recruitment of young women and girls to the behavioral health profession. The presenter will leverage research and consultation with national organizations to bring insight to those challenged with the workforce dilemma facing this field. While the causes for the challenges in recruiting and retaining young women are many, a baseline factor is often a lack of understanding of Millennials' and Generation Xers' view of the world and themselves in it. Recent research information on their preferences in media, messengers, message content, and reliance on social connections will be discussed.

Integrated Behavioral Health: What Works, Challenges, and Lessons Learned

Joan E. Zweben, Ph.D. and Leslie Preston, LCSW—Rancho Santa Fe 2 The presenters will offer examples from two integrated care settings as a springboard for a

discussion of how this model can enhance care for women. Delivering behavioral health care within a primary care setting offers the possibility of reducing the stigma attached to seeking certain kinds of assistance and allows important resources to become more accessible. Presentations, participants will discuss benefits, challenges, and obstacles. Joan Zweben, Ph.D. will describe how the Veterans Administration (VA) Medical Centers do broad screening for military sexual trauma (MST) and provide special MST coordinators to persons identified as needing services. Leslie Preston, LCSW will describe how La Clínica de La Raza, a Federally Qualified Health Center in California, has integrated behavioral health screening, assessment, and brief intervention in five large primary care clinics. There will also be a description of challenges, including financing and staffing issues for consideration in the development of programs that integrate behavioral health into primary care settings.

Sober and Supportive Housing for Women and Families

Kimberly Craig and Ellie Skelton, M.A., CRP Rancho Santa Fe 1

Safe, affordable housing is an essential element of recovery supports. This forum will discuss the findings of SAMHSA's Learning Community on Sober Housing for Women and Families followed by an active discussion. There are several models of sober and supportive housing, some with conflicting philosophies. Available variations include: sobriety requirements; length of stay, funding sources, and mandatory or voluntary services.

Eating Disorders, Substance Abuse, and Self-Harm/Suicidality in Adolescent Girls

Leslie Karwoski Anderson, Ph.D.

NY/Orlando

This presentation will introduce participants to some of the common addictive behaviors and mental health challenges faced by adolescent girls: eating disorders, self-harm/suicidality, and substance abuse. These behaviors typically represent attempts to cope with intensely dysregulated emotions. Participants will learn the diagnostic criteria for these disorders and how to identify the behaviors. Treatment approaches that teach emotion regulation strategies and involve the family, including Dialectical Behavior Therapy (DBT), Family-Based Therapy (FBT), and Parent

Management Training, are shown to be most effective. An introduction and overview of these therapeutic approaches will be provided.

Military Sexual Trauma: A Survivor-Informed Approach to Care

Tia Christopher—Torrey Pines 3

This session will address military sexual trauma (MST) from a survivor advocate's perspective. MST is distinctive from sexual trauma outside the military due to many factors. The reasons behind this will be explained, along with how they correlate with various symptoms of trauma clinicians may encounter. A special focus will be given to the compounded effects of sexual assault and harassment on survivors and how this manifests in post-military service. Lastly, there will be a discussion specifically for "first responders" to MST survivors. Initial contact with the survivor may be made while they are still on active duty or as a 20 year veteran. Addressing their needs at these very different stages is vital to their recovery and the provider/client relationship.

Implementing "Strengthening Families" and "Celebrating Families" Programs: Sharing Experience and Strategies

Jody Brook, Ph.D., M.S.W., LCSW

Atlanta/Chicago

The purpose of this session is to provide the attendee with information about the practical aspects of implementing evidence-based parenting programs into community settings. The presenter's experience with implementation of two different programs in three distinct settings—child welfare services, family drug court, and alcohol and other drug treatment centers—will be shared. Strategies for implementation, fidelity, and outcomes assessment will also be reviewed. Information about implementation from the caseworker, clinician, and client perspectives will be covered.

Teaching Innovative Skills for HIV Prevention

Gail E. Wyatt, Ph.D.—San Diego C

There are high correlations between trauma, substance use, and HIV risk among women. This workshop will discuss and demonstrate cultural and cognitive-behavioral interventions. Drawing on the *Healing Ourselves* curriculum and related research, Dr. Wyatt will demonstrate some skill-building approaches which help women to heal, improve their coping, and reduce their sexual risk-taking and behavioral health outcomes.

BREAKOUT SESSION F

Wednesday July 18, 2012, 4:15-5:00 pm

Speakers	Торіс	Session Type	Room	
Maria Tarajano Rodman, M.A.	Honoring Lived Experience Through Peer- to-Peer Supports in Higher Education	Invigorator	San Diego B	
Kimberly Sokoloff Selvaggi	Voices: A Program of Self-Discovery and Empowerment for Girls	Invigorator	Chicago/Atlanta	
Jacki McKinney	Development of "Seniors" as Champions and Mentors	Invigorator	Presidio	
Jamie Hart , Ph.D.	Improving Behavioral Health Outcomes for Diverse Veterans and Their Families	Invigorator	Rancho Santa Fe 1	
Cathy Cave and Darby Penney	Engaging Women in Trauma-Informed Peer Support	Invigorator	San Diego C	
Sarah Harkless, M.Ed.	Medicaid Partnership, Compliance, and Program Development Strategies	Invigorator	Rancho Santa Fe 3	
Beth Filson, M.F.A, CPS	Supervision and Partnerships with Peer Supporters in Trauma Healing	Invigorator	Torrey Pines 3	
Firoza Chic Dabby-Chinoy	Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency	Invigorator	Rancho Santa Fe 2	
Niki Miller, M.S., CPS with Michele Hamasaki	Trauma-Informed Approaches and Women in the Criminal Justice System	Invigorator	San Diego A	
Rev. Laura L. Mancuso, M.S., CRC, CPRP	Finding Your Own Spiritual Practices for Personal Wellbeing, Trauma Healing, and Recovery	Invigorator	Torrey Pines 1-2	

ABSTRACT — Breakout Session F

Honoring Lived Experience Through Peer-to-Peer Supports in Higher Education

Maria Tarajano Rodman, M.A.—San Diego B Voice and participation are integral to learning. This presentation on the work of a collaborative student-faculty-staff-board process involves reorientation and a peer-to-peer support model in higher education, offering specific techniques for faculty, staff, students, and community members to honor the lived experience of those in recovery. This shifts the authority and expertise from teacher to learner, reimagining a place of learning where expertise, wisdom, and knowledge is gained through the exploration and inclusion of those with lived experience of recovery. Indeed, roles are reversed, and a fresh perspective is gained. The field work is being tested in rural community college and university settings (Association of Recovery Schools).

Voices: A Program of Self-Discovery and Empowerment for Girls

Kimberly Sokoloff Selvaggi—Chicago/Atlanta

Voices is group curriculum-based on the realities of girls' lives and principles of gender responsivity. It is also grounded in theory, research, and clinical experience. Voices was created to address the unique needs of adolescent girls and young women by encouraging them to seek and celebrate their "true selves" in a safe space with encouragement, structure, and the support they need to embrace their journeys of self-discovery. The program includes modules on self, connecting with others, healthy living, and the journey ahead. It is used in many settings (e.g., outpatient and residential substance abuse treatment, schools, juvenile justice, and private practice). Workshop participants will be guided through the theoretical foundation of Voices and introduced to the activities facilitated with girls throughout the group process.

Development of "Seniors" as Champions and Mentors

Jacki McKinney—Presidio

Seniors are often the "forgotten stakeholder" in trauma-informed advocacy and system change endeavors. For generations they have been nurturers and protectors, as well as secret keepers. While they can be excellent resources for mentoring, it is important to acknowledge their historical social constraints as we honor their longevity, and forward momentum. This workshop will consider the challenges and suggest strategies to engage elders in meaningful processes to unlock their truths through generational and community survivor partnership. Participants will explore opportunities to work together and bring these often untapped voices to the table.

Improving Behavioral Health Outcomes for Diverse Veterans and Their Families

Jamie Hart, Ph.D., M.P.H.—Rancho Santa Fe 1 An estimated one out of three service members and veterans met the criteria for needing behavioral health care in 2008. Of those requiring treatment, less than 50 percent sought behavioral health care, and only half received adequate treatment services. Veterans often don't access care due to perceived stigma surrounding mental health services, lack of convenient care, and perceived impact on military career. Specific populations face additional considerations, including the need for gender-specific care, the demands of care-giving responsibilities among female veterans, higher rates of combat exposure, war-time stressors among racial and ethnic minority veterans, along with geographic limitations and confidentiality concerns among rural veterans. This session will explore strategies combining awareness of these differences with an understanding of military culture.

Engaging Women in Trauma-Informed Peer Support

Cathy Cave and Darby Penney—San Diego C This workshop introduces a new technical assistance document from SAMHSA's National Center on Trauma-Informed Care (NCTIC), which was developed with the input and expertise of survivors from across the country, to assist peer supporters in understanding trauma's impact on the lives of women and to incorporate traumainformed principles into peer support relationships. The guide frames the core values of traumainformed peer support using language that is nonclinical and culturally congruent. It describes how peer support relationships are affected when any party involved has experienced trauma. The guide includes resources for applying trauma-informed principles, with a focus on factors essential for healing, choice, safety, mutual empowerment, mentoring, and cultural congruence. This tool can be a resource for advocacy, individual, programmatic, and organizational development, and trauma-informed systems change.

Medicaid Partnership, Compliance, and Program Development Strategies

Sarah H. Harkless, M.Ed.—Rancho Santa Fe 3

A new system of health care delivery is rapidly developing in this country that integrates behavioral health and physical health service delivery. In order to continue to survive and provide the best possible care for the individuals they serve, traditional behavioral health providers must develop partnerships with new entities, such as state Medicaid agencies. Medicaid currently provides more funds for the delivery of behavioral health services than any other source in the U.S. Thus, understanding the requirements for working in partnership with state Medicaid agencies makes good business sense. This workshop will provide a basic overview of these requirements, which will incorporate a description of the Medicaid program; explore opportunities available to receive payment for delivery of behavioral health services; identify specific strategies to enhance services for women; describe general compliance requirements; and examine federal and state program integrity efforts and outcomes.

Supervision and Partnerships with Peer Supporters in Trauma Healing

Beth Filson, M.F.A., CPS—Torrey Pines 3 In order to do no more harm in systems of care, trauma-informed cultures must pay attention to the needs of staff, as well as those receiving services. Women and girls heal in relationship with each other, not in isolation or out of context of the events that have shaped them. The mutual, reciprocal nature of peer support lends itself to relational healing. Boundaries, language, and relationships are different for peer specialists than for their clinical partners. Supervision is an important means of ensuring the health and integrity of peer support relationships. What are the special areas of focus in supervision for peer specialists? This mini workshop will outline some opportunities in supervision and partnerships with peer support.

Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency

Firoza Chic Dabby-Chinoy—Rancho Santa Fe 2 Starting with the landscape of migration, this session will clarify the distinctions between immigrants, refugees, asylum-seekers, trafficked individuals, and internally displaced peoples (IDPs). Participants learn how conditions in the sending and receiving countries affect their adjustment in the U.S. Cultural competency will focus on changing practice (rather than bias) and the contexts and rationales, including the importance and role of community guiding culturallyrelevant practice. Gender competency is equally important in behavioral health responses for immigrants and refugees, because providers can assess for gendered harms. Finally, a brief overview about working with interpreters will concentrate on how linguistic barriers can be addressed.

Trauma-Informed Approaches and Women in the Criminal Justice System

Niki Miller, M.S., CPS with Michele Hamasaki San Diego A

Although trauma-informed services are now the standard of care, integrating these approaches into a criminal justice setting can be challenging. The rewards are also substantial. Women can benefit greatly from tools that help them cope with the triggering correctional environment. However, women can only benefit if staff working in facilities also understand that trauma-informed approaches lead to better program engagement and safer correctional environments. This workshop speaks to the limitations and to the promise of trauma-informed correctional approaches and provides resources for those working with correctional staff.

Finding Your Own Spiritual Practices for Personal Well-Being, Trauma Healing, and Recovery

Rev. Laura L. Mancuso, M.S., CRC, CPRP Torrey Pines 1-2

Participants in this workshop will learn about and experience spiritual practices promoting wellness, trauma healing, and recovery. The workshop opens with gentle movement to help participants relax and get in touch with their bodies at the end of a long day. Rev. Mancuso will offer reasons why spirituality is important to mental health and discovering personally meaningful spiritual practices can be nurturing, healing, and fun. Participants will have the opportunity to share examples of spiritual practices that have been helpful to them and will benefit from a set of concrete recommendations for selecting and sustaining spiritual practices. Extensive resource lists are provided in the related handouts.

AGENDA

Thursday, July 19, 2012

Breakout Session G 75-minute workshops, discussions, and mini-plenary sessions
75-minute workshops, discussions, and mini-plenary sessions
See page 41 for more information
See page 41 for more information.
Break—Visit Exhibit Hall, network with colleagues, and CONFER!
Closing Plenary (Marriott Hall)
Sandra L. Bloom, M.D., The Trauma Informed Workplace
Taking the CONFERence home Facilitator: Deb Werner, M.A.
Closing Remarks, Sharon Amatetti, M.P.H. and all
Evaluations and Book Signing
Conference Closes

PLENARY SESSION



Sandra L. Bloom, M.D., creator of Sanctuary Model®

Associate Professor and Co-Director, Center for Nonviolence and Social Justice, Drexel University

Dr. Bloom has written several books, including, *Creating Sanctuary: Toward the Evolution of Sane Societies*, and *Bearing Witness: Trauma and Collective Responsibility*. Along with coauthor Brian Farragher, Chief Operating Officer of Andrus Children's Center, she also recently

finished *Destroying Sanctuary: The Crisis in Human Service Delivery Systems*. The third volume of this trilogy, *Restoring Sanctuary: Transform Your Organization and Change the World* will be published in January 2013 by Oxford University Press.

Many of us strive to create sanctuary and support for women and girls within themselves, their families, our agencies, networks, and our communities. Yet often as our agencies react to the challenges of money, policies, and conflicting demands, we fall short of this vision and purpose. As we prepare to move from our CONFERence community back to home, we are honored to have Dr. Sandy Bloom outline for us a way of thinking about the parallel challenges that may emerge between clients, staff, and the organization and some strategies to create parallel processes of recovery that are trauma-informed.

Following Dr. Bloom's presentation, we will work together to identify and proclaim action steps for preserving and expanding sanctuary and support for women and girls to create Health, Empowerment, Resilience, and Recovery.

BREAKOUT SESSION G

Thursday, July 19, 2012, 8:30-9:45 am

Speakers	Торіс	Session Type	Room
Iris E. Smith, Ph.D., Donna Wiesenhahn, M.Ed. and Eva Dolgin, M.S.W.	Practice-Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative	Mini-Plenary	San Diego B
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Workshop	San Diego A
Stephanie Covington, Ph.D., LCSW	Chat with Stephanie Covington	Facilitated Discussion	Presidio
Sherri Green, Ph.D., LCSW	Coaching in Women's Behavioral Health Programs: Options, Opportunities, and Essentials	Workshop	Rancho Santa Fe 3
Martha Kurgans, LCSW and Susan Green, M.P.A.	Screening and Early Interventions for Substance Exposed Infants	Workshop	Chicago/Atlanta
Karen Allen, Ph.D., RN, FAAN and Linda White Young, LICSW	Health, Empowerment, Resilience, and Recovery Outcomes for Pregnant and Post- Partum Addicted Women Who Received Treatment	Workshop	New York/ Orlando
Christina (Chrissy) James, M.S., CHES	Females and Suicide Prevention	Workshop	San Diego C
Tamu Nolfo, Ph.D.	Meeting Her Workplace Needs: Culturally and Linguistically Appropriate Services for Women	Workshop	Rancho Santa Fe 2
Imani Walker	Mothers in Recovery—Empowered and Making the Difference!	Discussion	Torrey Pines 1 – 2

ABSTRACTS — Breakout Session G

Practice-Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative

Iris E. Smith, Ph.D. M.P.H., Donna Wiesenhahn, M.Ed., and Eva Dolgin, M.S.W.—San Diego B

This session will provide an overview of SAMHSA's Service to Science Initiative, a national initiative designed to enhance the evaluation capacity of innovative programs and practices addressing critical substance abuse prevention or mental health needs. Initiatives that increase awareness of innovative strategies for the prevention of underage and risky alcohol use in young women will be highlighted. CANDLE's TRUST Group, New York, will provide information on complex issues related to gender identity in LGBT adolescents which contribute to risky alcohol use. The Kentucky Fetal Alcohol Spectrum Disorders (FASD) Prevention Program will provide effective strategies for engaging adolescent and young adult women as community change agents to prevent FASD.

Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence

Lisa James—San Diego A

With the passage of the Affordable Care Act and new recommendations from Secretary Sebelius stating women and adolescent girls be screened and counseled for domestic violence at no cost to the patient is a historic opportunity to reach thousands more women and children currently not being helped. However, providers must be trained on how to screen and counsel safely and effectively. This session will share the research on the impact intimate partner violence has had on behavioral health, as well as tools and resources for providers and communities on how to respond in a variety of settings. Strategies will be shared from statewide partnerships between health professionals and domestic violence advocates who have successfully promoted improved health and safety for women who have experienced domestic violence.

Chat with Stephanie Covington Stephanie Covington, Ph.D., LCSW Presidio

This session is an open forum discussion with keynote speaker, Stephanie Covington, Ph.D., LCSW. Come prepared with your questions for Dr. Covington. Participants also may engage in a dialog on maintaining and expanding gender-responsive, trauma-informed service systems.

Screening and Early Interventions for Substance Exposed Infants

Sue Green, M.P.A., NCAC, CDP and Martha Kurgans, LCSW—Chicago/Atlanta

This workshop will offer a presentation and discussion on program models from Washington State and Virginia for screening and early interventions of substance-exposed infants. This session will allow participants to gain information on the impact and importance of addressing the needs of substance-exposed infants and children and provide specific state and programmatic models employing a collaborative approach.

Health, Empowerment, Resilience, and Recovery Outcomes for Pregnant and Post-Partum Addicted Women Who Received Treatment

Karen Allen, Ph.D., RN, FAAN and Linda White Young, M.S.W., LICSW

New York/Orlando

This presentation demonstrates that SAMHSA's "Treatment Works" is accurate. Building on the Pregnant and Post-Partum Women and Children's Cross-Site Evaluation, this presentation reviews findings from 2006 to 2009 from approximately 24 treatment programs in an effort to document the impact of treatment on the health, empowerment, resilience, and recovery of pregnant and post-partum women who are addicted. Findings across several domains, including access to health care, changes in substance use, mental health symptomology, health access, length of stay, and child wellbeing, along with their potential lessons, will be provided.

Coaching in Women's Behavioral Health Programs: Options, Opportunities, and Essentials

Sherri L. Green, Ph.D., LCSW

Rancho Santa Fe 3

In this short introductory session participants will explore opportunities to apply coaching techniques in supervision and peer coaching for staff and clients. Short didactic sessions will be alternated with activities and practice opportunities where participants will explore applications and basic coaching skills. Session material can be applied to prevention and treatment settings.

Females and Suicide Prevention

Christina (Chrissy) James, M.S., CHES San Diego C

The session will focus on implemented suicide prevention programs across the nation, along with the successes and struggles accompanying these programs. Knowing the difference between men and women in terms of the rate and method of suicide helps communities develop programs to better fit individual needs. Suicide affects men and women at differing rates, and tailoring the message for specific female populations can lead to greater success. Females are also using social media to discuss their feelings, and there have been successes engaging social media to reach this population.

Meeting Her Workplace Needs: Culturally and Linguistically Appropriate Services for Women

Tamu Nolfo, Ph.D.—Rancho Santa Fe 2

Women have unique workforce needs. If our nation is to grow a healthy, sustainable workforce, then we must be able to recognize and meet these needs. In this highly interactive session, participants will explore the ways in which cultural identities and values—based on the intersection of gender, race, ethnicity, class, age, sexuality, religion/spirituality, occupation, and language impact the work environment. Then the cultural competence model's essential elements for practical application will be examined, identifying and rising to the challenge of meeting women's workforce needs. Cost-free follow-up technical assistance and training will be offered. The workshop and these services are provided through a contract with the California Department of Alcohol and Drug Programs—The Community Alliance for CLAS (www.allianceforclas.org).

Mothers in Recovery Empowered and Making the Difference!

Imani Walker—Torrey Pines 1 – 2

The lack of gender-responsive, trauma-informed, and family-based substance abuse treatment services is a health, child welfare, and criminal justice crisis that has manifested in the overrepresentation of substance abusing mothers in the child welfare and criminal justice systems. When a mother cannot access appropriate treatment, she generally fails in her attempt to maintain recovery. The Rebecca Project's Sacred Authority Program is a peer-led network of recovering mothers who have claimed voice, personal agency, and leadership. They're trained policy advocates who bring the power of personal stories of women in recovery from violence, trauma, and substance abuse. Their expertise bridges the wide divide between policy makers and the real lives of vulnerable women and girls. This workshop offers a model for peer-led leadership and advocacy as catalysts for systematic policy change.

BIOSKETCHES

Kareemah Abdullah, CPSIV Facilitator

Kareemah Abdullah, Vice President of Development and Youth Programs, oversees and directs Community Anti-Drug Coalitions of America's (CADCA's) strategic partnership and resource development department. Ms. Abdullah identifies, cultivates, and maintains partnerships that support major organizational goals and objectives. Previously Ms. Abdullah was the Deputy Director of CADCA's National Community Anti-Drug Coalition Institute established by Congress under the Drug Free Communities Support Act through the Executive Office of the President, Whitehouse Office of National Drug Control Policy (ONDCP) and had a career in corporate America spanning more than 20 years. Ms. Abdullah is also a Certified Prevention Specialist Level 4, served as Vice President and President-Elect of the board of directors for the Prevention Credentialing Consortium for the State of Georgia, as a member of the Georgia Steering Committee for the U.S. Department of Justice Serious and Violent Offender "Coming Home Reentry Initiative," and CEO of Genesis Prevention Coalition, Inc., a non-profit organization based in Atlanta, Georgia.

Erica Ahmed, M.A., M.S., CHES Health Promotion, Social Media, and Girls: When Wellness Can't Wait

Erica Ahmed, M.A., M.S., CHES, currently serves as the Director of Public Education at Mental Health America. She is charged with providing direction, as well as oversight, in the development of social marketing plans and culturally appropriate behavioral health promotion and prevention materials, which are disseminated to over 200 affiliates, the organization's partners, colleagues, as well as external partners. While working in public health for 15 years, Ms. Ahmed has been employed with local and state public health agencies providing technical assistance to grantees, monitoring contracts, and conducting site visits. She has also worked with a wide array of atrisk and affected populations, providing brief

counseling services with the use of the Harm Reduction Model across presenting behavioral health issues. She earned a M.A. in Counseling Psychology from Bowie State University, and a M.S. in Health Education from Columbia University. Ms. Ahmed is also a Certified Health Education Specialist (CHES).

Karen Allen, Ph.D., RN, FAAN
Health, Empowerment, Resilience and Recovery
Outcomes for Pregnant and Post-Partum Addicted
Women Who Received Treatment

Karen Allen, Ph.D., RN, FAAN, has been in the field of behavioral health care with an emphasis on women for 33 years. During this time, Dr. Allen has been a nurse, counselor, administrator, consultant, and now a researcher. She has conducted diagnostic assessments for many programs over a 10 year span; written many articles and books specific to the area of substance abuse and addiction. Dr. Allen was elected President of the International Nurses Society on Addictions (intNSA) for two terms. She has been an investigator on several research projects including two funded by the National Institute on Drug Abuse (NIDA) related to AIDS and drug use among women in prison, violence, and recently incarcerated women. Dr. Allen is the author of the Barriers to Treatment Instrument that allows women to identify for themselves what keeps them from getting to treatment and staying in treatment. She was the Lead Evaluator/Researcher of the Pregnant and Post-Partum Women and Children's Cross-Site Evaluation conducted from 2006-2009 and is currently the Lead in dissemination of the data via publications and presentations.

Hortensia Amaro, Ph.D.

Integrating Evidence-Based Practices and Real Life Experiences in Women's Treatment

Dr. Amaro's research focuses on public health epidemiology, prevention, and intervention in the areas of substance abuse, HIV/AIDS, mental illness, and inter-personal violence. Over the last 30 years, her work has focused on improving the connections between public health, research, and public health practice. Dr. Amaro has developed and tested prevention and treatment approaches for Latina and African American women, re-entry populations, and college students. In addition, she founded three ongoing women's addiction treatment programs in Boston, has been the principal investigator of over 35 federally-funded grants, and published over 130 research papers. Dr. Amaro is Associate Dean and Distinguished Professor at the Bouvé College of Health Sciences at Northeastern University and Director of the Institute on Urban Health Research. She served on the Boston Public Health Commission Board for 14 years, as well as served on review and advisory committees for SAMHSA, NIH, NIDA, NIMH and IOM. She is a founding member and steering committee member of the National Hispanic Science Network on Drug Abuse and member of the Institute of Medicine, National Academies of Science.

Sharon Amatetti, M.P.H.

Sharon Amatetti, M.P.H., is a Senior Public Health Analyst for the Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Substance Abuse Treatment (CSAT) and the SAMHSA Women's Issues Coordinator. Ms. Amatetti is responsible for ensuring that women and family issues are coordinated throughout SAMHSA and with other federal agencies. Ms. Amatetti also manages an interagency agreement with the Administration on Children, Youth, and Families to advance crosssystem coordination, which, in part, involves developing and managing a National Center on Substance Abuse and Child Welfare. She manages the agency initiative on drug-endangered children and a grant program to address the needs of children whose parents participate in Family Drug Treatment Courts. Sharon also serves as the CSAT coordinator for the State Women Services Coordinators; the

SAMHSA National Conference on Behavioral Health for Women and Girls, and the Women's Addiction Service Leadership Institute (WASLI). Ms. Amatetti is the recipient of the NASADAD Women's Services Network Leadership Achievement Award and she has a B.A. from Georgetown University and an M.P.H. from the University of California-Berkeley.

Rene Andersen, M.Ed., LCSW Why It Works and When It Doesn't: Effective Involvement of Peers in Services for Women and Girls

Rene Andersen, LCSW, is currently a recovery consultant/trainer for the U.S. Office on Women's Health and the Massachusetts Bureau of Substance Services, Ms. Andersen served as the keynote speaker for the U.S. Surgeon General's Summit on Women and Mental Health, Formerly the Associate Executive Director of the Consortium, she served as the principle investigator for two SAMHSA-funded grants: Women, Co-Occurring Disorders and Violence, and Peer-to-Peer Recovery Communities. All her work is based in the communities in which people live and work. A trainer and consultant for corporations, community organizations, as well as state and human service agencies, Ms. Andersen's areas of expertise include trauma-sensitive practice, peer leadership development, program development, community building, and advocacy. Ms. Anderson is in substance abuse, mental health, and trauma recovery and an impassioned advocate for women and girls who are survivors.

Leslie Karwoski Anderson, Ph.D. Eating Disorders, Substance Abuse, and Self-Harm/Suicidality in Adolescent Girls

Leslie Karwoski Anderson, Ph.D., is a Clinical Assistant Professor and Director of the Dialectical Behavior Therapy (DBT) Program at the University of California San Diego (UCSD) Eating Disorder Program. Dr. Anderson is a graduate of the University of Kansas, and completed her clinical internship at Duke University Medical Center. Before her appointment at UCSD, she held a clinical faculty appointment at the University of Washington and was a staff psychologist at the DBT Center of Seattle. She runs DBT groups for adolescents and adults with eating disorders and sees patients in the eating disorder program for family-based and individual treatment of anorexia, bulimia, binge eating disorders, and eating disorders not otherwise identified (EDNOS). Her research interests are in treatment development, evaluation, and outcomes.

Kim Archuletta, LCSW Trauma-Informed Clinical Supervision

Kim Archuletta, LCSW, is a licensed clinical social worker who has been involved in successful program design and interventions for women and substance abusing clients for over 20 years. She is currently on faculty at San Diego State University (SDSU) as the Director of Undergraduate Field Education and as a lecturer. Ms. Archuletta maintains a small private practice where she provides clinical consultations, supervision, program development, and trainings to treatment providers, as well as public health, child development, and other programs. She has served on numerous boards and committees over the years advocating for women, children, and treatment services. Ms. Archuletta currently serves on the SDSU Student Grievance Committee. California Faculty Association, and California Department of Alcohol and Drug Program (ADP) Women's Constituent Committee.

Susan B. Blacksher, M.S.W., MAC Why It Works and When It Doesn't: Effective Involvement of Peers in Services for Women and Girls

Susan B. Blacksher, M.S.W., MAC, has been honored for her extensive years as a public servant, policy advisor, implementer, lecturer, and community activist in the field of substance abuse. Her ten years of work in direct community services has included: recovery homes, a detoxification center, and an outpatient center. During her tenure with the California Department of Alcohol and Drug Programs, Ms. Blacksher established the first alcohol-related birth defects statewide committee and was instrumental in establishing over 23 new programs for women (predominantly responding to the needs of ethnic minorities and other underserved women). She has served as the Executive Director of the California Association of Addiction Recovery Resources (CAARR) since her retirement from the state in 1991. She maintains executive oversight, advocates for social model programs, and serves as a liaison with government and related agencies. She also has management responsibilities for several community programs, and is on numerous boards and commissions. Ms. Blacksher has received a multitude of awards and citations over her distinguished career, including being one of only eight other Americans to receive the America Honors Recovery Award from the prestigious Johnson Institute.

Patricia J. Bland, M.A., CDP Integrating Current Safety for All Family Members into Behavioral Health Treatment

Patricia J. Bland, M.A., CDP, is the Substance Abuse Specialist at the National Center on Domestic Violence, Trauma and Mental Health. Ms. Bland has served as a shelter-based advocate at New Beginnings in Seattle and a chemical dependency counselor for over 20 years. She developed the Domestic Violence/Chemical Dependency Outreach Project for King County at the Alcohol Drug Help Line in 1994 and as the original trainer for Providence Health System's Family Violence Program in Washington State. She directed the Training Project for the Alaska Network on Domestic Violence and Sexual Assault (ANDVSA) in Juneau for ten years, as well as provided training and technical assistance (TA) nationally. She has published several articles on substance use and violence against women. Ms. Bland also developed curricula for the Washington State Medical Association and the Perinatal

Partnership Against Domestic Violence. She is the author of ANDVSA's curriculum for advocates and co-author with Debi Edmund of *Safety and Sobriety: Real Tools You Can Use* and *Real Tools: Responding to Multi-Abuse.*

Barbara E. Bloom, Ph.D.

Invisible Resiliency: Justice-Involved Women Barbara E. Bloom, Ph.D., is a professor and the Department of Criminology and Criminal Justice Studies Chair at Sonoma State University. Dr. Bloom is the Co-Director (with Dr. Stephanie Covington) of the Center for Gender and Justice. She has directed a range of research projects focused on gender-responsive interventions and services to justice-involved women and girls. She has provided professional services to federal. state, and local criminal justice agencies, including the National Institute of Corrections, California Department of Corrections and Rehabilitation, Alameda County Sheriff's Office Maximizing Opportunities for Mothers to Succeed (MOMS) Program, and various probation departments throughout the State of California. Dr. Bloom is a past President of the Western Society of Criminology (WSC) and a recipient of the 2003 WSC Fellow Award for important contributions to the field of criminology. She is a recipient (along with Dr. Barbara Owen and Dr. Stephanie Covington) of the American Probation and Parole Association 2003 University of Cincinnati Award for the Gender-Responsive Strategies: Research, Practice, and Guiding Principles for Women Offenders report.

Sandra L. Bloom, M.D. Keynote: Trauma in the Workplace;

Chat with Sandra Bloom, M.D.

Sandra L. Bloom, M.D., is a board-certified psychiatrist, graduate of Temple University School of Medicine, and recipient of the Temple University School of Medicine Alumni Achievement Award. She is an Associate Professor of Health Management and Policy at the School of Public Health of Drexel University in Philadelphia and Co-Director of the Center for Nonviolence and Social Justice. Dr. Bloom is a Past-President of the International Society for Traumatic Stress Studies.

Dr. Bloom currently serves as Distinguished Fellow of the Andrus Children's Center in Yonkers, New York, and has partnered with the Andrus Children's Center in creating the Sanctuary Institute, a non-profit training program to teach and certify

organizations in the Sanctuary Model[®]. This model is now being applied in over 100 programs nationally and internationally, including congregate care children's programs; domestic violence and homeless shelters; inpatient and outpatient mental health settings for children and adults; child welfare agencies; and large multipurpose organizations.

She has written several books, including, *Creating Sanctuary: Toward the Evolution of Sane Societies*, and *Bearing Witness: Trauma and Collective Responsibility*. Along with co-author Brian Farragher, Chief Operating Officer of Andrus Children's Center, she also recently finished *Destroying Sanctuary: The Crisis in Human Service Delivery Systems*. They are working on the third volume of this trilogy, *Restoring Sanctuary: An Updated Operating System for Organizations*.

Kimberly Bond, M.F.T., LMFT Knowledge to Action: Implementing Services for Women and Girls

Kimberly Bond, M.H.S., LMFT, is President of the San Diego-based Mental Health Systems (MHS), a non-profit corporation and one of California's largest providers of progressive mental health substance abuse treatment. Ms. Bond is responsible for the organization's 90 programs located throughout southern and central California. Joining MHS in 1992, Ms. Bond developed an intricate understanding of the organization. Starting as a clinician and becoming a program coordinator, she went on to serve as Chief Operating Officer for 10 years and was charged with the day-to-day management of MHS. Responsible for overseeing hundreds of employees, Ms. Bond has contributed to the success of programs and the implementation of the William R. Mead Training Academy, which provides the training necessary to become certified in substance abuse counseling in the State of California. A leader in both mental health and recovery communities, Ms. Bond has served as President of the California Therapeutic Communities and San Diego Mental Health Contractors Association.

Martha (Marty) Duncan Bond, M.A. Discussant

Martha (Marty) Duncan Bond, Senior Public Health Advisor, joined the Office on Women's Health (OWH) in February 2011, where she leads the management of the HHS Chronic Fatigue Syndrome Advisory Committee (CFSAC) as the Alternate Designated Federal Officer. She previously served in various federal positions with SAMHSA and HRSA, where she has lead and coordinated prevention efforts in behavioral health, HIV/AIDS, and new models in public health service delivery for diverse communities. She has over 15 years in resource development for international and national organizations and previously lived for five years in Abidian, Cote d' Ivoire, West Africa. Ms. Bond is a former board member of Unity Foundation for Sustained Change, a 25-year organization founded to address the re-entry needs for women and their families in the Washington, D.C. metropolitan area. She holds a graduate degree in Community Health Promotion from Trinity Washington University and taught Case Management as an adjunct professor at Trinity's Graduate School of Professional Studies.

Jody Brook, Ph.D., M.S.W., LCSW Implementing Strengthening and Celebrating Families Programs: Sharing Experience and Strategies

Jody Brook, Ph.D., M.S.W., LCSW, received her Ph.D., with honors, from the University of Kansas, School of Social Welfare and is licensed at the clinical specialist level in social work. Dr. Brook served as a national research doctoral fellow for the Administration for Children and Families from 2003-2005. She is an Assistant Professor at the School of Social Welfare, where she teaches research methods in the graduate school. Dr. Brook currently serves as a principal or co-principal investigator for seven externally-funded research initiatives taking place at federal, state, and local levels. Her area of expertise is substance use and abuse across the lifespan, with particular emphasis on substance abuse and the child welfare system. As part of this work, Dr. Brook has served as project evaluator for eight site implementations of "Strengthening Families" or "Celebrating Families" programs.

Kimberly Brown, CPM Recovery Support Services for Women Across the States

Kim Brown has worked in the profession of addictions counseling for 20 years. Ms. Brown is a licensed addictions counselor and has worked as a program director for much of that time in various settings. She is a Certified Public Manager and has almost completed her Master of Public Administration degree from the University of Kansas. She completed the Addiction Technology Transfer Center's (ATTC's) Leadership Institute participating first as a protégé, and then as a mentor. Ms. Brown recently completed the Advanced Leadership Institute (ALI), and has been the Medicaid Coordinator for Addiction & Prevention Services since September of 2006 and the Acting Director (SSA) since March 2012. She has managed the Value Options managed care contract since July 1, 2007.

Vivian B. Brown, Ph.D. Integrating Evidence-Based Practices and Real Life Experiences in Women's Treatment

Vivian Brown, Ph.D., founder and former CEO of PROTOTYPES, a California non-profit agency, has 40 years of experience developing innovative mental health, substance abuse, trauma-informed, trauma-specific, HIV/AIDS, and co-occurring services. Dr. Brown has also conducted outcome studies, including for the Women, Co-Occurring Disorders, and Violence Study, and has numerous publications. She has been a member of many federal, state, and local advisory committees, including the SAMHSA's National Advisory Council and Women's Advisory Committee. Dr. Brown provides consultation services, focused upon integrating mental health, substance abuse, health, and trauma services, to a number of organizations, including state and local agencies throughout the country. She has recently developed a number of trauma-informed practice materials for Santa Clara County and for the Institute for Collaborative Response at San Jose State University.

Maureen Buell, M.S.A.
What Works for Women? Understanding Risk,
Need, and Resiliency

Maureen Buell, M.S.A., joined the National Institute of Corrections (NIC) in 2001 and leads NIC's Justice Involved Women Initiative, with a focus on assisting jails, prisons, and community corrections in the creation of evidence-based, gender-informed policy, procedure, and practice—with the objective of improving both system and individual outcomes. With collaborative partners, Ms. Buell has managed the development and implementation of

Women's Risk and Needs Assessments, the Women Offender Case Management Model, the Gender-Informed Practices Assessment, and an on-line curriculum specific to working with women. Other projects include managing a variety of training programs; developing a document and bulletins; and a broad range of technical assistance events, which are all specific to justice-involved women. Prior to NIC, she worked in a variety of capacities with the Vermont Department of Corrections, departing as the Director of Women Offender and Family Services. She has coauthored numerous articles, most recently related to women offenders and the impact of parental incarceration. Ms. Buell holds a B.S.W. and M.S.A.

Tonier Cain

Trauma and Recovery

The story of Tonier Cain's life is one of strength and resilience against what would be considered stacked against insurmountable odds. Ms. Cain's moving and inspiring story is a message of hope and motivation to move life forward for those who have had the opportunity to hear her speak. Her life began as a child experiencing chronic, severe abuse and neglect, leading to an adulthood of two nightmarish decades living on the streets enduring unrelenting violence, hunger, and despair, while racking up 66 criminal convictions related to her addiction. Incarcerated and pregnant in 2004, treatment for her lifetime of trauma offered a way out-and up. While many grew up in similar households with less privilege than most, her story illustrates the hope and potential living within every person, which can be tapped, bringing meaning and power into one's life. Today, she is an internationally renowned speaker. Ms. Cain is featured in the documentary Behind Closed Doors: Trauma Survivors and the Psychiatric System, and in Healing Neen. Now she travels across the world sharing her story of hope and resilience. Ms. Cain has spoken at the United Nations and presented at countless international, national, congressional, federal, and state conferences, as well as various organizations and venues.

Cathy Cave

Culture, Spirituality and Community; Engaging Women in Trauma-Informed Peer Support

Cathy Cave has more than 25 years' experience as an administrator, facilitator, and consultant specializing in cultural competence and disparities elimination, trauma-informed services, and supports. She is an established leader within child

welfare, juvenile justice, disaster response, mental health, and substance abuse services. She is one of New York State's early trauma champions, coordinating county collaboratives and the Mastering the Key Connection Statewide Trauma Conferences in the mid-1990s. Currently, she provides technical assistance to the National Center for Trauma-Informed Care, promoting trauma-informed practices and alternatives to seclusion and restraint. Ms. Cave is the former Director for Cultural Competence in the New York State Office of Mental Health. As a consultant, she utilizes her survivor, family, community, and provider perspectives to facilitate organizational change and improve service quality at local, state, and national levels.

Patricia Chamberlain, Ph.D.

Girls with Delinquency: Risks, Resilience, and Intervention

Patricia Chamberlain, Ph.D., leads two studies spanning 10 years that examined risk factors and intervention outcomes for 166 girls referred to the juvenile justice system for severe delinquency. Dr. Chamberlain's research has focused on developing evidence-based interventions. She founded the Multidimensional Treatment Foster Care model, an alternative to group, residential, and institutional placement, which is now being implemented in over 70 communities in the U.S. and Europe. She also conducts research on factors that predict successful implementation of evidence-based practices in communities. Dr. Chamberlain has authored several research reports and studies focused on girls (see www.oslc.org).

Tia Christopher

Military Sexual Trauma: A Survivor-Informed Approach to Care

Tia Christopher is a proud U.S. Navy Veteran. After Ms. Christopher's honorable discharge in 2001, she received her B.A. in Humanities with a focus in Psychology and currently works for the Farmer-Veteran Coalition (FVC) as the Director of FVC's Fellowship Fund. Prior to her current post, Christopher lived in Washington, D.C. and worked on the National Resource Directory, a joint project of the Departments of Defense, Labor and Veterans Affairs and served as the Women Veteran Coordinator for the Iraq Veteran Project in San Francisco. She speaks nationally on issues facing women veterans, has testified before state and national legislature, and was a community instructor for the National Center for PTSD, Menlo

Park. She is the author of You Are Stronger Than You Think You Are: A Straightforward Transition Manual. Ms. Christopher is the recipient of the 2010 Returning Veterans Resiliency in Response to Trauma Award.

Lisa Conradi, Psy.D.

Creating a Trauma-Informed Child Welfare System for Woman and Girls

Lisa Conradi, Psy.D., is a Clinical Psychologist at the Chadwick Center for Children and Families at Rady Children's Hospital in San Diego. Currently, she is serving as the Project Manager for the Chadwick Trauma-Informed Systems Project (CTISP), funded by SAMHSA as part of the National Child Traumatic Stress Network (NCTSN). CTISP is focused on helping child welfare systems become more trauma-informed in their daily practice. She is also working with the National Center for Child Traumatic Stress at the University of California, Los Angeles, as Program Manager for the current breakthrough series collaborative on "Using Trauma-Informed Child Welfare Practice to Improve Placement Stability." She has received training from the developers on Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) and Child-Parent Psychotherapy (CPP). She received her undergraduate degree in Psychology from the University of California, Davis and her graduate degree in Clinical Psychology from the California School of Professional Psychology in San Diego, California. She is on the editorial boards for the Journal of Aggression, Maltreatment and Trauma and Journal of Child and Adolescent Trauma and lately served as an editor for the recently published book, Female Offenders of Intimate Partner Violence.

Stephanie Covington, Ph.D., LCSW Gender Matters: Creating Services for Women and Girls keynote, Invisible Resiliency: Justice-Involved Women; Chat with Stephanie Covington Stephanie S. Covington, Ph.D., LCSW, is a nationally recognized clinician, author, organizational consultant, and lecturer. Dr. Covington is a pioneer in the field of women's issues, addiction, and recovery. She has developed an innovative, gender-responsive, and trauma-informed approach to the treatment needs of women and girls that results in effective services in public, private, and institutional settings. She has served on the faculties of the University of Southern California, San Diego State University, and California School of Professional Psychology.

Dr. Covington is a former Women's Committee of the International Council on Alcoholism and Addiction Chair, and a board-certified Diplomate of the National Association of Social Workers. American Board of Sexology, and American Board of Medical Psychotherapists, as well as an American Association of Marriage and Family Therapy member. She is the featured consultant and therapist on the Oprah Winfrey Network docureality show, "Breaking Down the Bars." Dr. Covington is based in La Jolla, California, where she is Co-Director of the Institute for Relational Development and the Center for Gender and Justice, which seeks to expand gender-responsive policies and practices for females who are under criminal justice supervision. Dr. Covington is the co-author of a three-year research projects, including Gender-Responsive Strategies: Research, Practice, and Guiding Principles for Women Offenders, for the National Institute of Corrections.

Kimberly Craig Sober and Supportive Housing for Women and Families

Kimberly Craig has over 13 years of professional experience working in the substance abuse field. She is currently employed as Vice President of Women's and Children's Programming for Community Bridges, Inc. in Phoenix, Arizona. In this role Ms. Craig is responsible for overseeing all aspects of service delivery and operations of gender-specific programming for women and their children. It includes the Center for Hope's longterm residential program for pregnant and parenting women; ASPIRE women's outpatient programs, and permanent/supportive housing programs. The programs under her direction are gender-responsive, holistic, trauma-informed, and designed to meet the complex and unique needs of women with co-occurring disorders, which includes permanent, safe, affordable, and supportive housing. Ms. Craig's dedication and commitment to women's addiction services was recognized with her selection to participate in the Women's Addictions Services Leadership Institute (WASLI) sponsored by SAMHSA in 2011. Prior to joining Community Bridges in 2004, she held the position of Program Coordinator at Rimrock Foundation in Billings, Montana. Her educational background includes an Associate Degree in Alcohol and Drug Studies and a Bachelor's degree in Human Services. Ms. Craig is currently taking courses to complete a Master's degree.

Firoza Chic Dabby-Chinoy

Kevnote Empowerment, Resilience, and Recovery Occur in the Context of Women's Lives and Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency Firoza Chic Dabby is the Director of the Asian & Pacific Islander Institute on Domestic Violence, a national resource center engaged in advocacy, research, policy, training, technical assistance provision, and analysis of critical issues on violence against Asian and Pacific Islander women. Prior to this work, she was the Executive Director of Narika, a helpline for abused South Asian women, and worked at the Psychological Services Center for 17 years. She has been in the domestic violence field over 25 years. Along the way she has acquired expertise on a variety of topics, such as violence against Asian women; strategies for advocacy, community engagement, systems change, and movement building; the psychological and economic effects of violence over the life course; trafficking; intimate homicide; and child custody. She writes, trains, and presents extensively about these and many other issues, as well as serves on several advisory committees. As an activist and a feminist, she is interested in how the movement's collective experience, knowledge, and outrage can be applied to stop violence against women.

Jeri Davis, M.B.A.

Marketing Women's Specific Services During Health Care Reform

Jeri Davis, M.B.A., is President of Jeri Davis International Healthcare Consultants and Recruiters (JDI). Ms. Davis is a nationally recognized consultant/recruiter in the behavioral health care field. Clients of JDI include for-profit and not-for-profit industry leaders across various health sectors. Jeri is recognized as one of the pioneers in the behavioral health care marketing field, and author of two books: Marketing for Therapists: A Handbook for Success in Managed Care and Marketing for Behavioral Healthcare Organizations. She is a frequent speaker for the National Association of Psychiatric Health Care Systems. She also has consulted for the American Psychiatric Association and American Mental Health Counselors Association. Ms. Davis was commissioned by the National Council to develop a white paper on workforce issues in behavioral

health for the President's Commission on Mental Health. Ms. Davis holds an M.B.A. from the University of South Florida, where she also completed Ph.D. course work in clinical psychology.

Eva Dolgin, M.S.W.

Practice-Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative

Ms. Dolgin is the Deputy Director of Programs at My Sisters' Place, Westchester County, New York's premier domestic violence and human trafficking services provider, where Ms. Dolgin supervises training, education, self-sufficiency, and volunteer programs. At CANDLE, she is cofacilitator of TRUST, a weekly psycho-educational support group for LGBTQ and allied adolescents between the ages of 13-18. She is a frequent workshop facilitator at Common Threads, CANDLE's annual youth empowerment retreat. She also has been a lead facilitator for Queer Spirit Camp, a week-long empowerment retreat for LGBTQ and allied 18-24 year olds, hosted by Easton Mountain. Ms. Dolgin has spent her career educating and supporting teens, young adults, and professionals, guiding each of these groups to identifying the intersections of violence, gender, LGBTQ-identity, and trauma. Her work with professionals emphasizes assessment, effective prevention, and intervention approaches for youth and young adults, with an emphasis on enhancing skill development, connectedness to self and community, and healthy decision making.

Jacqueline Doodley Recovery Support Services for Women Across the States

Jacqueline Doodley is a Chemical Dependency Counselor Assistant (CDCA) and a recovery coach trainer. She has been in the addictions field for 15 years. Ms. Doodley is a person in long-term recovery since 1993. She has worked with men who were chemically dependent, mentally ill, and immersed in anti-social behaviors and attitudes. In 2000, Ms. Doodley received a Letter of Commendation. She counseled in ODADAS' prison therapeutic community for six years before taking a Regional and Women's Coordinator position. She serves as the liaison to 14 counties within Ohio's 88 county composition. She is responsible for filling the local board volunteer alcohol and drug (AOD) positions; serves as the department's liaison on

issues related to human trafficking, HIV, traumafocused care, intimate partner violence, sexual coercion, and infant mortality. She currently serves as the state's trainer working with the LGBTQ and criminal justice communities, as well as recovery coaching.

Juliet C. Dorris-Williams, M.S.W., LISW-S Find Your Passion—Find Your Purpose

Juliet C. Dorris-Williams, M.S.W., LISW-S, is the first Executive Director for The P.E.E.R. Center, a peer recovery center in Columbus, Ohio. At The P.E.E.R. Center, an acronym for Peers Enriching Each Others' Recovery Center, Ms. Doris-William's oversees the operations of a peer support, wellness, and recovery effort. The Center's programming integrates mental health, addiction and trauma recovery, as well as life skills, job support, and healthy relationships. She is a person walking the recovery journey. Prior to her work at The P.E.E.R. Center, Ms. Dorris-Wiliaims provided administrative oversight for the social services programs for Lutheran Social Services of Central Ohio. She also spent more than 22 years working in state government. She oversaw statewide programming for minority health and HIV/AIDS/STD prevention in Ohio, as well as the HIV/STD Prevention and Alcohol and Drug Abuse Prevention programs in Indiana. She has a Bachelor of Science in Psychology from Indiana State University; a Master of Social Work from the Indiana University School of Social Work at Indianapolis; and completed course work at the Methodist Theological School in Ohio as a part of her on going spiritual life journey.

Sherri Downing

Understanding the HEARTH Act and Changes in Homeless Service Systems Serving Women and Families

Sherri Downing, an Advocates for Human Potential, Inc. (AHP) Senior Program Associate, is a nationally recognized expert in the area of frontier/rural homelessness, including the related issues leading to and sustaining homelessness in these and more urban environments, such as poverty, domestic and sexual violence, mental and substance use disorders, and co-occurring disorders. She is an experienced coalition and capacity builder, as well as very knowledgeable in initiating and implementing the strategies, public policies, and practices needed to address homelessness. As a member of the AHP team, Ms. Downing has worked on a variety of projects and

provided technical assistance addressing homelessness, case management, supported housing, strength-based serves, trauma, and cultural competence. She has also served as team lead on a series of expert panel events, which include topics on homelessness prevention, homelessness among veterans of recent conflicts, and homelessness on the frontier and in rural America. She is currently co-training a SAMHSA-sponsored Virtual Learning Classroom (VLC) on effective case management.

Alexa Eggleston, J.D.

What Works for Women? Understanding Risk, Need, and Resiliency

Alexa Eggleston, J.D., is the Substance Abuse Program Director for the Council of State Governments Justice Center. Ms. Eggleston's portfolio includes addiction policy research. analysis, and development for the Justice Center's Justice Reinvestment project and the National Reentry Resource Center. In particular, her work with the Justice Center focuses on the intersection of criminal justice and addiction treatment policy and practice, promoting cross-agency collaboration to expand access to treatment for justice-involved individuals with co-occurring disorders. Prior to joining the Justice Center, she was the Director of Public Policy at the National Council for Community Behavioral Healthcare where she led the National Council's federal addiction policy agenda. Prior to her work at the National Council, Ms. Eggleston was the Director of National Policy at the Legal Action Center, where she advocated on behalf of individuals with addiction histories. HIV/AIDs, and criminal records, with a particular focus on increasing access to prevention. treatment, recovery services, and reforming discriminatory laws and policies. She received her law degree from University of Maryland and her undergraduate degree from John Carroll University.

Kana Enomoto, M.A.

Looking at the Future of Women's Services
Kana Enomoto was appointed in August 2011
as the Principal Deputy Administrator for the
Substance Abuse and Mental Health Services
Administration (SAMHSA), at the U.S.
Department of Health and Human Services
(HHS). In this capacity, she shares responsibility
with the Administrator to provide executive
direction and policy leadership for an agency
with more than 500 employees and a fiscal year

budget of approximately \$3.3 billion. Ms. Enomoto brings 13 years of experience in the behavioral health field. She served as the Acting Director of the Office of Policy, Planning, and Innovation, Principal Senior Advisor to the Administrator and Acting Deputy Administrator. In these roles, she coordinated activities on behalf of the Administrator across the full spectrum of mental health and substance abuse policy issues, SAMHSA's grant and contracts portfolio, process improvement, and interagency/inter-sector collaborations. Among her accomplishments, she developed an employee led PeopleFirst team to encourage vertical and horizontal communication and collaboration and to create an environment that promotes a learning organization across a multigenerational, diverse and engaged workforce. Ms. Enomoto began her tenure at SAMHSA in 1998 as a Presidential Management Fellow and Public Health Advisor. Ms. Enomoto's background is in clinical psychology. She received her bachelor's and master's degrees from the University of California, Los Angeles and is a 2011 graduate of Harvard University's Kennedy School of Senior Managers in Government Program.

A.J. Ernst, Ph.D.

The Challenges and Solutions of Evidence-Based Practices in Native Communities: The Story of Discovery Dating

A.J. Ernst, Ph.D., brings more than 30 years of experience in the field of substance abuse and mental health prevention and treatment as a licensed clinician, academician, and administrator. Dr. Ernst is the Project Director for Center for Substance Abuse Prevention's (CSAP's) Native American Center for Excellence, a national resource providing training and technical assistance to tribes and non-tribal entities on issues related to substance abuse prevention.

Francine Feinberg, Psy.D., LCSW Being Family-Centered: A Relational Approach to the Treatment of Women

As the Executive Director of Meta House in Milwaukee, Dr. Feinberg is nationally recognized for her development of a very successful integrated approach to treatment for women with substance use disorders. She was a member of the Advisory Committee for Women's Services of the Joint

Council of the Substance Abuse and Mental Health Services Administration and a member of the Joint Council's Sub-Committee on Co-Occurring Disorders. She chaired a committee writing the Treatment Improvement Protocol (TIP) for substance use treatment of women published in 2010 by CSAT. She was a member of the national panel of experts who developed "Addressing the Needs of Women and Girls: Core Competencies for Mental Health and Substance Abuse Service Professionals" and was appointed to the National Advisory Council on Maternal, Infant, and Fetal Nutrition.

Vincent J. Felitti, M.D.

Adverse Childhood Experiences Study and Chat with Dr. Felitti

Vincent J. Felitti, M.D., is Co-Principal Investigator of the Adverse Childhood Experiences (ACE) Study, an ongoing collaborative research between the Kaiser Permanente Medical Care Program and the Centers for Disease Control. The ACE Study, with its more than 60 publications, explores prospectively and retrospectively in a 17,000person cohort the profound relationship of ten categories of adverse life experiences in childhood to health, well-being, disease, and death decades later. Dr. Felitti is an internist who started as an infectious disease physician in 1968 at Kaiser Permanente in San Diego and then in 1975, founded the Department of Preventive Medicine; he served as the Chief of Preventive Medicine until 2001. Under Dr. Felitti's leadership over the years, the Department of Preventive Medicine provided comprehensive, biopsychosocial medical evaluation to assess the health risks and disease burden of over one million individual adults. Major health-risk abatement programs were developed for obesity, smoking, and stress, as well as a population-based screening for the genetic disease, Hemochromatosis. Dr. Felitti is Clinical Professor of Medicine at the University of California and a Fellow of the American College of Physicians.

Johanna Ferman, M.D.

Making or Breaking Integration: Unspoken Challenges, Untold Potential—Essential Navigation to Prepare for Health Reform and the Coming Changes in Reimbursement

Nationally recognized for the innovation and sustainability of her work on integration, Dr. Ferman has moved between program operations, policy, and regulatory roles over three decades. Early career exposure to the devastating impact of the U.S. health systems on poor and vulnerable women, children, and families resulted in her strong conviction for the need to transform outcomes through integration. She has pursued this as Deputy Commissioner for Clinical Programs for the New York State Office of Mental Health, as Founder of the Family Health Model at the Center for Mental Health in Washington, D.C. (which garnered Congressional and Robert Woods Johnson support and a Gold Achievement Award from the American Psychiatric Association). Serving as Director of Behavioral Health in Primary Care for Contra Costa County's Health Department, and the Principal of Integrus Health Group, Dr. Ferman was able to catalyze integration between behavioral health and primary care. A board certified psychiatrist, she is based in Kensington, California.

Beth Filson, M.F.A., CPS Supervision and Partnerships with Peer Supporters in Trauma Healing

In 2002 Ms. Filson was hired as Georgia's first project manager for its statewide training and certification program for peer specialists. Dissatisfied by the lack of attention on trauma within behavioral health settings, she piloted the first statewide training for Certified Peer Specialists (CPS) in trauma-specific peer support. She is currently a consultant with the Massachusetts Self-Injury and Healing Project, an initiative of the state's Department of Mental Health and its partners in developing and piloting guidelines for working with people whose trauma adaptations and coping strategies result in intensive treatment and/or lengthy in-patient hospitalizations. She coauthored the guide Engaging Women in Trauma-Informed Peer Support, a product of the National Center for Trauma-Informed Care (NCTIC). She co-facilitates Intentional Peer Support with Shery Mead and consults for the National Association of State Mental Health Program Directors, and NCTIC. She is a self-taught artist and currently resides in western Massachusetts.

Norma Finkelstein, Ph.D., LCSW
Mental Health and Substance Abuse Screening
Outcomes for Women At-Risk of an AlcoholExposed Pregnancy in Behavioral Health and
Other Health Care Settings

Norma Finkelstein, Ph.D., is Founder/Executive Director of the Institute for Health and Recovery, a Massachusetts statewide policy/systems development, training, services, and research organization. Dr. Finkelstein has been Principal Investigator and Manager of over 50 public health, mental health, and maternal and child health programs, grants and contracts, with more than 50 professional publications and curricula. She has been recipient of numerous awards, including the Alcoholism and Drug Abuse Association of Massachusetts for Outstanding Leadership in the Field of Substance Abuse Award; Cambridge Mayor's Crossing Generations Award for support and commitment to young women's development; National Association for Perinatal Addiction Research and Education (NAPARE) Award for dedication/commitment to service and research on behalf of alcohol and drug dependent women; Massachusetts Chapter of National Association of Social Workers (NASW) Most Significant Contribution to Social Work Practice Award; ADPA Outstanding Accomplishments in Alcohol and Drug Programming Award; National Council on Alcoholism and Drug Dependence New Pioneer Award, and National Center on Substance Abuse and Child Welfare's (NCSACW's) Collaborative Leadership Award.

Robert Charles Freeman, Ph.D. Women's Health Research at the National Institutes of Health

Robert Charles Freeman, Ph.D., is a Program Official in the Division of Epidemiology and Prevention Research at the National Institute on Alcohol Abuse and Alcoholism (NIAAA), National Institutes of Health. At NIAAA, he oversees the research portfolios in the epidemiology and prevention of alcohol-related violence, as well as alcohol-related HIV/AIDS risk. He is a member of a number of federal panels devoted to violence prevention. Dr. Freeman received his Ph.D. (Urban Sociology) from Fordham University in 1994. He is the author of Handbook for Conducting Drug Abuse Research with Hispanic Populations (Praeger Publishers, 2002); has authored or coauthored approximately 20 scientific papers in the fields of HIV/AIDS and substance abuse; and has

been a reviewer for the Journal of Urban Health, AIDS Care, and Journal of Adolescent Health.

Patrice Gaines

Power of Women and Chat with Patrice Gaines Patrice Gaines was a newspaper reporter for 23 years, working as a reporter for The Washington Post for more than 16 years. While at the Post she wrote two books and won several prestigious awards for her journalism, including the National Black Journalists First Place Award For Commentary. She was part of a reporting team that was a finalist for the Pulitzer and was a Journalism Fellow at the University of Michigan. Her work has appeared in numerous publications including Essence and the New York Times Magazine. In addition to writing for publication, her commentaries have been broadcast on National Public Radio's "All Things Considered" and NPR's now defunct "Blues & Notes." As a motivational speaker, Ms. Gaines travels the country, talking at conferences, colleges, prisons and drug rehab programs, inspiring audiences with the incredible story of her own life. More recently, she has focused on prison reform and assisting formerly incarcerated people. She has co-founded a nonprofit, the Brown Angel Center, which gives a monthly workshop for women at the Charlotte-Mecklenburg County Jail. She has received numerous awards for her humanitarian work. In 2009, she received a Soros Justice Media Fellowship to support the writing of a series of articles about the impact of incarceration in the Black community. She holds writing workshops, entitled "Writing by the Water," in which she teaches women writers on Tighlman Island, Md. and new writers—both male and female—from her home in Lake Wylie, S.C.

Rosa M. Gil, D.S.W.

A Community Defined Intervention to Reduce Suicide Among Latina Adolescents

Rosa M. Gil, D.S.W., is Founder, President, and CEO of *Communalize, Inc.*, a health and human services agency providing culturally competent mental health, social services, and supportive housing for homeless individuals and families living with mental illness or HIV/AIDS. Dr. Gil has served as New York City Health Policy Advisor to the Mayor; Chairperson, New York City Health and Hospitals Corporation; University Dean for Health

Science at City University of New York; and Executive Deputy Commissioner for Families and Children at New York City Human Resources Administration. Among her accomplishments has been Life is Precious, ™ a program for suicide prevention among Latina adolescents; Multicultural Relational Approach for Diverse Populations ™ and *Maria Paradox*, the first authoritative book on selfesteem and Hispanic women.

Sandra Naylor Goodwin, Ph.D., M.S.W. Implementing and Sustaining Evidence-Based Practices

Sandra Naylor Goodwin, Ph.D., M.S.W., is the founding President and CEO of California Institute for Mental Health (CiMH), and has 30 years of professional experience in the behavioral health field. This experience includes administration, treatment, service methodologies, planning, and policy development at the county and state levels. Dr. Goodwin is currently developing strategies for implementation of health care reform as it applies to behavioral health. This body of work includes focus on the bidirectional integration of mental health, substance use disorders, and primary healthcare. Over the last several years CiMH has been responsible for policy development, training and technical assistance to support the Mental Health Services Act (MHSA), which California voters passed in November 2004 (Proposition 63). As principal consultant to the Assembly Health Committee of the California Legislature, she was influential in development of several pieces of fiscal and program reform legislation, including mental health realignment, Medi-Cal consolidation, the California Mental Health Master Plan, and California compliance with the Americans with Disabilities Act (ADA). She was a practicing clinician and Director of Mental Health and Alcohol and Drug Abuse for Placer County. She holds a B.A. from California State University, Long Beach; an M.S.W. from West Virginia University; and has a Ph.D. in Clinical Psychology from the Professional School of Psychology.

Sherri Green, Ph.D., LCSW
Coaching in Women's Behavioral Health
Programs: Options, Opportunities, and Essentials
Sherri Green, Ph.D., has worked in the perinatal
and maternal substance abuse field for over 20
years. She brings her experience as a clinician,
leader, researcher, and teacher to this session
where the use of coaching techniques in women's
behavioral health programs will be explored. She is

a research assistant professor in the University of North Carolina's Department of Maternal and Child Health and has been trained as an executive business coach, Connecticut Community for Addiction Recovery™ (CCAR) Recovery Coach, and is certified in the EQi 2.0, Firo B, and MBTI Step II instruments, often used in business and leadership coaching.

Sue Green, M.P.A., NCAC, CDP Screening and Early Interventions for Substance Exposed Infants

Sue Green, M.P.A., NCAC, CDP, is a nationally and state certified addictions counselor and has been working in the substance abuse field since 1986. Ms. Green has worked with both adults and adolescents in residential and outpatient treatment settings. In September 1998, she began her state service with the Division of Behavioral Health and Recovery as the At-Risk/Runaway Youth Coordinator and currently holds the position of Behavioral Health Adult Treatment Services Lead. She has spent the last 10 years specifically working on pregnant and parenting women's issues in the state office and is the Women's Services Coordinator for Washington State. She holds a Bachelor of Arts in Sociology from Washington State University (1985) and earned her Master of Public Administration from The Evergreen State College (1998).

Angela Halvorson

Military Culture for the Non-Military Therapist

Angela Halvorson is a Senior Program Associate at the Center for Healthcare Solutions, a division of Advocates for Human Potential, Inc. (AHP). Ms. Halvorson is an Operation Iraqi Freedom veteran and the wife of an active Army soldier currently deployed to Afghanistan. As a consultant, she has written training manuals, policy papers, and materials on veteran's issues, military families, substance use disorders, Access to Recovery (ATR), Screening Brief Intervention and Referral to Treatment (SBIRT), and other topics. She has served in the National Guard for 18 years and currently is a Major in the Washington Army National Guard. She has a Bachelor's in Media and Mass Communication from the former Northeast Missouri State University in Kirksville, Missouri, and completing a Master's in Public Affairs at Park University, Parkville, Missouri.

Michele Hamasaki

Trauma-Informed Approaches and Women in the Criminal Justice System

Michelle Hamasaki has been very involved with Warden Patterson in the extraordinary culture change at the woman's prison in Hawaii.

Sarah H. Harkless, M.Ed.

Medicaid Partnership, Compliance, and Program Development Strategies

Sarah Harkless, M.Ed., is the Director of Development for the Mental Illness/Substance Abuse Services Division of the Alabama Department of Mental Health (DMH). In this capacity, Ms. Harkless serves as the subject matter expert in emerging trends in substance abuse treatment. Medicaid services, health care reform, and women's services. She also develops strategies to incorporate identified practices into the division's planning processes and operational policies and procedures; monitors applicable federal and state regulations to insure divisional compliance and operational currency; and coordinates and manages implementation of divisional technical assistance. She served as the division's Women's Substance Abuse Services Coordinator for eight years and was elected chairperson of the Pregnancy and Parenting Committee of the Women's Services Network of the National Association of State Alcohol and Drug Abuse Directors in 2011. She completed the Prairielands Addiction Technology Transfer Regional Center's Leadership Institute. She earned her Master's in Counseling and a Bachelor's in Psychology from the University of Alabama at Birmingham, and has 37 years of experience in the behavioral health care field.

Jamie Hart, Ph.D.

Improving Behavioral Health Outcomes for Diverse Veterans and Their Families

Jamie Hart, Ph.D., M.P.H., is Senior Vice President for Health Equity, Strategy, and Communication at Atlas Research. Dr. Hart's commitment to decreasing health disparities and creating health equity is evident in her work with various population groups, including communities of color, women, veterans, and individuals experiencing homelessness. She is currently working with the Office of Minority Health to design and implement a national strategy for ending health disparities and with the National Institutes of Health to implement their Community Health Worker-Health Disparities

Initiative. She has worked with SAMHSA on policy academy initiatives to address homelessness, cooccurring disorders among returning veterans, and behavioral health prevention programs within Historically Black Colleges and Universities (HBCUs). She holds a Master's degree in Public Health, Health Behavior, and Health Education, and a Doctorate of Philosophy in U.S. history with a specialization in African American history, all from the University of Michigan.

Stephanie Hawkins Anderson, Ph.D., M.S. Adolescent Girls 101: Development and Behavior Stephanie Hawkins Anderson, Ph.D., M.S., is a child clinical psychologist and has worked at RTI International located in Research Triangle Park, North Carolina for 10 years. Dr. Hawkins Anderson received her clinical training at Howard University in Washington, D.C. and completed a two-year postdoctoral research and clinical fellowship at Stanford University in the Department of Psychiatry focused on violence prevention and mental health treatment with children and adolescents. She has spent the last two decades devoted to research on child and adolescent problem behaviors. Her particular areas of expertise are youth violence prevention (e.g. teen dating violence, sexual violence, and exposure to community violence), risky behaviors and protective factors among youth, and juvenile delinquency. Her clinical work has focused on youth and families of color residing in resource-poor urban communities. She has published book chapters and numerous articles in peer reviewed journals and government research briefs.

Jill G. Hensley, M.A.

Mental Health and Substance Abuse Screening Outcomes for Women at Risk of an Alcohol Exposed Pregnancy in Behavioral Health and Other Health Care Settings

Jill Hensley currently serves as Project Manager of the Coordinating Center within the Fetal Alcohol Spectrum Disorders (FASD) Center for Excellence, funded by SAMHSA. In this role, she oversees 23 field implementation sites providing services for women and children in a range of settings to either prevent or address FASD. In addition, Ms. Hensley facilitates learning communities within and across the subcontractor initiatives, encouraging information sharing and peer mentoring to improve implementation and outcomes. Her technical expertise includes training and technical assistance delivery, product development and dissemination,

web management, focus group facilitation, survey and evaluation research, data analysis, and reporting. Overall, she has provided management and technical expertise on a range of federal government contracts in public health for over 20 years.

Denise Holden, M.H.S., ICADC Unifying Women's Voices: Empowering Diversity Through Recovery Experiences

Denise Holden holds a Master's in Human Services, an undergraduate degree in Sociology, and is an Internationally Certified Alcohol & Drug Counselor (ICADC). Ms. Holden is a member of numerous steering committees and involved in projects throughout the Commonwealth to create a recovery-oriented system of care. She has worked in the field since 1984 and uses this experience to develop new and innovative recovery based programs. She is the Founder and CEO of the RASE Project, a multi-faceted regional recovery community organization serving central Pennsylvania since May 1, 2001. As a person in long-term recovery herself, she understands the importance of upholding the rights of recovering people and recognizes the many positive aspects of recovery, despite the stigma associated with active addiction. In 2009, she was selected as one of 14 women to participate in the inaugural Women's Addiction Services Leadership Institute (WASLI) sponsored by SAMHSA and CSAT. In 2010, the RASE Project was the recipient of the State Associations of Addiction Services (SAAS) and NIATx iAward, honoring leading innovators in behavioral health care services. RASE was one of eight organizations to receive this national recognition. The RASE Project continues to be one of the country's leading recovery community organizations (RCO).

Daphne Hookano

Invisible Resiliency: Justice-Involved Women
Daphne Hookano has been very involved with
Warden Patterson in the extraordinary culture
change at the woman's prison in Hawaii.

Beth Hossfeld, M.S., LMFT Girls Circle Trauma Training and Girls Circle Trauma Responsive Curriculum

Beth Hossfeld, M.S., LMFT, is the Associate Director and Co-Founder of One Circle Foundation. Original developer of Girls Circle[®], Ms. Hossfeld provides national training, consultation, technical assistance, quality assurance and support related to gender responsive services to non-profit agencies, government, state-supported programs, institutions, and systems that work with adolescents. She serves as Research Coordinator with communities and evaluators in national studies of One Circle Foundation's circle program models. She is co-developer and co-author of the Girls Circle® Facilitator Training Manual, The Council for Boys and Young Men® Facilitator Manuals, Mother-Daughter Circle®: Heart of the Matter, and contributor to the Women's Circle,™ as well as several facilitator activity guides. She has been a contributor and editor of the Girls Circle® Trauma Training and Girls Circle® Trauma Responsive Curriculum for Girls, the comprehensive, gender-responsive program to address a key risk factor for girls-sexual abuseas well as develop safe and healthy connections, build on strengths, and foster resiliency. She has served as Clinical Director of a wide reaching school-based mental health and drug and alcohol prevention program. She received her M.S. in Counseling from San Francisco State University. Girls Circle® is a nationally recognized genderresponsive program, listed on the Office of Juvenile Justice and Delinquency's Model Programs Guide.

Christina (Chrissy) James, M.S., CHES Females and Suicide Prevention

Chrissy James, M.S., CHES, obtained her Master's in Community Health Education with a focus on Psycho-Social Health from the University of West Florida. She has worked for the U.S. Navy and U.S. Marine Corps in the suicide prevention and health promotion field for seven years prior to joining the public health service. She transferred to Substance SAMHSA to work within the Suicide Prevention Branch. She currently works as a liaison officer for the U.S. Marine Corps Camp Pendleton promoting suicide prevention efforts, as well as working with grantee across the nation promoting suicide prevention in youth aged 10-24 through the Garrett Lee Smith Suicide Prevention Grant.

Lisa James

Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence

Lisa James is Director of Health at Futures Without Violence. As part of a National Health Initiative on Domestic Violence, Ms. James has collaborated with health care providers, domestic violence experts and health policy makers in over 20 states across the U.S. to develop statewide health care responses to domestic violence through training, health policy reform and public education. She currently helps coordinate Project Connect: A 10 state initiative to educate public health professionals on violence prevention and response. She was the recipient of the American Medical Associations' Citation for Distinguished Service for her efforts to train health care providers on domestic violence. She coordinates the biennial National Conference on Health Care and Domestic Violence (attended by over 1000 participants). During her 17 years with Futures Without Violence, she has also worked on an international program, collaborating with leaders from non-governmental and health care organizations in Russia, Mexico, India, and China.

Bernestine Jeffers

Recovery Support Services for Women Across the States

Bernestine Jeffers is the Women's AODA Treatment & FASD State Coordinator, Wisconsin Department of Health Services in the Division of Mental Health and Substance Abuse Services. She is responsible for contract administration and the design, development, implementation, and maintenance of policies and standards related to women-specific and family-centered substance use disorders. In her role, Ms. Jeffers provides technical assistance, consultation, and training for women's treatment programs and county providers to improve service delivery, share best practices. and identify needs for urban and rural program agencies. She co-chairs the Recovery Oriented System of Care (ROSC) workgroup of the Women Service Network, a certified FASD Trainer, as well as a member of the National Association of FASD State Coordinators (NAFSD), and the DHS/DMHSAS representative to the Department of Children and Families' Federal Home Visiting Implementation Team, and Home Visiting Training & Technical Assistance workgroup.

Mona M. Johnson, M.A., CPP, CDP Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families Mona Johnson, M.A., CPP, CDP, serves as Director of School Behavioral Health at the U.S. Army Medical Command, Child, Adolescent and Family Behavioral Health Office where she assumes overall responsibility for the development and management of an Army School behavioral health outreach project ensuring evidence-based practices are implemented at Army installations world-wide. Prior to this position, she was the Director of Learning and Teaching Support at the Washington State Office of Superintendent of Public Instruction where she supervised multiple state and federal programs centered on student preventive intervention services, supportive learning environments and Operation: Military Kids. She is also a consultant at the state and national levels in the areas of professional wellness, resilience, and childhood trauma. She is co-author of The Heart of Learning and Teaching: Compassion, Resiliency and Academic Success and received the Advocate of the Year Award in February 2009 from the Community Anti-Drug Coalitions of America.

Tamara L. Johnson

"We've Been Down This Road Before"—The Value of Peer Support in Young Women's Lives on the Road to Resiliency

Tamara Johnson is the Program Director of Youth 'N Action based out of the Division of Behavioral Health and Justice Policy at the University of Washington. Ms. Johnson has been involved in the organization for seven years, starting as an at-risk teen advocating for herself. She is developing a youth network across western Washington and works with youth and family leaders by engaging them in system advocacy and peer support.

Martha Kurgans, LCSW

Screening and Early Interventions for Substance Exposed Infants

Martha Kurgans, LCSW, has served as Virginia's Women's Services Coordinator since 2000 and is responsible for the development, monitoring, and oversight of gender-specific substance abuse services, as well as behavioral health services provided by the Department of Behavioral Health and Developmental Services (DBHDS). She has over 30 years of experience in behavioral health. For the past 18 years, she has focused on developing substance abuse services for women and previously served as the Director for the Center for Perinatal Addictions (CPA) in Richmond, Virginia. In addition to her extensive clinical and administrative experience in addictions, Ms. Kurgans has expertise in child, adolescent, and adult mental health. She holds a Master's in Social Work from the University of Chicago's School of Social Service Administration (SSA) and has a clinical faculty appointment as an Assistant Professor in the Department of Psychiatry at Virginia Commonwealth University.

Leslie D. Leve, Ph.D.

Girls with Delinquency: Risks, Resilience, and Intervention

Dr. Leve's research interests focus on child and adolescent development in at-risk contexts. This includes preventive intervention research with youth in foster care and with adolescents in the juvenile justice system, as well as geneticallyinformed studies. She has served as an investigator on over a dozen research grants funded by the National Institutes of Health. Her current focus is a follow-up study examining young adult outcomes of a randomized intervention trial for adolescent girls with juvenile justice involvement. She also co-directs a study of adolescent foster girls' decision-making processes in follow-up to a completed randomized intervention trial with girls in foster care. In addition, she directs a prospective adoption study of birth parents and adoptive families aiming to understand the interplay between family and inherited contributions to child development. Dr. Leve is the Science Director for the Oregon Social Learning Center.

Danielle Lowe

Strategies that Support Female Employees' Ability to Enhance Their Professional Education in the Workplace

Danielle Lowe currently serves as a Program Manager for Shields for Families in Los Angeles, California

Julianita "Julia" Maestas, M.S. Improving Family Outcomes Using Treatment Engagement Strategies

Julianita Maestas, M.S., is the Program Manager for the Mentor Parent/After Care Program at Dependency Advocacy Center in San Jose, California. She has been employed with parents' attorney organizations for over four years. As Program Manager, she is responsible for supervision of eight mentor parents and two alumni parent coordinators, along with the daily operation and administration of the program. She received her M.S. in Justice Administration from San Jose State University and B.A. in Criminology from the University of New Mexico. Originally from New Mexico, she was employed with the State of New Mexico District Court system and the Children Youth and Families Department as a child advocate and juvenile probation officer. Over the past 10 years, her career has included working as a case manager, teacher, paralegal and organizer with youth, women, and families in the justice sector. She is particularly interested in systemic change and program implementation via genderspecific services in juvenile justice and restorative/problem-solving courts.

Rev. Laura L. Mancuso, M.S., CRC, CPRP Finding Your Own Spiritual Practices for Personal Well-Being, Trauma Healing, and Recovery Rev. Laura L. Mancuso, M.S., CRC, CPRP, is an interfaith chaplain who has worked for 25 years in leadership roles in the public mental health system at the local, state, and national levels. Rev. Mancuso served as the first Director of the California Mental Health and Spirituality Initiative. She was previously Director of Technical Assistance for the National Association of State Mental Health Program Directors (Alexandria, Virginia) and Project Manager with the County Department of Alcohol, Drug, and Mental Health Services (Santa Barbara, California). She is currently employed as a spiritual care counselor with the Hospice of Santa Barbara and Community Palliative Care Team. Rev. Mancuso works

independently as an energy healer, spiritual counselor, writer, and speaker. As an ordained interfaith minister, she strives to honor all faith traditions, as well as the spiritual paths and life philosophies of those who do not adhere to any religion.

Colleen Marshall, M.A., LMFT Knowledge to Action: Implementing Services for Women and Girls

Colleen Marshall, M.A., LMFT, is currently Senior Vice President of Professional Development for Mental Health Systems. Ms. Marshall is a licensed marriage and family therapist and has twelve years of experience in the behavioral health care field. The majority of her experience has been working with youth and their families in public and government agencies, and she has specific experience in trauma-focused treatment. She has been a guest speaker, faculty member, and trainer for local universities and community agencies. She is a member of MINT (Motivational Interviewing Network Trainer), an international training group, and serves as their board treasurer. Recognizing the need for counseling services for military family members, she conceptualized, developed, and established a program to meet this need, Family Forces, which works with private insurance and currently serves 800 military families annually.

Judith Martin, M.D.

Medication-Assisted Treatment: Methadone and Buprenorphine Maintenance for Women

Judith Martin, M.D., is an addiction specialist who has worked with opioid-addicted patients and their families for over 20 years. Dr. Martin has provided methadone and buprenorphine treatment of addiction training to physicians and clinic staff from many states. She is past President of the California Society of Addiction Medicine, and serves on the board of directors for the American Society of Addiction Medicine. She is Medical Director of the BAART Turk Street Clinic. The Turk Street Clinic offers addiction treatment, mental health services, and primary care in San Francisco's Tenderloin neighborhood. Most of the patients at Turk Street Clinic are indigent and many are homeless or marginally-housed.

Ruta Mazelis

Peer Leadership and Self-Injury: Lived Experience Lights the Way

For 18 years Ruta Mazelis was the editor of The Cutting Edge: A Newsletter for People Living with Self-Inflicted Violence, an internationally distributed quarterly on the topic of self-injury, founded in 1990. Ms. Mazelis has provided presentations and publications on this topic and others to a variety of audiences, including the holistic impact of trauma, retraumatization in the mental health system, and creating trauma-informed systems of care. She has experience in providing services in mental health and substance abuse programs, as well as inservice and policy development, and research. She is a survivor of childhood trauma. She is on the staff of the Sidran Traumatic Stress Institute. serves on the board of the National Trauma Consortium, and consultant for various projects at the local, regional, and federal levels. In addition, she was a Program Manager for the National Center for Trauma-Informed Care.

Linda S. McCorkle, B.S.

Recovery Support Services for Women Across the States

Linda McCorkle, B.S., has worked for the State of Tennessee for 35 years in corrections in direct client counseling and prison management. Ms. McCorkle has worked for the Department of Alcohol and Drug Services as a Mental Health Program Specialist and most currently, as the Director of Treatment and Recovery Services through the Department of Mental Health. Her direct client work included counseling inmates with special needs (e.g. mental health, substance abuse, sex offenders, and violent offenders). Her work in substance abuse has included the roles of HIPAA Privacy Officer, Methadone Authority, and Suicide Intervention Trainer. She has also served as the Women's Services Coordinator for the state.

Kate McGraw, Ph.D.

Military Culture for the Non-Military Therapist
Kate McGraw, Ph.D., is the Deputy Director and
Psychological Health Clinical Standards of Care
Directorate for the Defense Centers of Excellence
for Psychological Health and Traumatic Brain
Injury. Dr. McGraw oversees evaluation of scientific
literature, policy documents, and other data to
resolve scientific and operational problems. She
makes recommendations to senior leaders, policymaking components, executive agencies, and

legislative representatives for Department of Defense (DoD) psychological health and clinical standards of care issues. McGraw received her Ph.D. in clinical psychology in 1997 from the University of Texas Southwestern Medical Center, Dallas. She served as one of the first female U.S. Air Force Intercontinental Ballistic Missile (ICBM) Launch Officers. She was Chief of the deployed team, providing operational mental health support for the DoD Port Mortuary during 9/11 and NASA Columbia shuttle disasters. She is the DoD Co-Lead of a chartered work group focused on improving psychological health issues for female military and veterans.

Jacki McKinney Development of "Seniors" as Champions and Mentors

Jacki McKinney, M.S.W., is a survivor of early childhood abuse who experienced co-occurring mental and substance use disorders, homelessness, and interactions on behalf of her family with the criminal justice system. She is currently the matriarch of four generations.

For over 20 years, she has been a vital force in the consumer/peer support movement, particularly for people of color and women. An early "trauma champion", she was presented a 2011 Voice Award in recognition of her contributions and national leadership in advocating for trauma survivors and the difference that she has made in the lives of many individuals by educating about resilience and recovery. Jacki is a consultant for SAMHSA's trauma efforts and co-founder of the National People of Color Consumer/Survivor Network. She has also helped incarcerated women with psychiatric labels through her work with the Women's Prison Association. Jacki was recently honored for her work with returning female Veterans and their children. She has led the charge for people from diverse backgrounds to define their own issues for change and recovery.

Kimberly Medvin, LCSW

Strategies that Support Female Employees' Ability to Enhance Their Professional Education in the Workplace

Kimberly Medvin, LCSW, is the Training Program Administrator at SHIELDS for Families, Inc. where she manages the clinical training practicum and internship programs for students, as well as ongoing employee training seminars. Apart from overseeing the training initiatives at SHIELDS, Ms.

Medvin is actively involved in providing student supervision and instruction. She completed her undergraduate work at California Polytechnic State University in San Luis Obispo with a major in Political Science before going on to complete a Master's in Social Work from the University of Southern California in Los Angeles (UCLA). Her internship at UCLA and experience working in community mental health settings enriched a sincere appreciation and devotion for working with diverse underserved populations distressed by a variety of mental health difficulties. Her special areas of interest include working with children and families impacted by trauma.

Niki A. Miller, M.S., CPS Trauma-Informed Approaches and Women in the Criminal Justice System

Niki Miller, M.S., CPS, has worked with individuals and systems on intersecting issues of trauma, sexual violence, addiction prevention, and recovery. Ms. Miller founded a nationally recognized grassroots organization, the New Hampshire Taskforce on Women and Recovery; served as her state's Administrator of Women Offenders; and was responsible for federal initiatives to address prison sexual assault. She began her career as a clinician, is a certified prevention specialist, and now designs tools and projects to improve in the justice system, substance abuse services, and domestic/sexual violence services. She served on the research team for CSAT's Pregnant and Post-Partum Women's program, as well as worked with the Veteran's Administration, GAINS Center, and National Center on Trauma-Informed Care. Her work at Advocates for Human Potential, Inc. (AHP) includes the Women and Families project, various peer recovery, and trauma and justice projects; she also writes curricula and trains for prison substance treatment programs.

Toni Maria Mosley M.S., M.F.T. Trauma-Informed Clinical Supervision

Toni Maria Mosley, M.S., MFT, has served as Clinical Supervisor for over 15 years in correctional and residential treatment settings. Since 1998, she has served as Faculty Advisor for the Center of Collaborative Planning, a statewide program in Women's Health Leadership in California providing training and technical assistance for identified women leaders in health across California. She is a recent graduate with a Master's in Martial Family Therapy. Her Thesis is "Motherless Daughters:

How the Need for Connection Impacts both Treatment Response and Outcomes for Women with Addictions". She has developed culturally-specific training curricula on domestic violence and conducted cultural competency workshops specific to working with African American and Latina women in treatment. She serves as a trainer/consultant for a California statewide consultant group, ONTRACK Program Resources. Her other workshop focuses include relapse prevention, counseling skills enhancement, treatment program development, and trauma-informed clinical program enhancement.

Tamu Nolfo, Ph.D., CPS

Meeting Her Workplace Needs: Culturally and Linguistically Appropriate Services for Women Tamu Nolfo, Ph.D., is a Certified Prevention Specialist and Robert Wood Johnson Foundation fellow who has worked in the substance abuse field for 20 years. Dr. Nolfo has focused on integrating the latest research developments and community needs into strategies for youth and family wellness—building multiple coalitions; raising over \$5 million for non-profits; and successfully advocating for prevention funds, programs, and policies. Her expertise lies in developing culturally and linguistically appropriate programming and services, along with training others how to maintain these key elements at the forefront of their efforts. She has served as a classroom educator, direct service provider, and program director, as well as a program designer, coalition coordinator, technical assistance provider, evaluator, and researcher. In 2008, she was named by Sacramento Magazine as one of Sacramento's most influential "40 Under 40" and in 2010 as a "Woman of Excellence" from the National Coalition of 100 Black Women.

Samia Dawud Noursi, Ph.D. Women's Health Research at the National Institutes of Health

Samia Dawud Noursi, Ph.D., received her Ph.D. in Applied Developmental Psychology from the University of Maryland in 1995. Upon graduation, she was awarded a post-doctoral fellowship at the National Institute of Child Health and Human Development during which she led a longitudinal study on the effects of domestic violence on children's development. She then moved to work on several projects focused on children's development, including directing research for the National Child Welfare Resource Center on Legal and Judicial Issues at the American Bar

Association Center on Children and the Law. In 2006, she joined the National Institute on Drug Abuse (NIDA) and is currently a Health Scientist Administrator and the Women and Sex/Gender Differences Research Deputy Coordinator. At NIDA, Dr. Noursi assists the NIDA's Women and Sex/Gender Differences Research Coordinator in providing leadership for NIDA's Women and Sex/Gender Differences Research Program. In addition, she serves as Program Officer with a portfolio focusing on sex/gender differences in the antecedents and consequences of drug abuse; study of vulnerability to drug abuse; and study of the behavioral effects of prenatal exposure to drugs. She has presented numerous papers at national professional conferences and authored a number of articles in both peer-reviewed journals and books in three different languages (Arabic, Hebrew, and English).

Jeanne L. Obert, M.S.M., LMFT The Matrix Model of Intensive Outpatient Treatment: A New Supplement for Women Jeanne Obert, M.S.M., LMFT, is a licensed Marriage and Family Therapist and Supervisor. She has a Master's degree in business management, in addition to being a founder and chairperson of the board of directors for Matrix Institute, a nonprofit corporation that delivers outpatient treatment and mental health services in the Los Angeles area. Matrix is affiliated with the UCLA Integrated Substance Abuse Programs and a site for the National Institute on Drug Abuse (NIDA) Clinical Trials Network (CTN). She is one of the developers of the Matrix Model of Intensive Outpatient Treatment and Teens and Young Adults. In addition, she has overseen the creation of supplements to the Matrix Manuals, specifically for American Indian/Alaskan Natives (AI/AN), people with co-occurring disorders, and most recently, women. She has worked within Matrix to create a system designed to disseminate the model with fidelity nationally and internationally. She has carried out clinical training throughout the world, most recently in Japan, China, and South Africa.

Iliana Ojeda-Rivera, M.Ed., CADAC
Engaging Latina Women in Treatment
Iliana Ojeda Rivera, M.Ed., CADAC, is Director of
Clinical Services for Women in the Boston Public
Health Commission's Bureau of Addictions
Prevention, Treatment, and Recovery Support
Services. She is a bilingual-bicultural clinician and

manager with over 16 years of experience working in residential and outpatient substance abuse treatment programs for women, including roles in direct service delivery, administration, research and evaluation on multiple SAMHSA-funded projects. She received her M.Ed. in Counseling Psychology from Cambridge College and her CADAC in 2000.

Kathleen M. O'Leary, M.S.W. Women's Health Research at the National Institutes of Health

Kathleen M. O'Leary, M.S.W., is Acting Chief of the Women's Program at the National Institute of Mental Health (NIMH). After she earned her B.A. in Social Work, Ms. O'Leary worked with infants in foster care and children in residential treatment. Then she received her M.S.W. from Smith College School for Social Work. She has worked for NIMH for over 30 years as a research clinician studying adolescent mothers; a borderline personality disorder study coordinator; supervisor of clinicians working with patients with schizophrenia, as well as clinician supervisor on a patient recruitment and protection team. Her publications include studies on adolescent pregnancy, depression, and neuropsychological deficits in borderline personality disorder, as well as two book chapters. Currently, she is in the Office of Research on Disparities and Global Mental Health and works closely with the National Institutes of Health (NIH) and Health and Human Services (HHS) offices on research initiatives involving perinatal mental health, sex differences research, health disparities, the mental health of military women, and the mental health effects of violence against women.

Alessandra Liquori O'Neil
Project DAWN: an International Gender
Perspective in Addiction Prevention and Care
Born in 1962, Alessandra Liquori O'Neil started
working for the United Nations in 1988 with the
United Nations Development Programme. She
joined UNICRI in 1993. She is responsible for the
projects in the area of prevention and control of
drug addiction, human rights, health and justice
administration. She is currently carrying out a
series of projects focused on addiction, such as the
DAWN project on gender differences in substance
abuse. She also publishes a scientific quarterly on
substance abuse in collaboration with the Italian
Ministry of Health and the Italian Government.

Erika Ostlie, M.A.

Prescription Drug Abuse and Its Impact on Women and Girls

Erika M. Ostlie, M.A., directs policy research and data analysis for Carnevale Associates, LLC. During her tenure with the firm, she has managed and assisted with activities related to performance measurement, strategic planning, research and evaluation, and development of drug strategies. Ms. Ostlie has provided training and technical assistance to clients at the federal, state, and local level. She recently facilitated an interagency process to develop a performance measurement system for the Office of National Drug Control Policy (ONDCP). She also developed recommendations, facilitated focus groups, conducted interviews, and authored a special topic report for SAMHSA's Data Analysis Consolidation and Coordination Center on how communities collect local-level data on substance abuse indicators. This process provided guidance to communities on how to maximize the effectiveness of data-driven prevention efforts. She holds Master's degree in Criminology and Criminal Justice from the University of Maryland at College Park.

Darby Penney

Engaging Women in Trauma-Informed Peer Support

Darby Penney is a long-time activist in the human rights movement for people with psychiatric labels. She is currently the lead materials developer for SAMHSA's National Center on Trauma-Informed Care, which promotes trauma-informed practices and alternatives to seclusion and restraint. Ms. Darby is the co-author of the 2012 technical assistance document, Engaging Women in Trauma-Informed Peer Support: A Guidebook. She works on the national evaluation of SAMHSA's Jail Diversion/Trauma Recovery-Priority to Veterans grants, was lead evaluator on SAMHSA's Shared Decision Making project, and a team member on SAMHSA's toolkit on Consumer-Operated Services. She was formerly Director of Recipient Affairs at the New York State Office of Mental Health and involved in policymaking, program development, and implementation, bringing the perspectives of people with psychiatric histories into the policy-making process. She is co-author with Peter Stastny of The Lives They Left Behind: Suitcases from a State Hospital Attic (Bellevue Literary Press, 2008).

Daniel Perkins, Ph.D.

Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families Daniel Perkins, Ph.D., is a professor at the Pennsylvania State University. Dr. Perkins

Pennsylvania State University. Dr. Perkins received his Ph.D. in 1995 from Michigan State University. His scholarship involves the integration of practice and research into three major foci: (1) Positive Youth Development—decrease risks and increase skills and competencies of youth through evidence-based programs; (2) Healthy Family Development—increase resiliency through evidence-based, strength-based educational programming; and (3) Community Collaboration promote strategies for mobilizing communities in support of children, youth, and families. His most recent effort is the development of the Clearinghouse for Military Family Readiness, which is designed to build science-based practice for promoting principles of effectiveness in evidencedbased programming to enhance military family readiness. Dr. Perkins will discuss his research in the area of evidence-based programs for military families and where to locate data from the military branches. He will also identify evidenced-based programs discovered to promote resiliency in military families.

Karen Pershing, M.P.H.

Prescription Drug Abuse and Its Impact on
Women and Girls

Karen Pershing, M.P.H., directs the Metropolitan Drug Commission, Inc. in Knoxville, Tennessee. Through her work, Ms. Pershing has led a community strategic plan around the prescription drug abuse epidemic and has brought together multiple partners from the community to play a role in accomplishing these goals. She has provided numerous trainings on substance abuse issues and is currently serving as a coalition representative on the State of Tennessee's Strategic Planning workgroup to develop a fiveyear plan on the prevention of substance abuse. She has spent her career in public health, working at the community level to implement the strategic prevention framework to identify needs, build capacity, plan strategically, implement effective environmental strategies, and evaluate the outcomes using data-driven measurements. She holds a Master's degree in Public Health from the University of Tennessee with a concentration in Health Planning and Administration.

Karey Pohn, J.D., Ph.D.

Evening Workshop - Listening to Your Soul Speak: Exploring Inner Consciousness with SoulCollage® Karey Pohn, J.D., Ph.D., works as an adjunct faculty member at Pacifica Graduate Institute in the Clinical Psychology Program. Dr. Pohn has more than 20 years of experience as a Management Consultant Lawyer and Entrepreneur. Additionally, she is a certified trainer in a Neuro-Linguistic Program and a certified facilitator of Holotropic Breathwork, developed by Dr. Stanislav Grof. Her focus has been to use her degree in depth psychology to help others tend the soul, enhancing self-empowerment and discovery. Her dissertation entitled, Playing the Cosmic Game: Exploring Play's Archetypal Aspects Through the Kaleidoscope of Culture is available at www.cosmicplay.net. Dr. Pohn is interested in play, nonordinary states of consciousness, liminality, and popular culture.

Laura Prescott, B.A.

Culture, Spirituality and Community, Evening Workshop - Listening to Your Soul Speak: Exploring Inner Consciousness with SoulCollage® Laura Prescott is the President and founder of Sister Witness International Incorporated. The organizational mission is to reverse decades of silencing and misrepresentation by creating opportunities for women and girls to speak for themselves, supporting the development of national and international networks to become a visible, active and diverse presence working toward global justice and peace. For the last eighteen years, Ms. Prescott has worked for federal, state and international governmental and nongovernmental agencies. Her focus has been on improving research, policy development and creating gender-specific, trauma-informed service delivery for mental health, substance abuse and correctional systems serving women and adolescent girls who have experienced childhood and adult violence. Laura has traveled nationally and internationally conducting training and human rights fact-finding in over 12 countries and thirty states. Her publications that can be found at: www.sisterwitness.org. She is a formerly homeless woman and survivor of childhood abuse, an ex-patient of the psychiatric system and in recovery from substance use. In 1989, she graduated from Smith College with a degree in Women Studies and concentration in government.

Leslie Preston, LCSW

Integrated Behavioral Health: What Works, Challenges and Lessons Learned

Leslie Preston, LCSW, is the Behavioral Health Director at La Clínica de La Raza (La Clínica), which is based in Oakland, CA. Founded in 1971, La Clínica is a Federally Qualified Health Center serving over 74,000 patients annually in 29 sites across three counties in northern California (Alameda, Contra Costa, and Solano County). La Clínica's patients are primarily low income (99 percent are below 200 percent federal poverty level) and the majority (73 percent) are Latino. Ms. Preston has worked at La Clínica for 12 years. In her current role she oversees behavioral health services, which include specialty mental health, integrated behavioral health, and mental health prevention/promotion services. The specialty mental health program, Casa del Sol, is a licensed community mental health clinic in Oakland that provides a broad range of culturally based mental health services to the Latino Community. La Clínica's integrated behavioral health services include social workers and behavioral medicine (Psychologists) who work in the primary care clinics. Community based mental health promotion services are provided in Alameda County by mental health specialists, health educators, health promoters, and traditional healers who provide workshops and support groups in the community.

Kelly Reinhardt, PMP

Recruiting Young Women to Behavioral Healthcare
—Listen Before You Talk

Kelly Reinhardt, PMP, JMA President, brings more than 25 years' experience in contract management and oversight on local, regional, and national projects. She has practiced in the field of strategic communication and strategic planning, specializing in group process methodologies, qualitative research, and the transfer of complex information into implementation strategies and materials. She has worked on various projects, including marketing and communication professional services for the U.S. Army; researched and wrote on the team that developed The Change Book—A Blueprint for Technology Transfer produced by the Addiction Technology Transfer Center (ATTC) Network and funded by SAMHSA; integrated marketing services for the Strategic National Stockpile; and created marketing, media, and public information solutions in support of the SNS Program, National Center for Environmental Health. She has completed extensive situational

analysis, consumer research, environmental scans and secondary research analysis for a range of clients.

Kathleen Reynolds, M.S.W., ACSW Preparing for Health Care Reform: Health Homes, Accountable Care Organizations and You Kathleen Reynolds, M.S.W., ACSW, has over 30 years of experience in the mental health and substance abuse field. Ms. Reynolds currently is the Director of the SAMHSA/HRSA Center for Integrated Health Solutions and the Vice President for Health Integration and Wellness for the National Council for Community Behavioral. Previously Ms. Reynolds was the Director of the Washtenaw Community Health Organization (WCHO), a nationally recognized organization in the integration of behavioral health and primary care services. The WCHO included a Community Mental Health Services Program, a Substance Abuse Coordinating Agency, and primary health care capitation dollars for Medicaid and indigent consumers. Ms. Reynolds graduated from the University of Michigan, School of Social Work in 1982. She has presented at numerous conferences and conventions on integrated health and is the author/co-author of numerous articles on the subject. She co-authored a manual in implementing integrated care entitled, Raising the Bar: Moving Toward the Integration of Health Care a Manual for Providers. This manual is in its second edition and is used widely to implement integration between the public behavioral health system and primary care providers.

Michelle (Sheli) Reynolds, Ph.D. Leveraging National Service Opportunities: For Organizations and the Women You Support Michelle C. Reynolds, Ph.D., serves as the Director of Individual Advocacy and Family Support at the University of Missouri—Kansas City (UMKC) Institute for Human Development, where she has worked for over 15 years. Dr. Reynolds oversees projects enhancing the capacity of organizations and networks that work directly with individuals to provide opportunities for personal growth and empowerment. Specifically, her projects have focused on developing leadership skills to increase civic engagement with state and federal systems, such as early childhood, maternal child health, and developmental disability. A focus over the last six years, she has directed a project with the Corporation of National Service to increase their capacity to recruit and support members with

developmental disability into AmeriCorps and VISTA. Dr. Reynolds received her doctorate in Public Administration and Sociology from the University of Missouri, Kansas City with a focus on research and policy in supports to families taking care of children with developmental disabilities.

Claudia Richards, M.S.W., LICSW, CJAS, CSMS

The Prescription Drug Epidemic: Reducing and Preventing Misuse and Consequences Claudia Richards, M.S.W., L.I.C.S.W., C.J.A.S., C.S.M.S., has 31 years of behavioral health experience, serving in various professional positions in policy, planning, program development/evaluation, and clinical management in the Federal and State governments, and community- based organizations. Ms. Richards currently serves as Senior Advisor to the Director, Center for Substance Abuse Prevention, SAMHSA since 2010 and provides subject matter expertise on substance abuse and prevention and HIV/AIDS and represents the Center on several SAMHSA's strategic initiatives. She served from 2004 to 2010 as the Chief of the Community Grants and Program Development Branch, CSAP. She has expertise and worked in the public and private sectors, including public health management, HIV/AIDS, substance abuse, women and children, aging, and mental health. Prior to joining SAMHSA in 1991, Ms. Richards has worked in several professional senior-level positions in the District of Columbia government as a Senior Program Analyst, Mayor's Statewide Health Coordinator, and Psychiatric Social Worker Manager. Ms. Richards earned her B.A. in Psychology from the American University and holds a Master of Social Work with a concentration in Community Development and Planning from Howard University. She is also a licensed Independent Clinical Social Worker, Certified Criminal Justice Addictions Specialist and Certified Sentence Mitigation Specialist with the National Association of Forensic Counselors.

Maria Tarajano Rodman, M.A. Honoring Lived Experience Through Peer-to-Peer Supports in Higher Education

Maria Tarajano Rodman, M.A., currently serves as the Associate Executive Director for Program and Community Development with the Western

Massachusetts Training Consortium. She provides agency-wide direction and oversight relative to the agency's trauma-informed practice. Ms. Tarajano Rodman provides leadership and oversight for the SAMHSA designated best practices, including Franklin County Recovery Community, a traumainformed, recovery focused, peer-to-peer program; the RECOVER Project, a peer-to-peer recovery support program for drug and alcohol addiction; the Greenbook Project, a juvenile court-based project for families involved with the Department of Children and Families' care and protection process; and the Franklin County ACE Project, a volunteer project addressing the impact of adverse childhood experiences on long-term health issues. She is the Co-Project Director of the Office on Women's Health Trauma-Informed Training Curriculum Development Project. She has presented at national and international conferences on the trauma-informed, recovery focused, peer participatory model.

Linda Rosenberg, M.S.W. Women Leading Women's Services: Fitting in the New Healthcare Ecosystem

Linda Rosenberg, M.S.W., has over 30 years of mental health policy and practice experience, focusing on the design, financing, and management of behavioral health services. Since 2004, Rosenberg has been President and CEO of the National Council for Community Behavioral Healthcare, Under Ms. Rosenberg's leadership, the National Council has more than doubled its membership; helped to secure the passage of the federal mental health and addiction parity law; expanded financing for integrated behavioral health/primary care services; was instrumental in bringing behavioral health to the table in federal health care reform; and played a key role in introducing the Mental Health First Aid public education program in the U.S. Prior to joining the National Council, she served as the Senior Deputy Commissioner for the New York State Office of Mental Health where she strengthened the voice of consumers and families in the policy making process; promoted the adoption of evidence-based practices, including tripling New York's assertive community treatment capacity; expanded children's services; developed housing options for people with mental illnesses and substance use disorders; and implemented a network of jail diversion programs, as well as New York's first mental health court. A certified social worker, family therapist, and psychiatric rehabilitation practitioner, she has

held faculty appointments at a number of schools of social work and serves on many agency and editorial boards.

La Verne Saunders, B.S.N., M.S., RN Culture, Spirituality, and Healing in Community La Verne R. Saunders, B.S.N., M.S., RN completed undergraduate work in nursing at Howard University, practiced psychiatric nursing at the University of Connecticut Medical Center, and obtained a Master's degree in Counseling from Northeastern University. After 25 years in direct service and management positions in human service organizations, Ms. Saunders now utilizes her educational, professional, spiritual, and life experiences as a training specialist, public speaker, executive coach, curriculum developer, counselor, and peer supporter with Dorrington and Saunders, LLC, where she has a unique combination of lived experience, academic preparation, and job experience in several recovery realms. Her mix of personality, insight, and intellect make her work a synthesis of thinking, feeling, and doing. Her work involves the restoration of the good inherent nature of human beings by teaching about and helping people heal from the effects of traumatizing oppressions. Ms. Saunders is teacher and editor for her religious organization.

Kimberly Sokoloff Selvaggi Voices: A Program of Self-Discovery and Empowerment for Girls

Kimberly Sokoloff Selvaggi is an experienced lecturer, trainer, and technical assistance provider with 15 years' experience developing and implementing gender responsive and traumainformed practices. Before launching TaylorLane Consulting in 2011, Mrs. Sokoloff Selvaggi spent 12 years in the Center for Best Practices at the State of Connecticut Judicial Branch, where she worked toward juvenile justice system reform. She recently joined Dr. Stephanie Covington's team as an Associate Trainer for the Voices curriculum and as a consultant on a National Institute of Corrections project to develop a protocol for evaluating gender responsive practices in prisons, probation, and alternative programs for adult women. She has worked with the Office of Juvenile Justice and Delinquency Prevention, McArthur Foundation, the National Girls Institute, Georgetown Center for Poverty and Law, Girls Circle Association, and court jurisdictions across the country toward the application of gender responsive principles and practices.

Cheryl S. Sharp, M.S.W., ALWF Unifying Women's Voices: Empowering Diversity through Recovery Experiences

Cheryl Sharp, M.S.W., ALWF is the Special Advisor for trauma-informed services for the National Council for Community Behavioral Healthcare. She has worked as a hospice/medical social worker and Director of social services for a skilled nursing facility. She serves on the board of directors of Pocket Sanctuary at Kenyon Ranch, a psycho-educational and spiritual retreat center and non-medical model alternative healing center located in Tubac, Arizona. She was a leader/facilitator for the STAR Process, an intensive process that focuses on healing from trauma, grief, and loss. She holds the unique perspective of a person with lived experience as a family member and an ex-consumer of services, as well as a provider of services. She trains and speaks nationally on the elimination of seclusion and restraint and developing peer leadership. She is an Advanced Level Trainer/Consultant (WRAP®) for the Copeland Center for Wellness and Recovery and serves on its executive advisory board. She is a Mental Health First Aid Instructor,® trainer of Intentional Peer Support (Shery Mead), and co-author of the Maryland Association of Peer Support Specialists curricula. She recently received the Lou Ann Townsend Courage Award for her contributions on behalf of those who struggle with mental and emotional challenges.

Ellie Skelton, M.A., CPRP Sober and Supportive Housing for Women and Families

Ellie Skelton has been the Executive Director at Wayside House since 2006. Wayside House is a nonprofit organization located in Minneapolis, Minnesota. Wayside House provides integrated cooccurring, gender-specific residential, outpatient and comprehensive family treatment. Wayside House also provides scattered site and permanent supportive sober family housing in Minneapolis. Ms. Skelton has a Master's degree in Health and Human Services Administration from St. Mary's University of Minnesota and is a Certified Psychiatric Rehabilitation Practitioner (CPRP). In 2010, she was awarded the Alcohol and Drug Abuse Division outstanding achievement award for treatment services by the Minnesota Department of Human Services. She is active in the Minnesota Association of Resources for Recovery and Chemical Health (MARRCH) education and public policy committees. Ellie is also a Co-Founder of the Minnesota Network for Families and Recovery through Education, Support, and Healing (MNFRESH), a state collaborative of organizations serving women and families in recovery. She is a recent graduate of the SAMHSA sponsored Women's Addiction Leadership Institute (WASLI).

Alice Skenandore

The Challenges and Solutions of Evidence-Based Practices in Native Communities: The Story of Discovery Dating

Alice Skenandore, is a traditional midwife, the Founder of Wise Women Gathering Place (www.wisewomengp.org), and author of *Discovery* Dating, a relationship development tool. Ms. Skenandore and WWGP, a small non-profit organization, have helped facilitate community change in many areas, including open encouragement of family-centered childbirth, reducing teen pregnancy, achieving group consensus, and facilitation of group action planning. She serves on the Disability Rights Board, Sister Song Board, Governor's Statewide Advisory Committee on Eliminating Racial and Ethnic Disparities in Birth Outcomes, and Oneida **Domestic Violence Community Coordinated** Response Team.

Brenda V. Smith, J.D.

Minority Over-Representation in the Criminal Justice System—The Impact on African American Women, Families and Their Communities and Important Emerging Interventions Brenda V. Smith, J.D., is a professor at the Washington College of Law at American University where she teaches in the Community Economic Development Law Clinic. Professor Smith is also the Project Director for the Project on Addressing Prison Rape. Additionally, in November 2003, Professor Smith was appointed to the National Prison Rape Elimination Commission. Prior to her faculty appointment at the Washington College of Law, Professor Smith was the Senior Counsel for Economic Security at the National Women's Law Center and Director of the Center's Women in Prison and Child and Family Support Projects. Professor Smith is a 1984 graduate of Georgetown University Law Center and a magna cum laude graduate of Spelman College in 1980. Professor Smith has received numerous honors, including the prestigious Kellogg National Fellowship in 1993. She was inducted into the Washington, D.C. Women's Hall of Fame, and most recently, awarded the Emalee C. Godsey Research Award.

Iris E. Smith

Practice Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative

As the Coordinator for the Southeast Service Area of the Center for the Application of Prevention Technologies (CAPT), Iris Smith provides direction and oversight to the Southeast Resource Team, which consists of professionals with expertise in training, substance abuse prevention, evaluation, and epidemiology. In addition, Ms. Smith is an Associate Professor at the Rollins School of Public Health at Emory University where she has taught graduate courses in public health for the past 28 years. She has extensive experience in instructional design and distance learning, substance abuse prevention and treatment, fetal alcohol spectrum disorder, as well as administration, design, and evaluation of public health interventions.

Todd Sosna, Ph.D.

Implementing and Sustaining Evidence-Based Practices

Todd Sosna, Ph.D., has worked in the human services field, with extensive experience as a clinician, manager, and administrator for public and private agencies over the past 20 years. Dr. Sosna is currently a Senior Vice President with Children's Institute, Inc., a Los Angeles based agency specializing in meeting the needs of children who are affected by violence. He is a former Deputy Director for the California Institute for Mental Health, where he was responsible for evidencebased practice dissemination and implementation, including support for 12 evidence-based practices, which were established in over 200 sites by counties and private provider agencies throughout California. Prior to his work with the California Institute for Mental Health, he was Assistant Director of Mental health for Santa Barbara County and responsible for directing implementation of their SAMHSA-funded multiagency integrated system of care, and overseeing the start of the county's Mental Health Medi-Cal Plan.

Dace Svikis Ph.D.

Women's Health and Pregnancy

Dace Svikis, Ph.D., is a professor in the Departments of Psychology, Psychiatry and Obstetrics/Gynecology at Virginia Commonwealth University (VCU). Dr. Svikis serves as Deputy Director, VCU Institute for Women's Health, as well as Program Director of Addiction and Women's Health: Advancing Research and Evaluation (AWHARE). Her research has focused on screening, assessment, and treatment for addiction in women, specifically pregnant and postpartum women. She has developed and tested a number of evidence-based practices founded on principles of behavior (contingency) management, motivational interviewing, and health system navigation. She is committed to multidisciplinary, bidirectional translational research that looks not only at moving scientific findings from research labs into clinical practice, but also from the equally important learning of promising clinical strategies and finding ways to move from clinical care back to research. Dr. Svikis has over 100 publications and serves on several NIH study sections and journal editorial boards. She mentors many students, clinicians and faculty with interests in addiction research.

Michelle Trotter-Mathison, Ph.D., Licensed Psychologist

Practitioner Resiliency: Burnout Prevention and Self-Care Strategies for Professionals

Michelle Trotter-Mathison, Ph.D., is a Licensed Psychologist at Boynton Health Service at the University of Minnesota and maintains a private practice in St. Paul, Minnesota. She teaches within the Counseling and Psychological Services Program at Saint Mary's University of Minnesota. She completed an M.A. and Ph.D. at the University of Minnesota in the Counseling and Student Personnel Psychology program. She is co-author of Resilient Practitioner and Voices from the Field: Defining Moments in Counselor and Therapist Development.

Charmaine Utz

Strategies that Support Female Employees' Ability to Enhance Their Professional Education in the Workplace

Charmaine Utz currently serves as a Program Coordinator for Shields for Families in Los Angeles, California

Bonita M. Veysey, Ph.D.

Negotiating Re-Entry: Maximizing Resources and Resiliencies for Positive Change

Bonita Veysey, Ph.D., is a Professor in the School of Criminal Justice at Rutgers University-Newark. Dr. Veysey's research to date has focused on behavioral health and justice issues, including continuity of care and reentry; police interactions with persons with mental illnesses; mental health and substance abuse treatment in jails and prisons; diversion and treatment services for youth with behavioral health problems; treatment and supervision of justice-involved girls and women; and the effects of early childhood trauma. More recently, she has focused her attention on issues of transformation and recovery. She was the Co-Principal Investigator of the Franklin County (MA) site of the SAMHSA-funded "Women, Co-Occurring Disorders and Violence Study," and was the Lead Evaluator on the CST-funded RECOVER Project also in Franklin County. She consults with local communities to help develop comprehensive peer-to-peer supports for people in recovery from addictions, physical and sexual abuse, and mental health problems and those returning from jail and prison.

Becky Vaughn, M.S.Ed.

Women Leading Women's Services: Fitting in the New Healthcare Ecosystem

Becky Vaughn has been working in the addictions field for over 25 years. She became the first Executive Director of what is now the Georgia Council on Substance Abuse and served as the President and CEO until 2007. Her work was as an advocate at the state legislature and a catalyst for change in the community on issues related to prevention, treatment, recovery, women's issues, homelessness, and drug courts. Ms. Vaughn also developed and ran a program to identify women with TANF benefits and assist those who needed help accessing treatment and wraparound services. Beginning in 2008, she took over the helm of the State Associations for Addiction Services (SAAS) as their CEO after serving on its Board since 2000. She has served on numerous state and federal committees and panels and speaks on issues related to addiction in a variety of settings. She received her degrees from the University of GA and GA State University. She grew up in Atlanta, but is now enjoying being part of the DC community. As a former teacher and the mother of four, she is passionate about preventing and finding solutions to the far-reaching problems caused by untreated addiction.

Imani Walker

Mothers in Recovery Empowered and Making the Difference!

Imani Walker is the Co-Founder and Executive Director of the Rebecca Project for Human Rights. a transformative policy organization advocating for justice, dignity, and policy reform for vulnerable women and girls in the U.S. and Africa. Ms. Walker is also the Founder of Rebecca Project's Sacred Authority leadership and advocacy program, a national network of mothers in recovery and their allies. Sacred Authority mothers, by virtue of their own lived experiences and expertise authentically and persuasively speak truth to power. Ms. Walker enjoys 13 years of long-term recovery from substance abuse. Ms. Walker was honored by Essence Magazine's 2011 Power List as one of the 28 most influential Black women and featured in "O," the Oprah Magazine (February, 2011). She was featured on BET, received the 2011 Black Girls Rock! Trailblazer Award, and is a 2009 Women's Addiction Services Leadership Institute (WASLI) Associate.

Carole Warshaw M.D.

Integrating Current Safety for All Family Members into Behavioral Health Treatment

Carole Warshaw, M.D., is the Director of the National Center on Domestic Violence, Trauma & Mental Health and the Executive Director of the Domestic Violence and Mental Health Policy Initiative. Dr. Warshaw chaired the committee who wrote the American Medical Association (AMA) Guidelines on Domestic Violence. She has served on the National Research Council Committee on the Assessment of Family Violence Interventions, the Family Violence and Abuse and Childhood Trauma committees of the American Psychiatric Association, and the AMA National Advisory Council on Family Violence. She is currently a member of SAMHSA's Advisory Committee on Women's Services. She speaks about domestic violence, trauma, mental health and psychiatric disabilities nationally and internationally and has published numerous articles and chapters on these issues. Dr. Warshaw is an adjunct faculty member in the Department of Psychiatry at the University of Illinois.

Deborah Werner, M.A. Facilitated Discussions

Deborah (Deb) Werner, M.A, has been engaged in efforts to increase the effectiveness of health and human services systems since 1989. Ms. Werner serves as a senior program manager at Advocates for Human Potential, Inc. (AHP), and the Project Director for the SAMHSA Technical Assistance and Training on Women and Families Impacted by Substance Use and Mental Health Disorders project. Among her accomplishments, Ms. Werner is the Co-Creator, Director and Facilitator for SAMHSA's Women's Addiction Services Leadership Institute. She supports SAMHSA with resources on women and girls across SAMHSA's eight strategic initiatives. Her work includes: facilitating cross-system collaboration and planning; strategic consultation and coaching to strengthen organizations; and community-building and training initiatives. Her previous positions include serving as a Project Director for Children and Family Futures, Associate Director at Beyond Shelter, Inc., and Executive Director of the California Women's Commission on Alcohol and Drug Dependencies. She holds a Master of Arts degree in Urban Planning from the University of California, Los Angeles (UCLA).

Sharyl WhiteHawk

Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change

Sharyl WhiteHawk is an enrolled member of the Lac Courte Oreilles Band of Ojibway Indians of northwest Wisconsin. She is the mother of 10 children and has 25 grandchildren. She has been in recovery from substance abuse for the past 32 years and a Certified Chemical Dependency Counselor. Ms. WhiteHawk is a childhood and adult survivor of physical and sexual violence, and has experience working in the fields of tribal domestic and sexual violence advocacy. She did special needs foster care for over 20 years, specializing in helping Native American children effected by abuse and/or fetal alcohol exposure. She works as a trainer for White Bison, Inc., which is an organization that works to help Native American communities all over the U.S. and Canada with issues of addiction and traumas. She is also the Coordinator for Women in Wellbriety, an international program helping women connect to support healing and growth in Wellbriety (sobriety and wellness in mind, body, heart, and spirit) for self, family, community, and nations. She has devoted her life to using her experience and knowledge to help her people to heal from the devastating effects of substance abuse, family and sexual violence, and historical trauma.

Linda White-Young, M.S.W., LICSW Health, Empowerment, Resilience and Recovery Outcomes for Pregnant and Post-Partum Addicted Women Who Received Treatment

Linda White Young, M.S.W., LICSW has been with SAMHSA's Center for Substance Abuse Treatment (CSAT) for 20 years and is responsible for the management and growth of CSAT's residential treatment programs for women and the Pregnant and Postpartum Women (PPW) grant program. Under her leadership, the PPW program has evolved to be inclusive of fathers, extended family members, and has significantly advanced the provision of services to children in residential care with their mothers. Ms. White Young has ensured that the programs supported by the PPW grants are trained in trauma-informed, culturally responsive practices and that programs address the co-occurring mental health disorders and primary care needs of clients.

Donna Wiesenhahn, M.Ed.

Practice Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative

Donna Wiesenhahn, M.Ed., has worked in substance abuse prevention for the past 22 years as Director of a 17 county region in central Kentucky. Her interest in issues affecting women stems from her own daughter's genetic predisposition to substance abuse and to the everincreasing usage by young women. Kentucky had the opportunity to have a FASD research grant from 2001-2005 where passion was ignited in this area. She is the Director of Kentucky's FASD Prevention Enhancement Site (PES) that provides services across the Commonwealth. This year, the FASD PES is the recipient of a Service to Science evaluation grant that focuses on evaluating messaging to OB/GYN doctors. She has received numerous awards for her prevention work. She also has a background as a teacher, guidance counselor, as well as grandmother—all influences in her work.

Charles Wilson, M.S.S.W.

Creating a Trauma-Informed Child Welfare System for Woman and Girls

Charles Wilson, M.S.S.W., is the Executive Director of the Chadwick Center for Children and Families and the Sam and Rose Stein Endowed Chair in Child Protection at Children's Hospital—San Diego where he oversees a large multi-service child and family maltreatment organization providing prevention, intervention, medical assessment, and trauma treatment services, along with professional education and research. In addition, he directs the California Evidence-Based Clearinghouse for Child Welfare, under contract with the California Department of Social Services, and the Safe Kids California Project, funded by the U.S./HHS Children's Bureau. Former professional positions include the Executive Director of the National Children's Advocacy Center in Huntsville, Alabama and a variety of roles in public child protection—from a front line worker in Florida and Tennessee in the 1970s to the State Child Welfare Director in Tennessee (1982-1995). Currently, he co-chairs the Child Welfare Committee of the SAMHSAfunded National Child Traumatic Stress Network and serves on the board of the California Chapter of the National Children's Alliance. Previously, he has served as President of the American

Professional Society on Abuse of Children and Vice President of the National Association of Public Child Welfare Administrators, as well as an exofficio member of the National Children's Alliance Board of Directors. He is the author or co-author of numerous publications, including *Team Investigation of Child Sexual Abuse: The Uneasy Alliance*.

Cynthia Winton-Henry

Evening Workshop—Learning to Play with Life! The Wisdom of the Body

Cynthia Winton-Henry says she is a recovering serious person who invented an entire system of worldwide play which didn't help her workaholic tendencies. As the cofounder of InterPlay, she teaches audiences how to access body wisdom, creativity, and play. She practices as an artist, writer, spiritual director, wife, mom, family member, and grateful member of Alanon. Her background as a dancer and minister created perfect conditions for the riotous spiritual growth that gave rise to books like What the Body Wants, The Joy of Movement as Spiritual Practice, and Chasing the Dance of Life.

Sharon Denise Wise, M.H.S., CPS Healing Ourselves Through Creative Expression Sharon Wise, M.H.S., CPS, has assisted persons with mental illness, substance abuse, and trauma histories live productive lives by teaching them how to heal through the arts. MS. Wise's first hospitalization was at five years old. She is a Certified Executive Director and has produced mini documentaries; her most recent one was about her reuniting with her daughter who she surrendered over 26 years ago. She has a Master's degree and worked toward her Ph.D. Ms. Wise is also a Certified Property Manager to assure persons with disabilities have adequate housing. She completed 10 children books about a dog that is bipolar and experienced trauma. Her hope is to educate children about mental illness, trauma, and bullying. She was the 2008 VOICE Award and 2010 CIT Award recipient. Most recently she received the 2012 National Council on Behavioral Health Award for her contribution to the arts. Ms. Wise a member of the National Planetary Society.

Rosalind Wiseman

Rosalind Wiseman is an internationally recognized expert on children, teens, parenting, bullying, social justice, and ethical leadership. Wiseman is the author of Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and the New Realities of Girl World, the groundbreaking, fully-revised edition of her bestselling book that was the basis for the *Mean* Girls movie. Her follow-up book, Queen Bee Moms and Kingpin Dads, addresses the social hierarchies and conflicts among parents. It is now being made into a major motion picture by New Line Cinema. Her latest endeavor is a young adult novel, Boys, Girls, & Other Hazardous Materials, which follows heroine Charlie Healey as she navigates the good, bad, and ugly of her freshman year of high school. Additional publications include the Owning Up curriculum, a comprehensive social justice program for grades 6-12, and she writes the monthly "Ask Rosalind" column in Family Circle Magazine. In 2011, Wiseman worked with Unilever's "Don't Fret the Sweat" campaign to raise awareness about tweens' body development and how it impacts their overall growth. In addition, Rosalind is a spokesperson for LG's Text Education Council that aims to inform parents about responsibly monitoring teen cell phone usage. She is a frequent guest on the Today Show and Anderson Cooper and has been profiled in The New York Times, People, Los Angeles Times, Chicago Tribune, Washington Post, USA Today, Oprah, Nightline, CNN, Good Morning America, and National Public Radio affiliates throughout the country.

Gail Wyatt, Ph.D.

Keynote Empowerment, Resilience, and Recovery Occur in the Context of Women's Lives and Teaching Innovative Skills for HIV Prevention

Gail Wyatt, Ph.D., is a clinical psychologist, board certified sex therapist and Professor of Psychiatry and Biobehavioral Sciences at the Semel Institute for Neuroscience and Behavior at UCLA. Dr. Wyatt is a graduate of Fisk University and received her doctorate at UCLA. She was the first African American woman in California to receive a license to practice psychology, and the first African American woman with a Ph.D. to reach full professor in a school of medicine. Her research examines the consensual and abusive sexual relationships of women and men; the effects of these experiences on their psychological well-being; and the cultural context of risks for STIs and

HIV. She has conducted national and international research funded by the NIMH, NIDA, state and private funders since 1980. Dr. Wyatt directs the Sexual Health program, the Phodiso Training Project in South Africa, the HIV/AIDS Translational Training Program, the Center for Culture, and Trauma and Mental Health Disparities program. She is the Associate Director of the UCLA AIDS Institute. Among the six books she has written or edited, her best-selling book, Stolen Women: Reclaiming Our Sexuality, Taking Back Our Lives (John Wiley and Sons) provides the historical roots that continue to present challenges for African Americans today. In No More Clueless Sex, written with Dr, Lewis Wyatt, clinical information is provided to assist men and women in understanding their bodies and sexuality.

Nancy K. Young Ph.D.
Improving Family Outcomes Using Treatment
Engagement Strategies

Nancy K. Young, Ph.D., is the Director of Children and Family Futures, a California-based research and policy institute whose purpose is to improve outcomes for children and families affected by substance use disorders. Dr. Young also serves as the Director of the federally-funded National Center on Substance Abuse and Child Welfare, which provides technical assistance to states, tribes, and communities to enhance practice, policy, and cross-system collaboration for the benefit of affected families. She has authored many policy analyses and evaluation reports on substance abuse, welfare, and child welfare for organizations such as the Child Welfare League of America, the National Association of State Alcohol and Drug Abuse Directors, SAMHSA, and the Administration on Children, Youth and Families.

Joan E. Zweben, Ph.D.
Integrated Behavioral Health: What Works,
Challenges and Lessons Learned

Joan Ellen Zweben, Ph.D., is a clinical psychologist with over 35 years of experience in treating co-occurring psychiatric and addictive disorders, and training treatment practitioners. These practitioners include peer counselors, social workers, marriage and family counselors, psychologists, criminal justice personnel, nurses and physicians. Dr. Ellen Zweben has a broad based background in mental health, alcoholism, drug dependence, and has experience with both residential and outpatient modalities. She has a long-standing commitment to building treatment resources through networking

activities. She is the Founder and Executive Director of the East Bay Community Recovery Project in Oakland, which provides psychosocial, housing, employment and limited medical services. Her activities as an author, teacher, and consultant keep her informed of new developments in the field of co-occurring disorders. She is the author of four books, over 60 articles or book chapters and editor of 15 monographs on treating addiction.

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website: www.alliancehealthcarefoundation.org
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We look for ways to collaborate
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American Association of Marriage and Family Therapists

112 South Alfred Street Alexandria, VA 22314 703-253-0455

website: www.aamft.org/iMIS15/AAMFT
The AAMFT Minority Fellowship Program's
objective is to expand the delivery of culturally
competent mental health and substance
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877-511-3830

website: **behavioralhealth.asu.edu**Our Online Doctor of Behavioral Health is offered to Master Level, licensed clinicians who are interested in future careers in integrated health.

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5353 Mission Center Road, Suite 300 San Diego, CA 92108 619-718-9655

website: www.apu.edu

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California Smokers Helpline, UCSD

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The Helpline provides free telephone counseling and materials for people who want to quit smoking.

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One Chatham Center, Suite 700 Pittsburgh, PA 15219 412-454-2636

website: www.ccbh.com

We are a nonprofit recovery-oriented behavioral health managed care company, primarily managing services for the public sector.

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FASD Center for Excellence/ SAMHSA

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website: fasdcenter.samhsa.gov

We are a federal initiative devoted to preventing and treating and providing information and resources about FASD. Additionally, The Center is also dedicated to providing training, technical assistance, and conference/event speakers.

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website: www.internationalbipolarfoundation.org Our mission is to eliminate Bipolar Disorder through the advancement of research and to promote and enhance care and support services.

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National Asian Pacific American Families Against Substance Abuse

340 E. 2nd Street, Suite 409 Los Angeles, CA 90012 213-625-5795

website: www.napafasa.org

NAPAFASA prevents and reduces substance abuse in Asian American, Native Hawaiian, and Pacific Islander communities through research, advocacy, and education.

National ATTC Office

5100 Rockhill Road Kansas City, MO 64110 816-235-6888

website: www.attcnetwork.org

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National Center for Substance Abuse and Child Welfare

866-493-2758.

website: www.ncsacw.samhsa.gov

NCSACW is an initiative of the Department of Health and Human Services and jointly funded by the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center and the Administration on Children, Youth and Families (ACYF). The mission is to improve systems and practice for families with substance use disorders who are involved in the child welfare and family judicial systems by assisting local, State and tribal agencies. A wide variety of technical assistance and training is available through the NCSACW.

National Minority AIDS Council

1931 13th Street, NW Washington, D.C. 20009 202-483-6622

website: www.nmac.org

NMAC develops leadership in communities of color to end the HIV/AIDS epidemic. Since 1987, NMAC has advanced this mission through a variety of programs and services, including: a public policy education program, national and regional training conferences, a treatment and research program, and numerous electronic and materials.

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Substance Abuse and Mental Health Services and Administration (SAMHSA)

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website: www.samhsa.gov

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA provides national leadership and a voice for behavioral health; funds state and local service agencies through grants and formulas; collects data and provides surveillance reports about the impact of behavioral health on American life; leads efforts to provide public education about mental illness and substance abuse prevention, treatment and recovery; regulates and provides oversight for certain aspects of behavioral health services; and promotes practice improvement in community-based, primary, and specialty care settings.

Scripps Behavioral Health Services

4077 5th Avenue Level D San Diego, CA 92103 619-290-6740

website: www.scripps.org

Scripps Mercy's Behavioral Health Services offers care for adults with psychiatric conditions. Services include inpatient, outpatient, community health and advocacy, psychosocial skills training, community reintegration, geropsychiatric inpatient, and senior outpatient treatment.

Sharp Behavioral Health

7850 Vista Hill Avenue San Diego, CA 92123 858-278-4110

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Sharp Mesa Vista Hospital provides behavioral health services for children, adolescents, adults and seniors experiencing anxiety, bipolar disorder, depression, eating disorders and other conditions. It is the largest privately operated psychiatric hospital and premier provider of mental health, chemical dependency and substance abuse treatment in San Diego County.

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One Renaissance Boulevard Oakbrook Terrace, IL 60181 630-792-5689

website: www.jointcommission.org

We are the Gold Standard in behavioral health accreditation. Demonstrate your commitment to quality and safety to those you serve.

The Union of Pan Asian Communities

1031 25th Street San Diego, CA 92102 619-929-4340

website: www.upacsd.com

UPAC's mission is to improve the general welfare and education of San Diego's API and other ethnic communities

UCSD Mother, Child & Adolescent Services

4076 Third Avenue San Diego, CA 92103 619-543-8089

website: ucsdmcap.org/home

The UCSD Mother, Child & Adolescent HIV Program provides comprehensive, family-centered HIV care to women, children, and youth.

USC School of Social Work, Academic Center

Montgomery Ross Fisher Building Los Angeles, CA 90089 213-289-4967

website: sowkweb.usc.edu

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769 Summertree Lane Westerville, OH 43081 614-448-7623

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We offer a comprehensive sexual health
curriculum, aimed at prevention of relapse and
HIV, for women with trauma and substance abuse
histories.

Wellbriety Training Institute/White Bison, Inc.

701 N. 20th Street Colorado Springs, CO 80904 719-548-1000

website: www.whitebison.org/wellbriety-training Training of 10 different curriculums, culturally specific/trauma-informed programs specifically designed to bring healing to communities

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5205 Colley Avenue. Norfolk, VA 23508 757-213-5960

website: www.welligent.com

We give you the software tools you need to manage all programs, services, and payers from one integrated system.

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WESTLOVE Color and Culture is the premiere community artisan visual arts exhibitor of linen and silk artwear and textiles for the purpose of enhancing cultural awareness, supporting cultural diversity, encouraging educational equity and promoting cultural competency.

LEARNING CLUSTER INDEX

The CONFERence has been organized with 11 learning clusters. Each cluster contains sessions that were recommended by the Learning Cluster committee (see acknowledgements for committee participants). This Index contains sessions that are likely to be of interest to individuals who are interested in a specific learning cluster. Since many sessions address more than one learning cluster; sessions appear in this index more than one time. Some sessions are dedicated to the learning cluster topic, while others have some related content. This list is not all-inclusive, and you are encouraged to review many of the session abstracts. There are numerous excellent choices during each breakout session. Please note that all sessions and topics are open to all participants. You do not need to be a peer to participate in the peer leadership cluster—in fact many of these sessions are aimed at clinicians and other people interested in healing approaches. All sessions are first-come, first-served. If your first choice session is full, please select another session.

Prevention

Prevention Learning Cluster			
Speakers	Торіс	Session	Room
Stephanie Hawkins Anderson, Ph.D.	Adolescent Girls 101: Development and Behavior	Session A	NY/Orlando
Vince Felitti, M.D.	Chat with Vince Felitti, M.D.	Session A	Presidio
Brenda Smith, J.D.	Minority Over-Representation in the Criminal Justice System—The Impact on African American Women, Families and Their Communities and Important Emerging Interventions	Session A	San Diego C
Alice Skenandore and A.J. Ernst, Ph.D.	The Challenges and Solutions of Evidence- Based Practices in Native Communities: The Story of Discovery Dating	Session A	Torrey Pines 3
Charles E. Wilson, M.S.W. and Lisa Conradi	Creating a Trauma-Informed Child Welfare System for Woman and Girls	Session B	San Diego A
Kathy Reynolds, M.S.W., ACSW	Preparing for Health Care Reform: Health Homes, Accountable Care Organizations and You	Session B	San Diego C
Norma Finkelstein Ph.D., LCSW and Jill Hensley, M.A.	Screening and Intervention Projects for Women of Childbearing Age: Prevention of FASD and Other Adverse Birth Outcomes	Session B	NY/Orlando
Vince Felitti, M.D.	The Adverse Childhood Experiences (ACE) Study	Session C	San Diego A
Rosa Maria Gil, D.S.W.	A Community-Defined Intervention to Reduce Suicide among Latina Adolescents	Session C	Atlanta/Chicago
Dace Svikis, Ph.D.	Women's Health and Pregnancy	Session C	Rancho Santa Fe 1

Prevention Learning Cluster			
Speakers	Торіс	Session	Room
Sharon D. Wise, M.H.S.	Healing Ourselves Through Creative Expression	Session C	Rancho Santa Fe 2
Kathleen M. O'Leary, M.S.W., Samia Dawud Noursi, Ph.D., Robert C. Freeman, Ph.D.	Women's Health Research at the National Institutes of Health	Session D.0	San Diego B
Rosalind Wiseman	Chat with Rosalind Wiseman	Session D.0	Presidio
Daniel Perkins, Ph.D. and Mona Johnson, M.A., CPP, CDP	Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families	Session D.0	NY/Orlando
Erika Ostlie, M.A, Karen Pershing, M.P.H., and Claudia Richards	The Prescription Drug Epidemic: Reducing and Preventing Misuse and Consequences	Session D.0	Atlanta/Chicago
Michelle (Sheli) Reynolds, Ph.D.	Leveraging National Service Opportunities: For Your Organization and the Women You Support	Session D.1	Rancho Santa Fe 3
Beth Hossfeld, LMFT	Girls Circle [®] Trauma Training and Girls Circle [®] Trauma Responsive Curriculum	Session D.2	Torrey Pines 3
Erica Ahmed, M.A., M.S., CHES	Health Promotion, Social Media, and Girls: When Wellness Can't Wait	Session D.2	Torrey Pines 1-2
Jody Brook, Ph.D., M.S.W., LCSW	Implementing "Strengthening Families" and "Celebrating Families" Programs: Sharing Experience and Strategies	Session E	Atlanta/Chicago
Gail E. Wyatt, Ph.D.	Teaching Innovative Skills for HIV Prevention	Session E	San Diego C
Jamie Hart, Ph.D.	Improving Behavioral Health Outcomes for Diverse Veterans and Their Families	Session F	Rancho Santa Fe 1
Firoza Chic Dabby-Chinoy	Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency	Session F	Rancho Santa Fe 2
Iris E. Smith, Ph.D., Donna Wiesenhahn, and Eva Dolgin	Practice-Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative	Session G	San Diego B
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Session G	San Diego A
Sherri Green, Ph.D.	Coaching in Women's Behavioral Health Programs: Options, Opportunities, and Essentials	Session G	Rancho Santa Fe 3
Martha Kurgans, LCSW and Susan Green	Screening and Early Interventions for Substance Exposed Infants	Session G	Chicago/Atlanta

Prevention Learning Cluster			
Speakers	Topic	Session	Room
Christina (Chrissy) James, M.S., CHES	Females and Suicide Prevention	Session G	San Diego C
Tamu Nolfo, Ph.D.	Meeting Her Workplace Needs: Culturally and Linguistically Appropriate Services for Women	Session G	Rancho Santa Fe 2

Interventions Cluster

Interventions Learning Cluster			
Speakers	Торіс	Session	Room
Hortensia Amaro, Ph.D. and Vivian Brown, Ph.D.	Integrating Evidence-Based Practices and Real Life Experiences in Women's Treatment	Session A	San Diego B
Alice Skenandore and A.J. Ernst, Ph.D.	The Challenges and Solutions of Evidence- Based Practices in Native Communities: The Story of Discovery Dating	Session A	Torrey Pines 3
Patricia Chamberlain, Ph.D. and Leslie D. Leve, Ph.D.	Girls with Delinquency: Risks, Resilience, and Intervention	Session B	Rancho Santa Fe 1
Judith Martin, M.D.	Medication-Assisted Treatment: Methadone and Buprenorphine Maintenance for Women	Session B	Atlanta/Chicago
Sandra Goodwin, Ph.D., M.S.W. and Todd Sosna, Ph.D.	Implementing and Sustaining Evidence- Based Practices	Session B	Torrey Pines 3
Norma Finkelstein Ph.D., LCSW and Jill Hensley, M.A.	Screening and Intervention Projects for Women of Childbearing Age: Prevention of FASD and Other Adverse Birth Outcomes	Session B	NY/Orlando
Ruta Mazelis, B.S.	Peer Leadership and Self Injury: Lived Experience Lights the Way	Session C	Torrey Pines 1-2
Rosa Maria Gil, D.S.W.	A Community-Defined Intervention to Reduce Suicide among Latina Adolescents	Session C	Atlanta/Chicago
Dace Svikis, Ph.D.	Women's Health and Pregnancy	Session C	Rancho Santa Fe 1
Kathleen M. O'Leary, M.S.W., Samia Dawud Noursi, Ph.D., Robert C. Freeman, Ph.D.	Women's Health Research at the National Institutes of Health	Session D.0	San Diego B
Jeanne L. Obert, M.F,T., M.S.M	The Matrix Model of Intensive Outpatient Treatment—A New Supplement for Women	Session D.1	Torrey Pines 1-2

Interventions Learning Cluster			
Speakers	Торіс	Session	Room
Alessandra Liquori O'Neil	Project DAWN's efforts in Italy and the United Nations Interregional Crime and Justice Research Institute	Session D.1	Rancho Santa Fe 1
Beth Hossfeld, LMFT	Girls Circle [®] Trauma Training and Girls Circle [®] Trauma Responsive Curriculum	Session D.2	Torrey Pines 3
Iliana Ojeda-Rivera, M.Ed., CADAC	: Engaging Latina Women in Treatment	Session D.2	Rancho Santa Fe 2
Carole Warshaw, M.D., and Patricia J. Bland, M.A., CDP	Domestic Violence, Trauma, Substance Abuse and Mental Health: Responding to Ongoing Safety Needs in the Context of Behavioral Health Treatment	Session E	San Diego B
Maureen Buell M.S.A. and Alexa Eggleston, J.D.	What Works for Women? Understanding Risk, Need, and Resiliency	Session E	San Diego A
Sharyl Whitehawk	Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change	Session E	Torrey Pines 1-2
Joan Zweben, Ph.D. and Leslie Preston, LCSW	Integrated Behavioral Health: What Works, Challenges, and Lessons Learned	Session E	Rancho Santa Fe 2
Leslie Anderson, Ph.D.	Eating Disorders, Substance Abuse, and Self-Harm/Suicidality in Adolescent Girls	Session E	NY/Orlando
Jody Brook, Ph.D., M.S.W., LCSW	Implementing "Strengthening Families" and "Celebrating Families" Programs: Sharing Experience and Strategies	Session E	Atlanta/Chicago
Gail E. Wyatt, Ph.D.	Teaching Innovative Skills for HIV Prevention	Session E	San Diego C
Kimberly Selvaggi	Voices: A Program of Self-Discovery and Empowerment for Girls	Session F	Chicago/Atlanta
Firoza Chic Dabby-Chinoy	Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency	Session F	Rancho Santa Fe 2
Iris E. Smith, Ph.D., Donna Wiesenhahn, and Eva Dolgin	Practice-Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative	Session G	San Diego B
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Session G	San Diego A

Interventions Learning Cluster			
Speakers	Торіс	Session	Room
Martha Kurgans, LCSW and Susan Green	Screening and Early Interventions for Substance Exposed Infants	Session G	Chicago/Atlanta
Christina (Chrissy) James, M.S., CHES	Females and Suicide Prevention	Session G	San Diego C

Trauma and Violence Cluster

Trauma and Violence Learning Cluster			
Speakers	Торіс	Session	Room
Hortensia Amaro, Ph.D. and Vivian Brown, Ph.D.	Integrating Evidence-Based Practices and Real Life Experiences in Women's Treatment	Session A	San Diego B
Cheryl Sharp, M.S.W., ALWF	Trauma-Informed WRAP [®] : Supporting Women's Healing	Session A	Rancho Santa Fe 2
Michelle J. Trotter- Mathison, Ph.D.	Practitioner Resiliency: Burnout Prevention and Self-Care Strategies for Professionals	Session A	Torrey Pines 1-2
Barbara E. Bloom, Ph.D. & Stephanie Covington, Ph.D., LCSW, Daphne Hookano	Invisible Resiliency: Justice-involved Women	Session B	San Diego B
Tonier Cain	Trauma and Recovery	Session B	Torrey Pines 1-2
Patricia Chamberlain, Ph.D. and Leslie D. Leve, Ph.D.	Girls with Delinquency: Risks, Resilience, and Intervention	Session B	Rancho Santa Fe 1
Vince Felitti, M.D.	The Adverse Childhood Experiences (ACE) Study	Session C	San Diego A
Bonita M. Veysey, Ph.D.	Negotiating Re-Entry: Maximizing Resources and Resiliencies for Positive Change	Session C	San Diego C
Ruta Mazelis, B.S.	Peer Leadership and Self Injury: Lived Experience Lights the Way	Session C	Torrey Pines 1-2
Toni Mosely, M.F.T. and Kim Archuletta, LCSW	Trauma-Informed Clinical Supervision	Session C	NY/Orlando

Trauma and Violence Learning Cluster			
Speakers	Торіс	Session	Room
Kathleen M. O'Leary, M.S.W., Samia Dawud Noursi, Ph.D., Robert C. Freeman, Ph.D.	Women's Health Research at the National Institutes of Health	Session D.0	San Diego B
Alessandra Liquori O'Neil	Project DAWN's efforts in Italy and the United Nations Interregional Crime and Justice Research Institute	Session D.1	Rancho Santa Fe 1
Beth Hossfeld, LMFT	Girls Circle [®] Trauma Training and Girls Circle [®] Trauma Responsive Curriculum	Session D.2	Torrey Pines 3
Carole Warshaw, M.D., and Patricia J. Bland, M.A., CDP	Domestic Violence, Trauma, Substance Abuse and Mental Health: Responding to Ongoing Safety Needs in the Context of Behavioral Health Treatment	Session E	San Diego B
Sandra Bloom, M.D.	Chat with Sandy Bloom, M.D.	Session E	Presidio
Sharyl Whitehawk	Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change	Session E	Torrey Pines 1-
Leslie Anderson, Ph.D.	Eating Disorders, Substance Abuse, and Self-Harm/Suicidality in Adolescent Girls	Session E	NY/Orlando
Tia Christopher	Military Sexual Trauma: A Survivor-Informed Approach to Care	Session E	Torrey Pines 3
Gail E. Wyatt, Ph.D.	Teaching Innovative Skills for HIV Prevention	Session E	San Diego C
Kimberly Selvaggi	Voices: A Program of Self-Discovery and Empowerment for Girls	Session F	Chicago/Atlanta
Jacki McKinney	Development of "Seniors" as Champions and Mentors	Session F	Presidio
Cathy Cave and Darby Penney	Engaging Women in Trauma-Informed Peer Support	Session F	San Diego C
Beth Filson, M.F.A, CPS	Supervision and Partnerships with Peer Supporters in Trauma Healing	Session F	Torrey Pines 3
Firoza Chic Dabby-Chinoy	Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency	Session F	Rancho Santa Fe 2
Niki Miller, M.S., CPS with Michele Hamasaki	Trauma-Informed Approaches and Women in the Criminal Justice System	Session F	San Diego A

Trauma and Violence Learning Cluster			
Speakers	Topic	Session	Room
Rev. Laura L. Mancuso, M.S., CRC, CPRP	Finding Your Own Spiritual Practices for Personal Wellbeing, Trauma Healing, and Recovery	Session F	Torrey Pines 1-2
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Session G	San Diego A
Stephanie Covington, Ph.D., LCSW	Chat with Stephanie Covington	Session G	Presidio

Recovery Supports Cluster

Recovery Supports			
Speakers	Торіс	Session	Room
Nancy Young, Ph.D. and Julia Maestas, M.S.	Improving Family Outcomes Using Treatment Engagement Strategies	Session A	Atlanta/Chicago
Cheryl Sharp, M.S.W., ALWF	Trauma-Informed WRAP®: Supporting Women's Healing	Session A	Rancho Santa Fe 2
Kim Brown, CPM, Jackie Doodley, Linda McCorkle, B.S. Bernestine Jeffers	Recovery Support Services for Women Across the States	Session B	Rancho Santa Fe 2
Cathy Cave, Laura Prescott, B.A., and LaVerne Saunders	Culture, Spirituality, and Community	Session C	San Diego B
Francine Feinberg, Psy.D., LCSW	Being Family-Centered: A Relational Approach to the Treatment of Women	Session C	Rancho Santa Fe 3
Ruta Mazelis, B.S.	Peer Leadership and Self Injury: Lived Experience Lights the Way	Session C	Torrey Pines 1-2
Rosa Maria Gil, D.S.W.	A Community-Defined Intervention to Reduce Suicide among Latina Adolescents	Session C	Atlanta/Chicago
Sharon D. Wise, M.H.S.	Healing Ourselves Through Creative Expression	Session C	Rancho Santa Fe 2
Rene Andersen, M.Ed., Susan Blacksher, M.S.W., and LaVerne Saunders. M.S., RN	Why It Works and When It Doesn't: Effective Involvement of Peers in Services for Women and Girls	Session D.0	San Diego A
Sherri Downing	Understanding the HEARTH Act and Changes in Homeless Service Systems Serving Women and Families	Session D.1	Rancho Santa Fe 2

Recovery Supports			
Speakers	Торіс	Session	Room
Michelle (Sheli) Reynolds, Ph.D.	Leveraging National Service Opportunities: For Your Organization and the Women You Support	Session D.1	Rancho Santa Fe 3
Iliana Ojeda-Rivera, M.Ed., CADAC	Engaging Latina Women in Treatment	Session D.2	Rancho Santa Fe 2
Juliet Dorris-Williams, LISW-S	Find Your Passion, Find Your Purpose	Session D.2	Rancho Santa Fe 1
Sharyl Whitehawk	Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change	Session E	Torrey Pines 1-2
Kimberly Craig and Ellie Skelton, M.A., CPRP	Sober and Supportive Housing for Women and Families	Session E	Rancho Santa Fe 1
Gail E. Wyatt, Ph.D.	Teaching Innovative Skills for HIV Prevention	Session E	San Diego C
Maria Rodman	Honoring Lived Experience Through Peer- to-Peer Supports in Higher Education	Session F	San Diego B
Jacki McKinney	Development of "Seniors" as Champions and Mentors	Session F	Presidio
Jamie Hart, Ph.D.	Improving Behavioral Health Outcomes for Diverse Veterans and Their Families	Session F	Rancho Santa Fe 1
Firoza Chic Dabby-Chinoy	Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency	Session F	Rancho Santa Fe 2
Rev. Laura L. Mancuso, M.S., CRC, CPRP	Finding Your Own Spiritual Practices for Personal Wellbeing, Trauma Healing, and Recovery	Session F	Torrey Pines 1-2
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Session G	San Diego A
Sherri Green, Ph.D.	Coaching in Women's Behavioral Health Programs: Options, Opportunities, and Essentials	Session G	Rancho Santa Fe 3

Primary Health Integration Cluster

Primary Health Integration			
Speakers	Topic	Session	Room
Vince Felitti, M.D.	Chat with Vince Felitti, M.D.	Session A	Presidio
Johanna Ferman, M.D.	Making or Breaking Integration: Unspoken Challenges, Untold Potential	Session A	Rancho Santa Fe 1
Kathy Reynolds, M.S.W., ACSW	Preparing for Health Care Reform: Health Homes, Accountable Care Organizations and You	Session B	San Diego C
Judith Martin, M.D.	Medication-Assisted Treatment: Methadone and Buprenorphine Maintenance for Women	Session B	Atlanta/Chicago
Norma Finkelstein Ph.D., LCSW and Jill Hensley, M.A.	Screening and Intervention Projects for Women of Childbearing Age: Prevention of FASD and Other Adverse Birth Outcomes	Session B	NY/Orlando
Vince Felitti, M.D.	The Adverse Childhood Experiences (ACE) Study	Session C	San Diego A
Dace Svikis, Ph.D.	Women's Health and Pregnancy	Session C	Rancho Santa Fe 1
Jeri Davis, M.B.A.	Marketing Women's Specific Services During Healthcare Reform	Session C	Torrey Pines 3
Linda Rosenberg, M.S.W. and Becky Vaughn, M.S.Ed.	Women Leading Women's Services: Fitting in the New Healthcare Ecosystem	Session D.0	San Diego C
Erika Ostlie, M.A, Karen Pershing, M.P.H., and Claudia Richards	The Prescription Drug Epidemic: Reducing and Preventing Misuse and Consequences	Session D.0	Atlanta/Chicago
Joan Zweben, Ph.D. and Leslie Preston, LCSW	Integrated Behavioral Health: What Works, Challenges, and Lessons Learned	Session E	Rancho Santa Fe 2
Leslie Anderson, Ph.D.	Eating Disorders, Substance Abuse, and Self- Harm/Suicidality in Adolescent Girls	Session E	NY/Orlando
Gail E. Wyatt, Ph.D.	Teaching Innovative Skills for HIV Prevention	Session E	San Diego C
Sarah Harkless, M.Ed.	Medicaid Partnership, Compliance, and Program Development Strategies	Session F	Rancho Santa Fe 3
Martha Kurgans, LCSW and Susan Green	Screening and Early Interventions for Substance Exposed Infants	Session G	Chicago/Atlanta

Justice Involved Women Cluster

Justice Involved Women			
Speakers	Topic	Session	Room
Brenda Smith, J.D.	Minority Over-Representation in the Criminal Justice System—The Impact on African American Women, Families and Their Communities and Important Emerging Interventions	Session A	San Diego C
Stephanie Hawkins Anderson, Ph.D.	Adolescent Girls 101: Development and Behavior	Session A	NY/Orlando
Barbara E. Bloom, Ph.D. & Stephanie Covington, Ph.D., LCSW, Daphne Hookano	Invisible Resiliency: Justice-involved Women	Session B	San Diego B
Tonier Cain	Trauma and Recovery	Session B	Torrey Pines 1-2
Patricia Chamberlain, Ph.D. and Leslie D. Leve, Ph.D.	Girls with Delinquency: Risks, Resilience, and Intervention	Session B	Rancho Santa Fe 1
Kimberly Bond, LMFT and Colleen Marshall, LMFT	Knowledge to Action: Implementing Services for Women and Girls	Session B	Rancho Santa Fe 3
Bonita M. Veysey, Ph.D.	Negotiating Re-Entry: Maximizing Resources and Resiliencies for Positive Change	Session C	San Diego C
Maureen Buell M.S.A. and Alexa Eggleston, J.D.	What Works for Women? Understanding Risk, Need, and Resiliency	Session E	San Diego A
Niki Miller, M.S., CPS with Michele Hamasaki	Trauma-Informed Approaches and Women in the Criminal Justice System	Session F	San Diego A

Adolescent Girls Cluster

Adolescent Girls			
Speakers	Торіс	Session	Room
Stephanie Hawkins Anderson, Ph.D.	Adolescent Girls 101: Development and Behavior	Session A	NY/Orlando
Tamara Johnson	"We've Been Down This Road Before"—The Value of Peer Support in Young Women's Lives on the Road to Resiliency	Session A	Rancho Santa Fe 3
Alice Skenandore and A.J. Ernst, Ph.D.	The Challenges and Solutions of Evidence- Based Practices in Native Communities: The Story of Discovery Dating	Session A	Torrey Pines 3
Charles E. Wilson, M.S.W. and Lisa Conradi	Creating a Trauma-Informed Child Welfare System for Woman and Girls	Session B	San Diego A
Patricia Chamberlain, Ph.D. and Leslie D. Leve, Ph.D.	Girls with Delinquency: Risks, Resilience, and Intervention	Session B	Rancho Santa Fe 1
Rosa Maria Gil, D.S.W.	A Community-Defined Intervention to Reduce Suicide among Latina Adolescents	Session C	Atlanta/Chicago
Kathleen M. O'Leary, M.S.W., Samia Dawud Noursi, Ph.D., Robert C. Freeman, Ph.D.	Women's Health Research at the National Institutes of Health	Session D.0	San Diego B
Rosalind Wiseman	Chat with Rosalind Wiseman	Session D.0	Presidio
Erika Ostlie, M.A, Karen Pershing, M.P.H., and Claudia Richards	The Prescription Drug Epidemic: Reducing and Preventing Misuse and Consequences	Session D.0	Atlanta/Chicago
Norma Finkelstein, Ph.D.	Listening to Girls' Voices: Engaging Girls in Behavioral Health Treatment	Session D.1	Torrey Pines 3
Beth Hossfeld, LMFT	Girls Circle [®] Trauma Training and Girls Circle [®] Trauma Responsive Curriculum	Session D.2	Torrey Pines 3
Erica Ahmed, M.A., M.S., CHES	Health Promotion, Social Media, and Girls: When Wellness Can't Wait	Session D.2	Torrey Pines 1-2
Kelly Reinhardt, PMP	Recruiting Young Women to Behavioral Healthcare—Listen Before You Talk	Session E	Rancho Santa Fe 3
Leslie Anderson, Ph.D.	Eating Disorders, Substance Abuse, and Self-Harm/Suicidality in Adolescent Girls	Session E	NY/Orlando
Maria Rodman	Honoring Lived Experience Through Peer- to-Peer Supports in Higher Education	Session F	San Diego B

Adolescent Girls				
Speakers	Торіс	Session	Room	
Kimberly Selvaggi	Voices: A Program of Self-Discovery and Empowerment for Girls	Session F	Chicago/Atlanta	
Iris E. Smith, Ph.D., Donna Wiesenhahn, and Eva Dolgin	Practice-Based Innovation for the Prevention of Underage and Risky Drinking in Adolescent Girls: Examples from SAMHSA's Service to Science Initiative	Session G	San Diego B	
Stephanie Covington, Ph.D., LCSW	Chat with Stephanie Covington	Session G	Presidio	

Military Women and Families Cluster

Military Women and Families Cluster					
Speakers Topic Session Type Room					
Kate McGraw, Ph.D. and Angela Halvorson	Military Culture for the Non-Military Therapist	Session A	San Diego A		
Kimberly Bond, LMFT and Colleen Marshall, LMFT	Knowledge to Action: Implementing Services for Women and Girls	Session B	Rancho Santa Fe 3		
Daniel Perkins, Ph.D. and Mona Johnson, M.A., CPP, CDP	Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families	Session D.0	NY/Orlando		
Joan Zweben, Ph.D. and Leslie Preston, LCSW	Integrated Behavioral Health: What Works, Challenges, and Lessons Learned	Session E	Rancho Santa Fe 2		
Tia Christopher	Military Sexual Trauma: A Survivor-Informed Approach to Care	Session E	Torrey Pines 3		
Jamie Hart, Ph.D.	Improving Behavioral Health Outcomes for Diverse Veterans and Their Families	Session F	Rancho Santa Fe 1		
Christina (Chrissy) James, M.S., CHES	Females and Suicide Prevention	Session G	San Diego C		

Children and Families Cluster

Children and Families			
Speakers	Торіс	Session	Room
Vince Felitti, M.D.	Chat with Vince Felitti, M.D.	Session A	Presidio
Nancy Young, Ph.D. and Julia Maestas, M.S.	Improving Family Outcomes Using Treatment Engagement Strategies	Session A	Atlanta/Chicago
Brenda Smith, J.D.	Minority Over-Representation in the Criminal Justice System—The Impact on African American Women, Families and Their Communities and Important Emerging Interventions	Session A	San Diego C
Alice Skenandore and A.J. Ernst, Ph.D.	The Challenges and Solutions of Evidence-Based Practices in Native Communities: The Story of Discovery Dating	Session A	Torrey Pines 3
Charles E. Wilson, M.S.W. and Lisa Conradi	Creating a Trauma-Informed Child Welfare System for Woman and Girls	Session B	San Diego A
Norma Finkelstein Ph.D., LCSW and Jill Hensley, M.A.	Screening and Intervention Projects for Women of Childbearing Age: Prevention of FASD and Other Adverse Birth Outcomes	Session B	NY/Orlando
Francine Feinberg, Psy.D., LCSW	Being Family-Centered: A Relational Approach to the Treatment of Women	Session C	Rancho Santa Fe 3
Dace Svikis, Ph.D.	Women's Health and Pregnancy	Session C	Rancho Santa Fe 1
Rosalind Wiseman	Chat with Rosalind Wiseman	Session D.0	Presidio
Daniel Perkins, Ph.D. and Mona Johnson, M.A., CPP, CDP	Preventing Substance Use Disorders and Promoting Behavioral Health in Military Families	Session D.0	NY/Orlando
Beth Hossfeld, LMFT	Girls Circle® Trauma Training and Girls Circle® Trauma Responsive Curriculum	Session D.2	Torrey Pines 3
Carole Warshaw, M.D., and Patricia J. Bland, M.A., CDP	Domestic Violence, Trauma, Substance Abuse and Mental Health: Responding to Ongoing Safety Needs in the Context of Behavioral Health Treatment	Session E	San Diego B
Sharyl Whitehawk	Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change	Session E	Torrey Pines 1-2
Kimberly Craig and Ellie Skelton, M.A., CPRP	Sober and Supportive Housing for Women and Families	Session E	Rancho Santa Fe 1
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Session G	San Diego A

Children and Families			
Speakers	Торіс	Session	Room
Martha Kurgans, LCSW and Susan Green	Screening and Early Interventions for Substance Exposed Infants	Session G	Chicago/Atlanta
Karen Allen, Ph.D. and Linda White Young, LICSW	Health, Empowerment, Resilience, and Recovery Outcomes for Pregnant and Post-Partum Addicted Women Who Received Treatment	Session G	New York/Orlando
Imani Walker	Mothers in Recovery—Empowered and Making the Difference!	Session G	Torrey Pines 1 – 2

Peer-Leadership Cluster

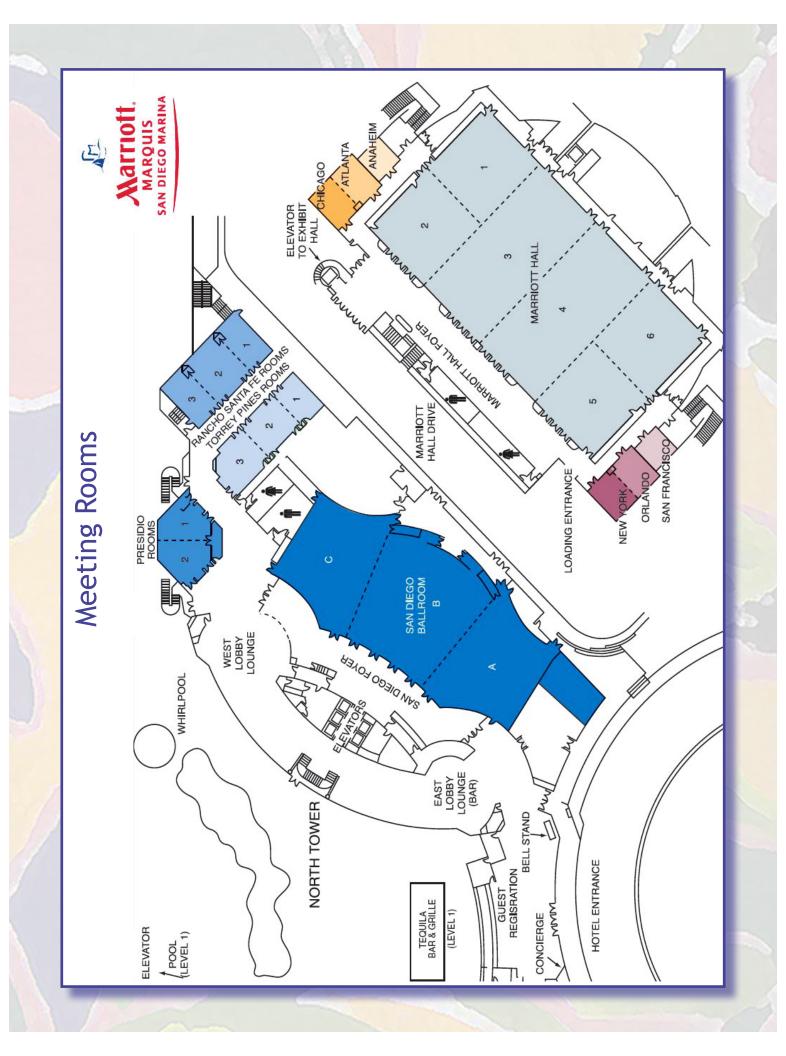
Peer Leadership			
Speakers	Торіс	Session	Room
Tamara Johnson	"We've Been Down This Road Before"—The Value of Peer Support in Young Women's Lives on the Road to Resiliency	Session A	Rancho Santa Fe 3
Nancy Young, Ph.D. and Julia Maestas, M.S.	Improving Family Outcomes Using Treatment Engagement Strategies	Session A	Atlanta/Chicago
Cheryl Sharp, M.S.W., ALWF	Trauma-Informed WRAP®: Supporting Women's Healing	Session A	Rancho Santa Fe 2
Denise Holden, M.H.S. and Cheryl Sharp, M.S.W., ALWF	Unifying Women's Voices: Empowering Diversity Through Recovery Experiences	Session B	Presidio
Tonier Cain	Trauma and Recovery	Session B	Torrey Pines 1-2
Cathy Cave, Laura Prescott, LaVerne Saunders, M.S., RN	Culture, Spirituality, and Community	Session C	San Diego B
Patrice Gaines	Chat with Patrice Gaines	Session C	Presidio
Ruta Mazelis, B.S.	Peer Leadership and Self Injury: Lived Experience Lights the Way	Session C	Torrey Pines 1-2
Sharon D. Wise, M.H.S.	Healing Ourselves Through Creative Expression	Session C	Rancho Santa Fe 2
Rene Andersen, M.Ed., Susan Blacksher, M.S.W., and LaVerne Saunders. M.S., RN	Why It Works and When It Doesn't: Effective Involvement of Peers in Services for Women and Girls	Session D.0	San Diego A

Peer Leadership			
Speakers	Торіс	Session	Room
Iliana Ojeda-Rivera, M.Ed., CADAC	Engaging Latina Women in Treatment	Session D.2	Rancho Santa Fe 2
Juliet Dorris-Williams, LISW-S	Find Your Passion, Find Your Purpose	Session D.2	Rancho Santa Fe 1
Sharyl Whitehawk	Women in Wellbreity—A Sisterhood Movement Bringing Healing and Positive Change	Session E	Torrey Pines 1-2
Tia Christopher	Military Sexual Trauma: A Survivor- Informed Approach to Care	Session E	Torrey Pines 3
Jacki McKinney	Development of "Seniors" as Champions and Mentors	Session F	Presidio
Cathy Cave and Darby Penney	Engaging Women in Trauma-Informed Peer Support	Session F	San Diego C
Beth Filson, M.F.A, CPS	Supervision and Partnerships with Peer Supporters in Trauma Healing	Session F	Torrey Pines 3
Rev. Laura L. Mancuso, M.S., CRC, CPRP	Finding Your Own Spiritual Practices for Personal Wellbeing, Trauma Healing, and Recovery	Session F	Torrey Pines 1-2
Imani Walker	Mothers in Recovery—Empowered and Making the Difference!	Session G	Torrey Pines 1 – 2

Workforce/Workplace Cluster

Workforce/Workplace Learning Cluster Session			
Speakers	Торіс	Session	Room
Michelle J. Trotter-Mathison, Ph.D.	Practitioner Resiliency: Burnout Prevention and Self-Care Strategies for Professionals	Session A	Torrey Pines 1-2
Kathy Reynolds, M.S.W., ACSW	Preparing for Health Care Reform: Health Homes, Accountable Care Organizations and You	Session B	San Diego C
Sandra Goodwin, Ph.D., M.S.W. and Todd Sosna, Ph.D.	Implementing and Sustaining Evidence- Based Practices	Session B	Torrey Pines 3
Kim Brown, CPM (KS), Jackie Doodley (OH), Linda McCorkle, B.S. (TN), and Bernestine Jeffers (WI)	Recovery Support Services for Women Across the States	Session B	Rancho Santa Fe 2
Kimberly Bond, LMFT and Colleen Marshall, LMFT	Knowledge to Action: Implementing Services for Women and Girls	Session B	Rancho Santa Fe 3
Jeri Davis, M.B.A.	Marketing Women's Specific Services During Healthcare Reform	Session C	Torrey Pines 3
Toni Mosely, M.F.T. and Kim Archuletta, LCSW	Trauma-Informed Clinical Supervision	Session C	NY/Orlando
Linda Rosenberg, M.S.W. and Becky Vaughn, M.S.Ed.	Women Leading Women's Services: Fitting in the New Healthcare Ecosystem	Session D.0	San Diego C
Rene Andersen, M.Ed., Susan Blacksher, M.S.W., LaVerne Saunders. M.S., RN	Why It Works and When It Doesn't: Effective Involvement of Peers in Services for Women and Girls	Session D.0	San Diego A
Sherri Downing	Understanding the HEARTH Act and Changes in Homeless Service Systems Serving Women and Families	Session D.1	Rancho Santa Fe 2
Alessandra Liquori O'Neil	Project DAWN's efforts in Italy and the United Nations Interregional Crime and Justice Research Institute	Session D.1	Rancho Santa Fe 1
Michelle (Sheli) Reynolds, Ph.D.	Leveraging National Service Opportunities: For Your Organization and the Women You Support	Session D.1	Rancho Santa Fe 3
Juliet Dorris-Williams, LISW-S	: Find Your Passion, Find Your Purpose	Session D.2	Rancho Santa Fe 1
Kimberly Medvin, LCSW	Strategies that Support Female Employees' Ability to Enhance Their Professional Education in the Workplace	Session D.2	Rancho Santa Fe 3

Workforce/Workplace Learning Cluster Session			
Speakers	Topic	Session	Room
Sandra Bloom, M.D.	Chat with Sandy Bloom, M.D.	Session E	Presidio
Kelly Reinhardt, PMP	Recruiting Young Women to Behavioral Healthcare—Listen Before You Talk	Session E	Rancho Santa Fe 3
Joan Zweben, Ph.D. and Leslie Preston, LCSW	Integrated Behavioral Health: What Works, Challenges, and Lessons Learned	Session E	Rancho Santa Fe 2
Jacki McKinney	Development of "Seniors" as Champions and Mentors	Session F	Presidio
Sarah Harkless, M.Ed.	Medicaid Partnership, Compliance, and Program Development Strategies	Session F	Rancho Santa Fe 3
Beth Filson, M.F.A, CPS	Supervision and Partnerships with Peer Supporters in Trauma Healing	Session F	Torrey Pines 3
Firoza Chic Dabby-Chinoy	Immigrants and Refugees: Meeting HERR with Cultural and Gender Competency	Session F	Rancho Santa Fe 2
Lisa James	Creating Cultures of Wellness: Comprehensive Health Responses to Domestic Violence	Session G	San Diego A
Stephanie Covington, Ph.D., LCSW	Chat with Stephanie Covington	Session G	Presidio
Karen Allen, Ph.D. and Linda White Young, LICSW	Health, Empowerment, Resilience, and Recovery Outcomes for Pregnant and Post-Partum Addicted Women Who Received Treatment	Session G	New York/Orlando
Tamu Nolfo, Ph.D.	Meeting Her Workplace Needs: Culturally and Linguistically Appropriate Services for Women	Session G	Rancho Santa Fe 2



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